

Annual Magazine  
2022-23

# Zeitgeist

*Spirit of the Times*



**St. Joseph's Co-ed School**

Affiliated to CBSE, New Delhi [Affiliation No. 1030112]





**Archbishop's House**

33, Ahmedabad, Palace, Road  
Post Box 88, Bhopal - 462001 (M.P.) India  
Archdiocese of Bhopal  
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## Message from His Grace...



Dear Students, Staff, and Families of our School Community.

It is with great pride and excitement, I present before you the latest edition of St. Joseph's Co-ed School, magazine, '*Zeitgeist*'. This publication showcases the hard work, creativity, and achievements of our students and staff, and serves as a testament to the vibrant and dynamic learning community that we have here at our school.

Over the past year, our school has faced unprecedented challenges due to the global pandemic. Despite these difficulties, our students, staff, and families have persevered and adapted to new ways of learning and working. I am proud of the resilience and determination demonstrated by our community in the face of adversity.

As we move forward, it is our goal to continue to provide a high-quality education that prepares our students for the challenges of the future. Our curriculum is constantly evolving to meet the changing needs of our students, and we are committed to providing the resources and support necessary for our students to succeed.

In addition to academic excellence, we also place a strong emphasis on character development. We believe that building a better future requires not only a strong foundation of knowledge but also the development of values such as empathy, integrity, and respect for others.

I take this opportunity to express my sincere thanks to our Principal Rev. Fr. Ronald Vaughan, Manager Rev. Fr. Michael Sebastian, Teachers and non-teaching staff for their hard work and commitment to this institution. In the name of the Association of Archdiocesan Schools, I extend my hearty congratulations to the editorial team at the release of this school magazine with its creative presentation and powerful message.

Finally, I encourage you all to take some time to read through this edition of *Zeitgeist* and gain a deeper appreciation for the many achievements and contributions of our students, staff, and families. May Almighty God bless you and all your initiatives!

**Archbishop Dr. A.A.S. Durairaj SVD**

Chairman, Association of Archdiocesan Schools







**St. Joseph's Co-ed School**  
E-6, Arera Colony, Bhopal  
Phone: 0755-2565434, 4295084  
Email: info@stjosephcoed.org  
Website: www.stjosephcoed.org

## From The Principal's Desk...



Dear All,

As we approach the end of another academic year, I am struck by the tremendous progress that we have made together as a community. From the classrooms to the athletic fields, our students have demonstrated their commitment to excellence, and I am truly inspired by their passion, hard work, and dedication.

Over the past year, our school has continued to thrive, both academically and athletically. Our students have excelled in a wide range of subjects, from math and science to the arts and humanities. They have taken part in countless competitions, both within our school and across the state, and have consistently brought home awards and accolades. Our athletes have also been a source of pride for our school, with many teams reaching new heights of success this year.

In addition to our students' achievements, our faculty and staff have worked tirelessly to provide a supportive and engaging learning environment. They have embraced new technologies and instructional strategies, and have shown a deep commitment to the success of our students. Whether in the classroom or on the playing field, our teachers and coaches have been instrumental in guiding and motivating our students to reach their full potential.

As we look to the future, I am confident that we will continue to build on the strong foundation that we have established. We have a number of exciting initiatives underway, including the expansion of our science and technology programs, introduction of Robotic Labs. The implementation of new programs in the arts, and the renovation of our athletic facilities.

I would like to extend my heartfelt thanks to all of our students, faculty, and parents for their contributions to our school community. It is through their hard work and dedication that we have been able to achieve so much, and I am eager to see what

We can accomplish together in the years to come.

Wishing you all a happy and healthy summer.

Sincerely,

**Fr. Ronald Vaughan**

Principal  
St. Joseph's Co-ed School  
Arera Colony, Bhopal

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## From The Manager's Desk...



**T**oday, every parent wants to give the best education to children, which is not just confined to the books but it goes beyond that. The parents look at the holistic development of their children as that is essential to edge in the global scenario. That is why parents focus on extracurricular activities and value education along with academics.

In today's time, when there is a huge crisis of moral values in society, value based education proves out to be the solution. Through value based education, we can develop the children into people with strong character and values who know how to utilize their knowledge for the advantage of mankind.

Nelson Mandela rightly said, " Education is the most powerful weapon through which you can change the world". Here, he talked about both academic education as well as moral value education. And, value education has the power to change the world.

Education is a life-long process of development of one's personality which starts from the school. It is the school that plays a significant role in providing value- based education.

St. Joseph's being value based, our education is career oriented, ensuring the all round development of the students and grooming them into conscious human beings and good citizens, who will one day be agents of social justice and societal transformation in their work place, and make the differences to the Society.

I would like to extend my heartiest felicitations and gratitude to all the parents for having faith in our institution. We need your full support and involvement to share and form your children as good citizens of our country.

I seek Lord's blessings for the next level of growth of the school in every aspect so that we continue to provide global education based on human values and our traditions.

**Fr. Michael Sebastian**

Manager

St. Joseph's Co-ed School

Arera Colony, Bhopal





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## Head Coordinator's Message



**"Being wise is better than being strong; yes, knowledge is more important than strength."**  
Proverb 24:5

Be thankful to the Almighty for every single second of your life is the highest form of prayer. And I thank the good Lord for this academic year for being with us and leading us to the heights.

Be creative ! Creativity flowers, when the feelings of the heart are touched and expressed naturally. Education creates creativity in students. But it does not mean doing different things, instead, doing things differently. The purpose of education is to extract the hidden capacity of the students who are with us from different backgrounds. The success of an educator depends on the creativity built in his/ her students. It could be the art of discovering something new, the ability to communicate with others or an impressive behavioural pattern.

These lead a student to acquire a refined personality, because, today's fast changing world needs; 'The students who can withstand the disturbing elements, the persons who can be healthy inspite of surrounding ailments and the citizens who are equipped with lot of positive energy even in the midst of the negative atmosphere'. There comes a movement in society to make progress in every field, accepting the adversities.

Yes, the dedicated and ever ready staff pushes up the Josephites to come up with their different talents & abilities to create a harmonious world. Let this tireless effort be the identity of Josephite family. May the Almighty shower His blessings on us. Because every effort tastes better when the blessings of God are invoked on it.

*Sr. Merlin*

**Sr. Merlin**  
Head Coordinator  
St. Joseph's Co-ed School  
Arera Colony, Bhopal



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## Primary Headmistress' Message



**"Having wisdom and understanding is better than having silver or gold".**

We, at St. Joseph's Co-ed School, strive to impart an education with a purpose. The goal of education is to create self-governing people who live under the law of God.

The education of children is the most important and noble deed done by humans. Today, the teachers' role has gone beyond teaching. We as educators, focus on counselling the students, mentoring them and teaching them how to use and apply knowledge in their lives.

Education is the most important subject which we as people must be engaged in and so we encourage the concept of self-advocacy which involves an individual's ability to effectively communicate his or her own interest, needs and rights. It involves making decisions and taking responsibility of those decisions. Therefore, we provide our students with an opportunity to become actively engaged and interested in the whole learning process.

We foster an emotionally safe and trustworthy learning environment to build a mutual understanding between the parent facilitator and educator. We aim to empower our Josephites to meet stringent challenges and pursue goals by providing a leading edge technology.

Albert Einstein rightly quoted, "Education is not the learning of facts but the training of mind to think."

**Sr. Anoop**  
Primary Headmistress  
St. Joseph's Co-ed School  
Arera Colony, Bhopal



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## KG Headmistress' Message



Dear Students,

Little practice each day makes a big difference, believe in yourselves and lead positively, be purposeful, keep practising and grow up to be the best possible version of yourselves.

We all are very passionate about our personal growth, but how much we practice and act out for self improvement is the question. It is through practice that we improve ourselves and get most out of life. Steady practice yields positive results, the more efforts you put in, the closer you will get to your goals and be more purposeful. When you start taking time out for practice you will require focus, improve on your goal setting and improve on commitments. With practice you will notice improvement, which will motivate you to stay strong on your path. Focus, goals and commitments are the skill sets that will come in handy for you in the long run both in the personal and professional areas of life.

Research indicates short periods of practice can actually enhance the brain's plasticity and change its structure. Brain imaging indicates that even a small lesson, on let's say new words, can change the brain circuits and makes retrieval of information quicker. You can access more complex information stored in your long-term memory easily and apply it quickly through deliberate practice.

To sum-up, make practice a habit of your life and start dreaming about the bright future you have. As our former President Dr. A.P.J. Abdul Kalam said. "What you dream, you will become", so keep a target, dream high keep practising and achieve that target. Success is nothing more than a few simple disciplines, practice every day.

*Sr. Reshmi*

**Sr. Reshmi**

KG Headmistress  
St. Joseph's Co-ed School  
Arera Colony, Bhopal



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## Message

### UNLEASH YOUR POTENTIAL



As the great Nelson Mandela once said, "There is no passion to be found playing small in settling for a life that is less than the one you are capable of living." Powerful words from a man who has left an incredible legacy. His words challenge you and make you consider the all-important question, "Am I living upto my full potential?"

Life is too short and far too valuable to settle for mediocrity. In this fast paced life we are living right now, we often forget to give ourselves enough time. In a lifestyle hugely driven by rush, its quite normal to see people break down slowly. We all need to understand that there is untapped potential in each one of us and unleashing this true potential is like finding a hidden treasure which lies just beneath the surface, but one needs to rediscover it and breathe life back into it.

Opportunities come knocking at the door but our fear and toxic beliefs prevent us from perceiving and taking action. Our brain has a negativity bias. We tend to pick up the unpleasant, uninspiring elements in life more than the motivating and positive factors. Sometimes it can seem like all attempts to succeed are futile and challenges arise that will make the silver lining difficult to see. But all of this is alright as long as you have the power of positive thinking that will carry you through the most turbulent times in life. What could have once brought you down can be used as a means of elevating yourself to do and be better. Pushing out the negativity and opening yourself up to gratitude and joy are significant steps towards fostering a positive mental attitude that is conducive to tapping into your hidden potential and thereby realize that there is a solution to every problem.

So, to discover your latent talents it is essential to be optimistic while also being practical. Try to understand your strengths, set goals that come to fruition, get rid of things that hold you back, manage your emotions and meditate. Mindfulness, hypnosis and meditation can be the key to make a positive change in your life – "Formula for an epic life."

Dear Readers, don't forget – "The height of your accomplishment equals the depth of your conviction."

May God bless you to reach your goal.

**Sr. Thecla**

Counsellor (Secondary Section)  
St. Joseph's Co-ed School  
Arera Colony, Bhopal



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## Message



**'School is that path in an individual's life which helps in their development and transition of knowledge. It inculcates values and helps preserve cultural heritage.'**

In school, students gradually adjust to the demands of realising the expected maximum learning level. They adapt to the school environment by observing rules and regulations, interacting with teachers and classmates, and surviving competitions and peer pressure.

When the children start going to school, they find it difficult to cope with this transition phase of their life. They are expected to get familiar with the challenges of the new physical surroundings, getting acquainted with various facilities available in the school and learning to use them. Moreover, each student has to deal with his own fantasy, anxiety, fear, aggression and aspiration etc.

Children sometimes are unable to solve problems on their own and so our teachers at St. Joseph's Co-ed School, help them to overcome their discomfort and reach the heights of success. We all should come together with the children in their learning process.

The home environment plays a pivotal role in the process of child development. It has a direct impact on the child's behaviour. The present scenario lacks conducive atmosphere for the healthy growth of a child in the family. The parents are immersed in their respective professions resulting in reduction of the quality family time which gets reflected in the behaviour of a child. The children depend upon Google for their creative inputs. The maximum use of social media, excess mobile usage and online games have made them dull and less effective.

The great aim of education is not only knowledge but action.

"Children are great imitators. So give them something great to imitate."

**Sr. Kusumam**  
Counsellor (Primary Section)  
St. Joseph's Co-ed School  
Arera Colony, Bhopal



## *School Administrative Board*



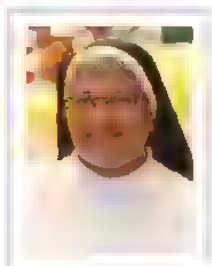
**Rev. Dr. A.A.S. Durairaj, SVD**  
Archbishop of Bhopal



**Fr. Ronald M. Vaughan**  
Principal



**Fr. Michael Sebastian**  
Manager



**Sr. Merlin**  
Head Coordinator



**Sr. Anooa**  
Primary Headmistress



**Sr. Reshmi**  
KG Headmistress



**Sr. Thecla**  
Counsellor



**Sr. Kusumam**  
Counsellor





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## Editorial



"A little progress each day adds up to big results". Satya Nani

It's a great moment that **Zeitgeist** 2022-23 is all ready, garnished with the earnest outpour and grand achievements of our jubilant Josephites.

The testing times are over and we are ready to face the challenges of life. Covid 19 affected the world and struck as a setback to the human development. It left everyone in a dilemma, especially children. A friendly kind teacher was replaced by an online inaccessible teacher. While the teacher became busier struggling to impart knowledge through a profoundly new system, 'Online Class'. Learning the new techniques through trial and error, trying to reach out, guided and corrected by the students became a routine practice.

As the offline classes commenced, teachers and parents were overloaded with greater than ever responsibility to bring the students back to the classroom, not only physically but also mentally. The mammoth task was to make the pupils understand the real essence of learning through interaction.

Guru is considered equivalent to God, thus, armed with the weapons of patience and knowledge Gurus employed their divine qualities to create a conducive atmosphere for learning and the school came back to normal once again.

**Zeitgeist** provides a platform to polish the novice composers and transforms them into seasoned authors.

So, here we are, with the new edition of **Zeitgeist**, the Annual Magazine, clad in vivid reflections, showcasing the contemplative depth of the young minds trying to create their own world and reach the untouched avenues of human intelligence.

**Dr. Anjana Sharma**

Chief Editor  
St. Joseph's Co-ed School  
Arera Colony, Bhopal



# Editorial Board

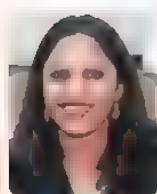
## KG and Primary Section



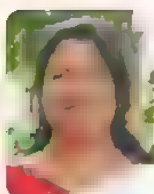
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Chief Editor (Primary)



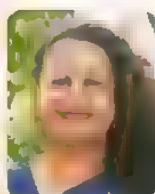
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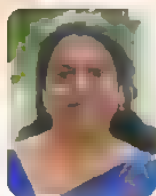
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**Ms. Snigdha E. Samuel**



**Ms. Poornima Pachauri**



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**Ms. Rashmi Nitin**

# Editorial Board

## Secondary Section



**Sr. Thecla**



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Chief Editor (Secondary)



**Ms. Victoria Anthony**



**Mr. Musharraf Khan**  
(Web & Graphic Designer)



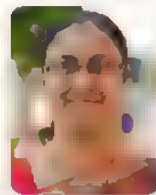
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**Ms. Nidhi Tiwari**



**Ms. Mahima Parhawk**



**Ms. Milan Bathwal**



**Mr. Praveen Singh**  
(Photographer)

## Student Editors



**Vishesh Agrawal**  
Class XII F



**Shivam Rai**  
Class XI C





# Investiture CEREMONY

Primary Section

*'A true leader has the confidence to stand alone. The courage to make tough decisions and the compassion to listen to the needs of others.'*



7 July 2022 was a momentous day in the lives of all the cabinet members selected to lead the Primary Section.

The Primary Investiture Ceremony for the academic session 2022-23 was held with great solemnity and dignity.

Our soon-to-be Student Council Members were thrilled with joy and excitement as they were all set to shoulder the great responsibility of guiding the Josephites.

The Chief Guest for the occasion was **Mr G. Janardhan**, IPS Additional Director General of Police, PHQ Bhopal, who proudly handed over the coveted badges to the newly elected office-bearers.

Our Principal, Rev. Fr. Ronald Vaughan administered the oath and inspired the young leaders to work with zeal, determination and dedication. The Chief Guest in his speech, advised the students to be sincere and lead a disciplined life.

The Head Boy **Nityant Tanwar**, took the pledge to the nation and the Head Girl, **Samriddhi Somani** proposed the 'Vote of Thanks'.

The ceremony concluded by honouring the nation by singing the National Anthem.

## Primary Cabinet

Nityant Tanwar  
Head BoySamriddhi Somani  
Head Girl

## CULTURAL MINISTERS



Vibhan Verma



Soundarya T. Yadav



Kushagra Shukla



Shuchi Prakash Yadav

## DISCIPLINE MINISTERS



Saad Ahmed



Dhruvika Gupta

## SPORTS MINISTERS



Ghanim Ali Khan



Priyanshi Lalwani

## HEALTH MINISTERS

## Red House Prefects



Rajvardhan Singh



Amritansh S. Bhodauria



Aaditya Tiwari



Ishan Vyasa



Ritisha Gupta



Tejal Chaudhary



Prisha Dubey



Aditi Pateriya

## Blue House Prefects



Arav Neir



Garv Vamane



Soumitra Tiwari



Aradhya Verma



Aarna Bhargava



Lavishka Batra



Anvi Sharma



Zainab Khan

## Green House Prefects



Adhyansh Mishra



Daksh Wanjari



Daivik Singh



Prathmesh Datta



Audvika Halder



Niyati Beohar



Yaanya Jain



Anika Sharma

## Yellow House Prefects



Aamir Ali



Aryan Singh Chouhan



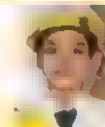
Vaibhav Verma



Simardeep Singh



Manvika Bisht



Priyanshi Awasthi



Sejal Batra



Navya Chandrol





*"Leadership is the capacity to translate vision into reality".*

## My Journey to the Post of the Head Boy

I believe, if your actions inspire others to dream more, do more and become more, you are a true leader and it's a sheer honour and privilege for me to be the Head Boy of the Primary Section of St. Joseph's Co-ed School

First of all, I want to express my earnest gratitude to the Almighty for showering His blessings. I am immensely grateful to my parents and all my teachers for nurturing me and making me capable enough to lead my school. I was like a small bird, reluctant to fly in the wide sky, but my teachers gave me wings to soar high.

Everything in life needs ardent efforts, time and patience and having an aim makes one's life meaningful and filled with purpose. As a

Head Boy, my aim is to work hand-in-hand with my cabinet under the able guidance of my mentors.

Talking about my responsibility, I dream of instilling virtues like integrity, respect, companionship and unity among all my fellow students. Though the road to success is challenging, it can be obtained by mastering the three D's - discipline, determination and dedication.

Dear Josephites, I whole heartedly want you to believe in this quote, rightly said by Dr APJ Abdul Kalam, "All of us do not have equal talents, but all of us have an equal opportunity to develop our talents".

**Nityant Tanwar**  
Head Boy (Primary Section)



*"You have to dream before your dreams come true."*

## My Journey to the Post of the Head Girl

Before putting my thoughts into words, I would like to thank God for providing me all the potential that led me to become the Head Girl of the Primary Section of such a prestigious institution like St. Joseph's Co-ed School.

Every child is unique and is born with abilities and capabilities. I am fortunate to be blessed with such mentors and guides who have acknowledged my potential and graced me with this esteemed post.

I also credit my parents for my

achievements, who have showered their blessings and bestowed their unconditional love, support and care which has always inspired and motivated me to work hard and move ahead with confidence.

With authority comes great responsibility. With this belief, I promise to conduct my duties with competence, sincerity, utmost zeal and dedication.

"Work hard in silence and let your success make the noise."

**Samriddhi Somani**  
Head Girl (Primary Section)

# Investiture CEREMONY

Secondary Section

*"Leadership is an oath to serve others"*



The Oath taking ceremony marking the formation of new student council for the academic session 2022-23 was solemnised with zeal and zest.

Mr. Avinash Lavania, Collector; Bhopal was the Chief Guest for the ceremony. The grand occasion commenced with the lighting of the auspicious lamp of knowledge. Later, the Chief Guest conferred sashes and badges to the council members.

The newly elected council members pledged to work sincerely and uphold the honour and glory of the institution.

The Chief Guest in his enunciation

advised the young leaders to be role models for their peers and juniors. He advised them to make the best of their time, prioritize their work and lead by example.





## Secondary Cabinet

## Secondary Cabinet



**Rishi Rai**  
Head Boy (Class XI.)



**Juhi Sharma**  
Head Girl (Class XII)



**Arsh Jadiya**  
Asst. Head Boy (Class XI)



**Ishita Pateriya**  
Asst. Head Girl (Class XI)

## DISCIPLINE MINISTERS



**VISHESH AGRAWAL**  
Class XI



**MAHI SOOD**  
Class XII

## SPORTS MINISTERS



**HARSH VARLANI**  
Class XII



**VIDHI SIKKA**  
Class XI

## ART &amp; CRAFT MINISTERS



**AYUSH MAHESHWARI**  
Class XII

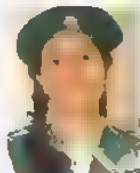


**KHUSHI MAHAJAN**  
Class XI

## TRAFFIC MINISTERS



**ALEX B GEORGE**  
Class XI



**MAANSI TRIPATHI**  
Class XII

## CULTURAL MINISTERS



**ENRICQUO SEAN FERNANDES**  
Class XII



**RISHIKA JAIN**  
Class XII

## CLEANLINESS MINISTERS



**VANSH KAPOOR**  
Class XII



**MANYA SHRIVASTAVA**  
Class XI

CAPTAINS  
BLUE HOUSE

**HARSH SHARMA**  
Class XI

CAPTAINS  
GREEN HOUSE

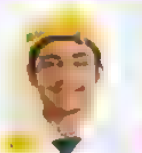
**JEETISHA MISHRA**  
Class X



**YUGADI CHATLRVEDI**  
Class XI



**AROHI WAKANKAR**  
Class XI

CAPTAINS  
YELLOW HOUSE

**ADITYA SHANKAR**  
Class XI



**AADITI BHAGWAT**  
Class X

CAPTAINS  
RED HOUSE

**ADITYA RAJ TRIPATHI**  
Class X



**AFRAH KHAN**  
Class X

## VICE CAPTAINS



**DIPTANSHU PATHAK**  
Class X



**VEERA SHRIVASTAVA**  
Class X

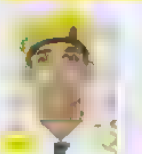


**ANIMESH NEMA**  
Class X



**NEELVA JAIN**  
Class X

## VICE CAPTAINS



**DIVY ASATI**  
Class X



**SIDDHI PREMCHANDANI**  
Class X

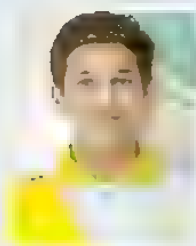


**SARTHAK SHREE**  
Class X



**IRA JAIN**  
Class X

## Secondary Prefects



**SARTHAK JAIN**  
(Class VIII)



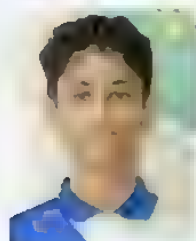
**KRISH LOBO**  
(Class VIII)



**NIHARIKA DAHERIYA**  
(Class VIII)



**SUKEERTI DWIVEDI**  
(Class VI I)



**RAGHAV DUBE**  
(Class VIII)



**SARTHAK MANDLOI**  
(Class VIII)



**AVNEET KAUR**  
(Class VIII)



**GAURIKA TIWARI**  
(Class VI I)



**ABHIGYAN SHARMA**  
(Class VIII)



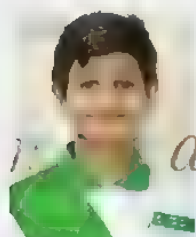
**HIMASHU SWAMI**  
(Class VIII)



**ANGEL GERALD**  
(Class VIII)



**ADITI GUPTA**  
(Class VI I)



**YUVRAJ SHUKLA**  
(Class VIII)



**NAITIK AGARWAL**  
(Class VIII)



**PRISHA TRIVEDI**  
(Class VIII)



**KHUSHI MALIK**  
(Class VI I)





*"Magic requires deception But Miracle  
is faith in God."*

## Keep Your Head Up

I feel highly honoured to be elected as the Head Boy of St. Joseph's Co-ed school, for the year 2022-23. The desire to serve my school and the faith of my teachers helped me in being a part of this insightful journey, a journey of success, a journey of accomplishments and a journey of excellence along with my fellow josephites. Our prestigious institution is the foundation where students build the skyscrapers of success and seek the knowledge of life from our divine teachers. "Acceptance of failure is the first step towards success." Faith in God, perseverance and patience along with continuous efforts is the key to success. But success is a mere destination, the pathway is

about living life to the fullest. It is a journey of sinking down and rising up again. Humbleness and compassion towards all, are the core values of life. It is more important to incur humanity rather than just being human. Every morning when I woke up, the flaps on my shoulders reminded me of my responsibilities, my badge signified the trust of my teachers. It boosted me with enthusiasm and confidence. I extend my heartfelt gratitude to the cabinet members, without whose assistance, hardwork and co-operation, I would never have been able to execute my duties. "Your willingness to look at your darkness, is, what empowers you to change." So dear josephites dare to struggle today to win tomorrow."

**Rishi Rai**  
Head Boy (Class XII)







*"It's not who you think you are that holds you back, it's who you think you're not."*

## Don't Settle For Average

Heading the Cabinet was a dream for me, since I served as a Blue House Prefect in the Cabinet 2018-19. But I was perplexed if I could do justice to the most coveted post, the Head Girl, which is very demanding. But somehow, I became one, by the trust of teachers and my fellow mates. I'll forever feel indebted to my teachers as they have churned the best out of me through regular preening. I still remember the day I was going to tear my application form for Cabinet Elections due to the fear of rejection. But believe me, once you achieve what you yearn for, the wait, the rejections, the fears are all worth nothing.

I feel, it's a bit challenging, as one has to maintain balance between the fulfillment of duties and academic performance. I have tried my best to prove myself through my efficacious endeavours.

**Juhi Sharma**  
Head Girl (Class XII)

The message would be incomplete without mentioning the person who has inspired, touched and illuminated my being through his presence, Rev Father Ronald Vaughan. Another person who has generously shared her wisdom, love and divinity is; Sister Merlin, under whose shadow I have grown successfully. My support pillars are my family members who have always shown faith in me. Kudos to all the Cabinet members who have always worked at their best and contributed to make this cabinet, "My Dream Cabinet."

My message to Josephites is "Have a target and believe that the target is just for you."

Hail SJCS!!

# Acknowledging the Achievers

## Felicititation

*"It always seems impossible until it is done."*



If you learn to harness the power and potential in you, more encouraging results are likely to come. Discipline and perseverance are the key ingredients to the recipe of success. Achievement is a natural extension of one's dedicated endeavours. Josephites proved their worth and emerged out successful when the X and XII Board Results 2021-22 were declared

St. Joseph's Co-ed School celebrated the grand occasion by felicitating its shining stars. The ingenious aspirants were conferred with trophies and certificates to acknowledge their achievements



# CLASS X TOPPERS 2021-22



**S MANSI PILLAI**



**SARTHAK JAIN**



**ESHANI ZOKARKAR**



**ATHARV DUBEY**



**S MANSI PILLAI**



**ESHANI ZOKARKAR**



**ARISHNAVI DUBEY**



**HANI MAHESHWARI**



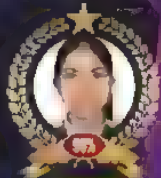
**ARTHAV BHATT**



**NITYA KISHORE**



**ANANDPREET S. GULERIA**



**SAMRA SINGH**



**S MANSI PILLAI**



**ESHANI ZOKARKAR**



**ANSH SETHI GUPTA**



**SARTHAK JAIN**



**JASIKA JAIN**



**ANSHUL P. DESHPANDE**



**ATHARV DUBEY**



**ANANDPREET S. GULERIA**



**SHOURYA DUBEY**



**S MANSI PILLAI**



**NITYA KISHORE**



**SARTHAK JAIN**



**SARTHAK JAIN**



**NIKITA JAIN**



**ANSHUL P. DESHPANDE**



**ANSHUL P. DESHPANDE**



**ANSHUL P. DESHPANDE**



**ANSHUL P. DESHPANDE**



**ADVA PANDEY**



**ATHARV DUBEY**



**ANSHUL P. DESHPANDE**



**ANSHUL P. DESHPANDE**



## 90 PERCENT AND ABOVE SCORERS

NAME	%	NAME	%	NAME	%
MANSI PILLAI	99.4%	ATHARV TIWARI	94.6%	AKSHAT SAHU	92.2%
SARTHAK JAIN	98.4%	GAURI MAHESHWAR	94.4%	AMRITHA S KUMAR	92.2%
ATHARV DUBEY	98.2%	SAMYAK JAIN	94.4%	KAUTUK KULKARNI	92.2%
ESHANI ZOKARKAR	98.2%	AJITESH ROY	94.4%	JOSEPH ARLAND	92%
ARNAVA PRADNESH DESHMUKH	98.2%	SHIVAM RAI	94.4%	MUGDHA YADAV	91.8%
DISHA JAIN	98%	MUSTAFA KOSEER	94.2%	SHARAD POLACKAL SUMI	91.8%
ATISHAY JAIN	97.6%	HARSH SHARMA	94%	SHRIVATS JAISWAL	91.6%
NAVYA SHARMA	97.2%	YASH PATIDAR	94%	SNEHAL MULEY	91.5%
POOJA GUPTA	97%	HANI MAHESHWARI	94%	ARSH JADIYA	91.4%
HARSHVARDHAN VERMA	97%	PALAK ARORA	93.8%	AISHVI NAMDEO	91.4%
ISHITA PATERIYA	96.8%	VED KARTIKEY	93.8%	AASHI ROHIT	91.4%
NISHIL SETH GUPTA	96.8%	AROHI WAKANKAR	93.6%	QIASWA JAIN	91.4%
ARJIT RAWAT	96.8%	ANUSHKA NANDY	93.6%	SHIVOM SINGH	91.2%
ANUSHKA DUBEY	96.8%	SARTHAK DEBNATH	93.6%	SHOURYA DUBEY	91.2%
SHRENIKA MANDLIK	96.2%	VAIDIK KATHAL	93.6%	ANANYA IYER	91.2%
ADYA PANDEY	96.2%	ANUSHA SINGH RAJPUT	93.6%	AKSHAT BHAVE	91%
SARA VERMA	96.2%	HARSH PATE	93.4%	ANANDPREET SINGH SALLUA	91%
ZIYA KHAN	96%	DEVANSH B DUBEY	93.4%	VAIDIK JAIN	90.6%
AFRAH KHAN	95.8%	DIKSHA JHA	93.4%	VYOM CHATURVEDI	90.6%
BHOOMIKA SHARMA	95.6%	VENISA KOTWANI	93.4%	SAFA FATIMA	90.4%
ATHARVA GHODKI	95.6%	SIDDHI MALVIYA	93.2%	PARV JAIN	90.4%
MANYA DHAKER	95.6%	ADITI SRIVASTAVA	93%	MOKSHA JAIN	90.2%
ARUSHI SAHU	95.4%	PRIYANKA MAJUMDER	93%	ANGELO GERALD AROCKIASWAMY	90.2%
AUDITA YADAV	95.2%	PARV VAMANE	93%	KUSHAGRA PUROHIT	90.2%
ISHAN ASWAR	95.2%	ABDUL HADI	92.8%	KALPIT MOURYA	90.2%
RASHIKA PANDAGRE	95%	MISTHI YADAV	92.8%	DIVYARAJ SINGH PARMAR	90%
ANNIKA SUBHASH	95%	SIMRANDEEP SINGH	92.4%	RANI MEER SHRIVASTAVA	90%
RISHABH CHOURASIYA	94.8%	SOMYA CHATURVEDI	92.4%	AARUSH SAREEN	90.8%
ARYAN TIWARI	94.8%	KARUNYA MISHRA	92.4%	TANISHQ SHRIVASTAVA	90.8%
VIHAAN GUPTA	94.8%	DIWEEP ARORA	92.4%	ADITYA RAJ TRIPATHI	90.6%
DEVANSH BHARAL	94.8%	NIHARIKA DUBEY	92.2%	ANSHUL RATHORE	90.6%
TANISHKA SUNEJA	94.8%	SAKSHAM CHUGH	92.2%	ANJAL SHARMA	90.6%
BABANDEEP SINGH AHLUWALIA	94.2%				

## OVERALL TOPPERS 2021-22

COM  
ANUSHIKA BADKULHUM  
GARVIT PATELHUM  
SHRUTI DHOOTPCM  
ADHEESH DUBEY

## STREAM WISE TOPPERS

HUM  
SHRUTI DHOOTHUM  
AKSHANSH BHARGAVAHUM  
ANUSHIKA DUBEYHUM  
NAMIKA CHOUDHARYHUM  
ADARSH S. SISODIAPCM  
ADHEESH DUBEYPCM  
ABIT DASHOREPCM  
JOEL JOYPCM  
NOSHAN PATHAKPCM  
TARU NAMDEOPCM  
NAMAN KUMAR DUBEYPCM  
SNEHA VERMACOM  
NISHKA JAINCOM  
ANUSHIKA BADKULCOM  
VEERAJ BOTCHANDANICOM  
DHARV GURJARCOM  
ABHISHEK DAHIYACOM  
BHAVYA AGRAWALCOM  
BHAVYA SANSOY ANTONYCOM  
BHAVYA SIDERPCM  
TANISHQ SACHDEVPCM  
ANSHIKA BANSALPCM  
TANISHKA JAINPCM  
SHRUTI PANWAR



## 90 PERCENT AND ABOVE SCORERS

NAME	AGE
ANUSHKA BADKULI	27
GARVIL PATEL	20.8
SHRUTI DHOT	20.8
ADHEESH DUBEY	20.6
ADIT DASHORE	20.2
VEENAL HOTCHANDANI	20.2
JOEL JOY	20.4
ROSHAN PATHAK	20.4
TARU NAVDEO	20.2
AKSHANSH BHARGAVA	20.2
PRAVI GURJAR	20.2
NAMAN KUMAR DUBEY	20.2
SNEHA VERMA	20.2
ANUSHKA DUBEY	20.2
MIHIKA JAIN	20.2
ABHISHEK RANE	20.2
BHAVYA AGRAWAL	20.2
KAVYA SANJAY ANTONY	20.2
NAVYA SIKKA	20.2
ATHARVA SINGH CHOUHAN	20.2
AKSHAT VIJAYVARGIYA	20.2
ANSH SEHGAL	20.2
ARCHIE THAWANI	20.2
ANSH RANJAL	20.2

NAME	%
KANIKA CHOUHAN	24%
RUDRAKSH SINGH SISODIA	24%
RIYANSH CHOUHAN	22%
HARMEET SINGH	22%
PRANAV AGARWAL	22%
TANMAY JAINI	21.8%
NAMRAH ANSARI	21.8%
SHIVANSH SRIVASTAVA	21.8%
SOMIL PANJWANI	21.4%
GAURAB DAS	21.4%
DIVYARATH SETHI	21%
ADITYA AGARWAL	20.5%
ADITI SINGH	20.5%
PALAK RANJAN	20.4%
SHIKHA JAT	20.8%
VAYAM KULSHRESHTHA	20.6%
CHIRUV TANWANI	20.6%
SAYANTH SIVAN	20.6%
KARTIKEY SAXENA	20.4%
HARSH MITTAL	20.2%
SHIVANSH CHOUHAN	20.2%
SUBRAT TRIPATHI	20%
RUDRANSH RACHOWANSHI	20.5%
ADYA SAXENA	20.5%

## SUBJECT TOPPERS

NAME	MARKS
PRANAV AGARWAL	100
PRANAV AGARWAL	100
ANSHITA BANSAL	100
PRANAV AGARWAL	100
SHIVANSH CHOUDHAN	100
VEENAL HOTCHANDANI	100
ADIT DASHORE	100
JOEL JOY	100
PRAVI GURJAR	100
ADHEESH DLBEY	100
ADITI SINGH	100
ROSHAN PATHAK	100
ANUSHKA BADKUL	100
GARVIT PATEL	100
HARVEET SINGH	100
ADHEESH DLBEY	100
GARVIT PATEL	100
SHRUTI DHOOOT	100
ANUSHKA BADKUL	100
ADIT DASHORE	100
SANKUL RAHATE	100
ADHEESH DLBEY	100
KANIKA CHOUDHAN	100
ADIT DASHORE	100
AKSHAT VIJAYVARGIVA	100
TARU NAMDEO	100
GARVIT PATEL	100





**PATRIOTIC  
DEMEANOUR****INDEPENDENCE DAY**

*"FREEDOM IS NEVER DEAR AT ANY PRICE. IT IS THE BREATH OF LIFE."*  
**MAHATMA GANDHI**

St. Joseph's Co-ed School celebrated the Independence Day with jingoistic enthusiasm. The scent of freedom pervaded the entire school. The national festival was a great occasion and the school seemed to be drenched in patriotic gusto as it was beautifully decorated and the joyful reflection was clearly evident on the faces of the teachers as well as students. The short cultural programme was an iconic presentation of the sacrifices made by the freedom fighters. The speeches and patriotic songs suffused the atmosphere with a sense of pride in freedom.

**REPUBLIC DAY**

*"TODAY IS THE DAY, WHEN EVERYONE YOUNG OR OLD, TALL OR SHORT  
LIGHT SKIN OR DARK, MUST UNITE AS ONE, TO SHOW THE WHOLE WORLD  
THAT THIS IS THE BEST NATION, UNDER THE SUN"*

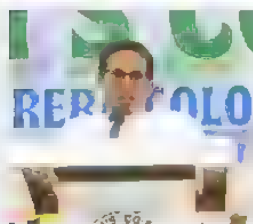


Such was the message conveyed through the Republic Day celebration. Everyone seemed bubbling with a sense of pride and admiration to see the tricolour unfurling and fluttering free. It was an ideal celebration jam-packed with the patriotic fervour in each presentation. The teachers chose to dress themselves in different hues in resemblance with the tricolour. The Principal, Rev. Fr. Ronald elaborated the meaning of freedom through his speech and urged the students to become responsible citizens in future. The songs and dances were drenched with the emotions of patriotism.

# Teachers' Day Celebration

*"A good teacher can inspire hope, ignite the imagination and instill a love of learning".*

*"Teachers are ordinary people engaged in extraordinary work".*



A grand celebration is a must have when it is a special day like 'Teachers' Day'. The students of St. Joseph's Co-ed School left no stone unturned to entertain their teachers and make them feel special. The teachers were welcomed with saplings and mellifluous numbers were played in their honour. A captivating cultural

program left everyone mesmerized. Principal's message highlighted the contribution and dedication of a teacher in a student's life. He congratulated the students for their well-coordinated presentation. The glowing faces of the teachers reflected deep contentment as they enjoyed every bit of the day.



# Children's Day Celebration



Children's Day in St. Joseph's Co-ed School was a perfect blend of fun and entertainment. Fungama 22 was a fun-filled parcel, packed with a short cultural display and Fete organized by teachers for their beloved students. The children entered the school fully enthused with the anticipated pleasure of sheer enjoyment to the core. The students were amused to see their mentors

performing on the stage. After the cultural program the students were set free to go and explore different stalls which comprised of different delicacies, savoury items, fun-filled games, photo gallery, DJ etc. Students went crazy with excitement and pleasure. For students, it was a day well spent, a day to be cherished forever.





# St. Joseph's Day



*You were created by God to Love and Serve*

"The spirit flows to you and to all men from the heart of the God-man, Saviour of the world, but certainly, no worker was ever more completely and profoundly penetrated by it than the foster father of Jesus, who lived with Him in closest intimacy and community of family life and work"

The feast of Saint Joseph, the patron of our school, was celebrated on March 19, 2022 with great devotion. Most Rev. Dr. A.A.S. Durairaj SVD, Archbishop of Bhopal graced the occasion with his benign presence.

The celebration began with a solemn prayer service. A meaningful skit was showcased highlighting the values of life led by St. Joseph.

His Grace, in his address, motivated all to imbibe the virtues of our patron saint.

In the end, the group dance encapsulated the merry spirit of the feast.



## CHRISTMAS CELEBRATION

Characterized with the birth of Jesus, the Saviour, Christmas brings a warmth to the heart in the chilling winter. The day was dominated by cheer and laughter all around. The vibrant event became all the more special due to the venerated presence of His Grace Dr. A.A.S. Durairaj SVD who appreciated the efforts of students and their mentors in presenting a spectacular and flawless program. Young Josephites displayed their skills in the form of euphonious carols and rocking dance performances. The delectable cultural program left everyone with adorable memories.



## Jingle Bells Rocking

*Give God your weakness  
And He will give you His Strength*





# Inter-house Sports Competition



**Overall Champion  
RED HOUSE**

With the aim to raise awareness about the values of sports: 'esprit de corps', discipline, dedication, perseverance and to motivate students to take up sports activities and to make them essential part of their lives while emphasizing on the importance of being healthy and fit, Inter-house Sports competition was organised on December 19, 2022.

Students of the four houses competed in different group games like Basketball, Cricket and Football etc. Semifinals and f.n.a.s of all the games were scheduled on different days. All the houses showed their might to win every match and there were tough fights in all events.

The highlights of the day were the track and field events which witnessed the emerging talent sweep the medals. The participants were encouraged and cheered throughout the event. The winners were awarded gold, silver and bronze medals by the management.

The event ended on a high note with the Red House winning the trophy of overall championship.



*Adroit Contenders...*





# AUF WIEDERSEHEN

(See You Again)

*'The horizon leans forward offering space to place new steps of change'*



The feeling of nostalgia filled the hearts of the students of Class XII as they entered the premises of the school on 21st January 2023 to reminisce joyous moments of their school life.

The primary assembly ground was shining brightly as the students showed up, dressed in finery.

Celebrations of the day started with lighting of lamp and prayer service. The Dude and Diva Contest treated the spectators to a feast of elegance and sophistication. The students were felicitated with prowess awards for their excellence in academics and co-curricular activities.

The students of Class XI enthralled everybody with their rhythmic dance steps. The pulsating mash up by the melodious singers rocked the ambience.

Fr Ronald, Principal in his address conveyed his best wishes to the outgoing batch for their bright future.

The Head Boy, Rishi Rai and The Head Girl Juhi Sharma expressed gratitude to their alma mater for being instrumental in shaping their personalities.

The event concluded with singing of the School Anthem



# RAKSHA BANDAN

## *A Bond of Love*

*"Spread love everywhere you go. Let no one ever come to you without leaving happier."*  
**Mother Teresa**



A day kept aside for brothers and sisters, to mark their love and togetherness, a beautiful bond shared by brothers and sisters is a relationship to be cherished.

Co-ed family also believes in universal brotherhood and Josephites celebrated Rakshabandhan to commemorate the festival in its true spirit.



*"I sought my soul, but my soul could not see; I sought my God, but my God eluded me  
I sought my brother and I found all three "*

# La Gara - 2022

## Inter School Competitions

*You have brains in your head. You have feet in your shoes. You can steer yourself any direction you choose.*

**Dr. Seuss**

Archdiocesan Inter-school Competitions: A platform to showcase the potential of young students and provide opportunities to them to prove themselves and emerge out confident and victorious.

St. Joseph's Co-ed School organised Archdiocesan Inter-school Competitions and various schools participated in this

much awaited event. The competitions were held in different categories such as music, literature, fine arts, sports, theatre etc.

The participants impressed everyone with their incredible and captivating performances. The programme was a great success and a real treat to the mind and soul of the audience.

### ACTIVITIES

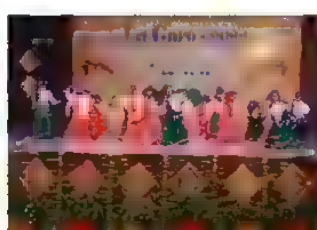
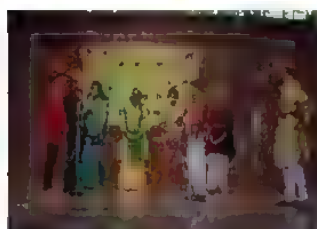
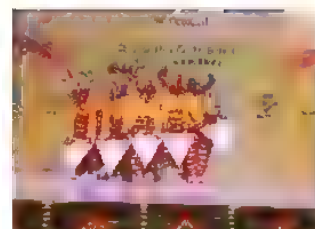
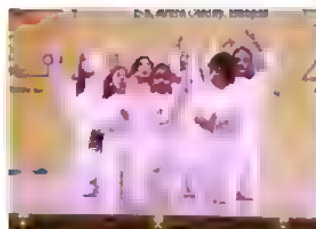
- The Trail Blazers (Literary)
- Rangrez (Art and Craft)
- Technocrats (Science and Technology)
- Corporate Roadies (Commerce)
- Computeronics (IT)
- Nijivisha (Cultural and theatre)
- Forever Forward (Sports)

St. Xavier's School, Bhopal was the proud receiver of the  
**Overall Winner's Trophy**

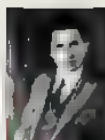
**CHAMPION OF CHAMPIONS**







## SJCS MATHS CLUB



*"An equation has no meaning for me unless it expresses a thought of GOD".*  
**Srinivasa Ramanujan**



The purpose of SJCS MATHS CLUB is to develop students' level of math skills and knowledge. Maths club accomplished this through games, activities and various competitions like Role play of **Mathematicians, Maths Relay Race, Puzzle solving, Maths Quiz Competition, Sudoku, solving Rubik's cube and Abacus.**

*Life is a Math equation. In order to gain the most, you have to know how to convert negatives into positives!*



## DISASTER MANAGEMENT

*"Preparation through education is less costly than learning through tragedy"*



The Disaster Management Committee presented a disaster management programme on 29 July, 2022 where kids learned about the earthquake warning siren.



Children were taught the significance of disasters as well as the types of man-made and natural disasters. The kids presented it as posters and went into great detail



# The Humans of Bhopal

A small story, humanity's living treasure



Aayza Ali  
Class X

"The smallest seed of kindness can grow into a forest of goodness, and together they can change the world." - Ayn Rand

**T**he world is full of kindness. It is everywhere, in the smallest of acts and the largest of gestures. It is the light that guides us through the darkest of times, the warmth that comforts us in the coldest of winters, and the strength that helps us overcome our greatest challenges.

It is the kindness of a stranger who helps us when we are lost, the kindness of a friend who supports us when we are down, and the kindness of a family who loves us unconditionally. It is the kindness of a teacher who inspires us to learn, the kindness of a doctor who heals our wounds, and the kindness of a hero who saves our lives.

Kindness is the language of the heart. It is the most powerful force in the world, and it is the most beautiful. It is the light that guides us through the darkest of times, the warmth that comforts us in the coldest of winters, and the strength that helps us overcome our greatest challenges.

Kindness is the language of the heart. It is the most powerful force in the world, and it is the most beautiful. It is the light that guides us through the darkest of times, the warmth that comforts us in the coldest of winters, and the strength that helps us overcome our greatest challenges. Kindness is the language of the heart. It is the most powerful force in the world, and it is the most beautiful. It is the light that guides us through the darkest of times, the warmth that comforts us in the coldest of winters, and the strength that helps us overcome our greatest challenges.

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# Being an Actor



*Ayush Maheshwari, a dazzling star of St. Joseph's Co-ed School, is a versatile actor who has proved his worth on the silver screen as he appeared in Kota Factory Season 2. It was his maiden project and many more achievements are yet to come.*

*We wish that he shines the brightest in the field he chooses.*

**Ayush Maheshwari**  
**Class XII**



Being an actor is not an easy job. An actor also has to face a lot of rejections every day. Sometimes he has to face humiliation in front of many

people. Acting, or being an actor is not just about fame and money, it is about performing the art, living the character and conveying the emotions and message to the audience. I personally believe that if you have the skills, then you will be successful one day. An actor has to deal with many problems but if you are a passionate and true actor, you won't call them as problems rather you call them the steps of success and I am stepping on those steps day by day. Being an actor is a blessing. You need a lot of hard work, passion, consistency and self-confidence to achieve the aim.

I remember a line said by a successful actor that "An actor always waits for the phone to ring, even a successful one, and I truly believe it."



# The First Flight

## – A Leap of Faith



A paper plane cuts through the air with a graceful swiftness as it passes through the canopy of a mango tree narrowly avoiding its demise until it falls to ground. There is a mix of happiness, disappointment and amazement when a paper plane glides.

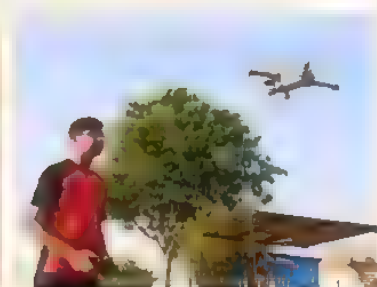
I, Siddharth Sharma - an NCC cadet and an aero-modeler, have permanently sealed these emotions with my innovation in aero-modeling instant take-off planes. I have also started my Company: The First Flight, which consults and deals in aero-designing and modeling. As a young entrepreneur I have participated in Techfest IIT Mumbai, where I got acquainted with people of similar mind set and devotion towards our country, I believe innovation and risk-taking are important aspects of life and one must not be afraid to experience them.

Siddharth added another feather in his cap when his book '**Aeromodelling Made Easy**' was published in April 2023. We proudly declare that in just one week, the book achieved the target of being on the 9th rank in the category of Non-Fiction writing. St. Joseph's Co-ed congratulates him on his grand achievements & wishes him all the best for his future endeavors.

**Siddharth Sharma**

XI C

NCC Cadet Corporal



# Extraordinary Achievers

## The Fashion Icon

Aarvi Dubey of Class II C, is a winner of Kids Beauty Pageant 2022, organised by DCF- 'Deaf Can Foundation', Bhopal from 3<sup>rd</sup> to 5<sup>th</sup> June 2022. She was crowned the title on the basis of her attire and confidence. The judges found her outstanding in all the categories. She has made our school proud by participating and achieving this pinnacle of glory, which is unique in itself. We wish her good luck for all her future ventures



## The Brave Archer

St. Joseph's Co-ed is a magnanimous galaxy of innumerable sparkling stars, and one such superstar is our tiny archer, Swastik Sahu of Class III F, who has been mastering his skills of shooting the bow and arrow with precision and persistence, since the age of five.

His keen vision, sturdy balance and rigorous practice have always helped him aim the target confidently and hit the bull's eye.

Swastik secured the first position in the 13<sup>th</sup> Mini and 5<sup>th</sup> Kids Archery Championship, organised by the District Archery Association, Bhopal. He has also bagged prizes for the same in Under Nine Compound Championship held in Andhra Pradesh and Dewas.

We wish this budding archer immense success and glory.



## Extraordinary Achievers

### Multi Talented Champ

Ramya Mishra of Class III D, is the skating and karate prodigy of St. Joseph's Co-ed School, who has escalated to the glory of success by her impressive feats in these fields.

She bagged a Gold Medal in the 12th District Inter School Karate Championship. She continued her journey of success by winning a gold medal in individual category in E- Kata Open WFSKO Karate Championship.

She also won a gold medal in a skating competition held at Gurugram Haryana Championship in November 2022.

We wish Ramya a bright future ahead.



### Speed Cuber

*'Champions are made from something that they have deep inside them A desire, A dream, A vision.'*

An expert in speed cubing, Manan Sulya, a student of Class IV C is an expert in solving the challenging Rubik's Cube.

His sharp reflexes and wonderful eye and hand coordination has rewarded him and made him leave a mark in the Asian Book of records. He bagged the second position in an International Cube Event in, 2020. He was awarded the youngest cuber of Bhopal in 2018. He has won various National Cube Championships between 2018 to 2022.



## Robust Karate Achiever



### Atharv Singh

Atharv Singh of Class V D has made his presence known in the world of karate. He has excelled in basic kihons and has brought laurels to school in various Karate Championships organised from time to time. He won a gold and a silver medal in the 14th M.P State WFSKO Open Karate Championship held at Atal Bihari Sanskritik Bhawan, Pachmarhi in the category of 10 – 11 years. He also bagged a gold medal in the 13th National WFSKO Open Karate Championship in Kumite, category 6-7 years held in St. Joseph's Co-ed School.

### Aaradhy Singh Raghuwanshi

St Joseph's Co-ed School is proud of the martial art champion, Aaradhy Singh Raghuwanshi of Class V B, who brought laurels to school by bagging 1<sup>st</sup> position in Kumite and 3<sup>rd</sup> in Kata category of Karate Championship. This championship was organised in Gurugram by White Crane Martial Art Academy.



### Atharva Verma

Master Atharva Verma of Class V B has excelled in self-defence art of karate. He has won the 1<sup>st</sup> WCMAA National Karate Championship 2022. He secured first position in Kumite and Kata art of Karate. This championship was held on 11 December 2022 at DLE Suncity Community Centre, Gurugram.

### Ranak Chourasia

Ranak Chourasia, of Class V B, an outstanding Karate Champ, won a Black Belt, 'First Shodan' in the karate – DO Academy of India.



*We are super proud of all our Karate Champs!*



*"Ambition is the path to success. Persistence is the vehicle you arrive in"*

## Sagar Cup Basket Ball (Girls) Tournament

Sagar Public School, Saket Nagar, Bhopal



Age group: under 19 girls  
Position: Winner

Best Player of the Tournament  
Rimsha Uddin

Names of the Players: Rimsha Uddin, Anushree Yogi, Siddhi Premchandani, Aarohi Gupta, Pihu Singh, Samridhi Sharma, Brahmi Abrahani, Khushi Malik, Angel Gerald, Bhavya, Avisha Baranra, Anushka Tripathi, Sukirti Dwivedi.

## Montfort Inter-School Basketball Tournament

Patel Nagar, P.B.No.16, Piplani P.O. Bhopal



Age group: under 19 girls  
Position: Runners up

Names of the Players: Rimsha Uddin, Anushree Yogi, Aarohi Gupta, Siddhi Premchandani, Anushka Tripathi, Anushka Nivra, Pihu Singh, Samridhi Sharma, Anshika Tomar, Angel Gerald, Sukirti Dwivedi, Asmita Pandey.



## Sahodaya Cup Inter-School Basketball Tournament



Age group: under 19 Girls  
Position: Runner up

Best Player of the Tournament  
Rimsha Uddin, Anushree Yogi

Names of the Players: Rimsha Uddin (Best Shooter), Anushree Yogi, Sidiki Prachandani, Aarehi Sharma, Pihu Singh, Sanyukta Rahul, Anushka, Anushka Tripathi, Vaishnavi, Ananya, Anushree Sakaiya, Sanwiddhi Sharma

## Iconic Cup Inter-School Basketball Tournament



Age group: under 14 girls  
Position: Runner up

Names of the Players: Khushi, Asmita Pandey, Brahmi Abbanani, Suksham Dwivedi, Sandhya Iyer, Rena, Srishri

## The Iconic Cup Football Tournament



**Age group: under 12 Boys**  
**Position: Winner**

**Best Player of the Tournament**  
**Mohd. Sikander**

**Players:** Mirza V. Singh, Vansh Bhatya, Mirza Zulquarnain, Prakhar Nayak  
**Sitting:** Pravinmesh Dutta, Nityant Tanwar, Mohd. Sikander, Anugrah Evan, Aadarsh Saini



Perseverance is the secret of all triumphs. This is very well proved by Vishesh Agrawal, the young author who has got his first book of poetry printed under the heading, "Kuchh Vishesh Alfaz." He is an adroit writer and has a matured thought process. We wish him 'All the Best.'



## World Funakoshi Shotokan Karate Organisation, Bhopal 12<sup>th</sup> District Inter-School Karate Championship



### Gold Medallists

Aryan Saini	VIII E
Akshat Sinnarkar	VIII A
Saud Ahmad Khan	VIII D
Raunak Srinivas	X G
Nishant Meena	X B
Akshat Shrivastava	XI B

### Silver Medallists

Vansh Sikka	VIII H
Alan Jinnu	X B
Kripesh Sen	IX F
Adarsh Saini	VI G
Atharv Acharya	VIII G
Shreyash Aditya	X D
Musa Khan	VIII D
Sikandar Khan	VI A

### Bronze Medallists

Astha Rana	IX
Gloria Grace	VI B
Aanjanay Shrivastava	VIII A
Antriksh Singh	VIII G
Nimit Malkani	VIII H
Abeer Malviya	X B
Mohd Sajid	VII A
Daksh Jain	VII G
Rex Bhuriya	X H
Abbas Ahmed	VIII A
Rishi Khatri	VII G
Naivedya Dangi	VII E



The Best Performer Award was also Bagged by  
St Joseph's Co-ed School, Bhopal

## World Funakoshi Shotokan Karate Organisation

Venue: Maratha Hall Mulund East, Mumbai

States: 9

Participants: 800



**Nishant Meena**  
14-15 Years Category  
**Gold Medal**



**Saud Ahmed Khan**  
12-13 Years Category  
**Silver Medal**



**Zorain Khan**  
12-13 Years Category  
**Bronze Medal**



**MP State Taekwondo Championship 2022**  
**Was Organized by Stairs Taekwondo MP Recognized by**  
**Ministry of Youth Affairs and Sports**



**Aryan Saini**

8th E

Venue:

Ganeshi International School  
Joura Road, Morena MP

Participants: 600

Award: Gold Medal

**World Funakoshi Shotokan Karate Organisation, Bhopal**  
**12<sup>th</sup> District Inter-School Karate Championship**



Participants: 8 Districts (350 Students)



## World Funakoshi Shotokan Karate Organisation MP Conducted Belt Exams on 22<sup>nd</sup> April 2022



World Funakoshi Shotokan Karate Organisation MP  
Conducted Belt Exams on 21st August 2022 at St Thomas  
Senior Secondary School Bhopal.

**Aastha Rana**  
Class 9th was awarded  
with the **Black Belt**.

## 1<sup>st</sup> WCMAA National Karate Championship DLF Sun City Hall Haryana



NAME	CLASS	KATA	KUMITE
Atharv Verma	5B	Gold	Gold
Aradhya Verma	5B	Bronze	Gold
Saud Ahmed	8D	Silver	Gold
Kripesh Sen	9F	Silver	Silver
Vansh Sikka	8H	Bronze	Silver
Anshuman Tripathi	8H	Bronze	Silver
Naivedya Dangi	7E	Bronze	Bronze
Siddharth Pawar	6C	Bronze	Silver
Gloria Grace	6B	Bronze	Bronze
Musa Khan	8D	--	Bronze



## Group Drama Competition

(Literature Festival)

Organised by -St. Xavier's Sr. Sec. School, Baskhera, Bhopal



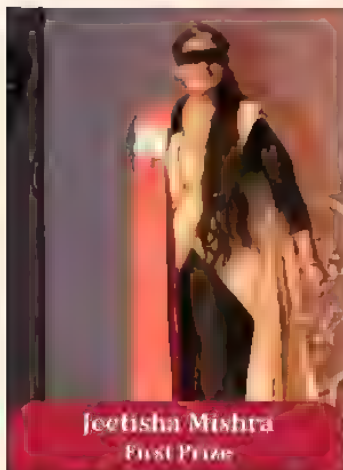
### NAMES OF PARTICIPANTS

Aditi Sharma | Ananya Chandra | Ananya Mishra | Ananya Tripathi | Ananya Sharma

## Solo Drama Competition

(BSSS "Abhisaran" Festival)

Organised by- IGNIS, Department of English, BSSS College, Bhopal



Jeetisha Mishra  
First Prize



Meet Mahendra  
Second Prize



Rohan Sharma  
Third Prize



## Solo Song Competition

(Sur Sangram on National Level)

In "Abhisaran" Festival.

Organised by- Rhythm of BSSS College Bhopal



## Solo Drama Competition

Based on Shakespeare's  
character depiction

Organised by : English Department of Carmel Ratanpur



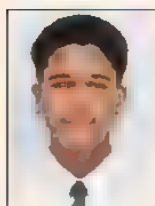
## Silver Jubilee Interschool KG Talent Search

Venue: St. Mont Fort School, Bhopal



Over all Championship trophy was won by St. Joseph's Co-ed School, Bhopal

## Swimming State Tournament



### Samuel Dennis David

Class XII

Prize: 2 Bronze Medals

Category:

1. 400m (Free Style)
2. 50m Butterfly Stroke

## An NCC Camp was organized by 2 Air Squadron Bhopal.

19 schools of Bhopal and other units participated in various activities.

- Cadet **Anushka Chaudhary** won Gold Medal in Solo Song Competition.
- Cadet **Ishant Singh Tomar** won Gold Medal in Solo Dance Competition.
- The girls' team won 2nd prize in Tug of War Competition.

### The team members are:

- i. Mohi Dubey
- ii. Atulya Dubey
- iii. Vedanshi Tiwari
- iv. Aaradhya Agnihotri
- v. Haadhya Khan
- vi. Avani Solanki
- vii. Shubhang Singh Rathore
- viii. Helly Patel
- x. Pihu Singh

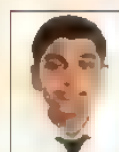


**39th MP State Boxing Championship** was held at Eklavya Khel Parisar, Gwalior from 21st - 24th March 2022 in which **Sajag Saxena** secured 2nd position in sub junior category and was awarded with a certificate.

## International Handwriting Olympiad Organisation, Pune, Maharashtra organized Handwriting Olympiad Competition:

The following students received gold medals:

Eshal Khan	Class VI
Aarohi Kosta	Class VII
Krish Lobo	Class VII
Rachita Lenka	Class IX
Harshita Jatav	Class IX
Avani Solanki	Class IX
Animesh Nema	Class X



**Anurag Kumar** of class IX A has got his name registered in the Guinness book of world records for solving Rubik's cube on 6th February 2022



A chess competition was held in Raj Bhawan of MP in January 2021 in which **Arnab Rathore** was awarded by Honourable Governor and Sports Minister with a cash prize of Rs. 500 along with a certificate.



**Sergeant Anshika Parsal**, an NCC Cadet of 2nd MP Air Squadron represented our School and has won the 1st Prize in the Best Cadet Competition held in the year 2021-22. She was awarded with CWS Scholarship of Rs 3500/- by the commanding officer of MP, Wing commander N S Pawar.



*"Education is our passport to the future,  
for tomorrow belongs to the people  
who prepare for it today." – ...*







"My first day of school was special you see...  
Everything there was planned for me ...  
Here is my hand so tiny and small...  
To hang somewhere upon the wall...  
To watch and see as the years go by...  
How we grow up.. my hand an !!"

## Kindergarten School Re-Opening

After a long string of online classes and the pandemic woes, it was time for the school to re-open for the tiny tots. We at SJCS KG ensured that there were no stones unturned to welcome back our kiddiewinks and ensure that their first day at school was full of fun and joy. On 7th March, 2022 the KG section was full of excitement, sounds and colours. The children were full of melodrama, some were excited to come back to school and meet their friends and some were exigent to go back to home. The decorations in the classrooms and the corridors brought back the serene atmosphere and the kids blended back in the atmosphere to play and study and hold back the school's motto All's well when done well; First day at school is always a tough one, but the students ended up humming....

## Orientation Programme for KG-I and KG-II Re-Opening



Education is not merely the development of m.nd. It aims at developing and training various life skills that include, biological, psychological, spiritual and social developments. To achieve this, the teachers, students and parents have to work in harmony. Students are mentored daily, but parents too play an important role in the development of the child. Keeping this in mind SJCS organises orientation programmes for the parents on regular basis. This year's orientation for the parent's of KG-II students was organized on 4th March, 2022 and on 29th March, 2022 for the parents of students of KG-I. As aforementioned, the aim of the orientation was to inform the parents about the school curriculum, rules and regulations, teaching pattern and co-curricular activities of the school.

The programmes commenced with a prayer and lighting of the lamp by the principal of the school Rev. Fr. Melvin C.J. These sessions helped the parents to understand the curriculum and helped to nurture a healthy relationship amongst the parent's, teachers and students.

## Welcoming The New Principal



As we said goodbye to one of the best principals we have ever had, naturally the kids and the staff of KG had a bit of anxiety about who will be stepping in to lead our school. On 18th July 2022 our KG students cheerful welcomed their new Principal Rev. Fr. Ronald M Vaughan with flower bouquets and their dazzling smiles. The KG teachers also presented a welcome song on this occasion. Father Principal also addressed the tiny tots and expressed his thoughts on being welcomed into well established, caring school community.



It is an incredibly important exercise for students to encourage them to develop fine motor skills and confidence. Penning down thoughts in clear handwriting also enables us to retain the learned content as it activates the brain and contributes to reading fluency. An English and Hindi Handwriting Competition was organised for the students of KG-I and KG-II on 29th and 30th September 2022. The objective of this competition was to encourage

## Drawing Competition



Drawing is all about visual story telling. It is the outward physical manifestation of the inborn urge to create and communicate. Drawing competitions can prove to be valuable learning ground for potential innovators. These competitions allow students to uncover their natural talents and hence we should see these competitions not as mere events but as an investment to future success of our students. Keeping all this in mind, a drawing competition was organised for the K.G. students on July 22, 2022. The young guns from KG I expressed their ideas by drawing "**Fruits**" and the ones from KG II showcased their emotional expression on "**Rainy Season**". This was not just a competition but a fun event for the kids and the teachers alike.

## English & Hindi Writing Competition

students to improve their calligraphy skills. Every student was encouraged to present their best handwriting. The handwritings were judged on the basis of neatness, formation, clarity and spacing. The neat and beautiful penmanship of our little stars was really encouraging. Three best handwritings were selected and were awarded encouragement certificates.



## Diwali Celebration

Diwali "The Festival of Lights" is one of the most important festivals of India. It is the most awaited festivals for the Students and the Teacher alike. But celebrating the festival together strengthens the bonds between the students and teacher. Keeping this in mind St. Joseph Coed Kindergarten organised a Diwali celebration on 17th October, 2022. The programme started with a prayer. Eugene Hall was decorated for the occasion with lights, candles and beautiful rangolis. Various programmes were presented by the students including a drama on the theme "King Rama Returning to Ayodhya". Solo dances were performed by our budding tiny tots. A brilliant speech on Diwali was also presented by one of the KG students. The celebrations ended with the National Anthem.

## Speech Competition

Competition makes everyone better and a Speech competition makes you a more concise and precise speaker. An English Speech Competition was organised on 18 November 2022, for the tiny tots of kindergarten section. The students from KG -I spoke on the topic "Importance of Festivals / Time" whereas the ones from KG-II expressed their thoughts on the "National Leaders / Disadvantage of Mobile Phones". The auditorium was set ablaze with the enthusiasm of the participants. The students also used props to make their thoughts more effective. The winners of the competition were also awarded.





## Dance Competition

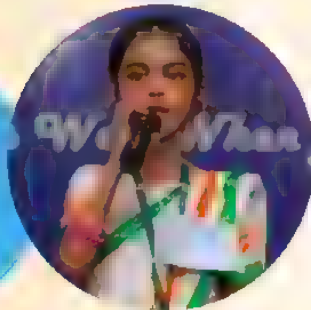
Dance competitions provide a boost that can help the children from talented dancers to certified artists. However, it's not just the dance themselves or being on the stage that makes the difference. Dance competitions were organized on 02/12/2022 and 09/12/2022 for the GenAlpha kindergartners were thrilled to be a part of an energizing event. The participants waded in the campus in colourful costumes with their props. The vivacious performances by the twinkle tots left the judges and the audience spell bound. The winners from different class were awarded.



## KG Picnic

Picnicking is a well-known staple activity of socializing; picnics provide an easy-going environment to catch up and entertain with all kinds of company. Picnics not only let us stay active but also grants time for self-reflection. The students of KG I and KG II were taken to "SairSapata" for a picnic on 3rd February 2023. This day out was a break from their routine time table and was also a mood boosting and stress relieving activity which was enjoyed well by the students. The memorable day which included Mini Train Ride, playing with the Swings and chit-chatting was spent well by the kindergartners. A day well spent is different for each of us. For some, it could be a day of productivity, a day where you have finally crossed everything out of your to-do list. For others, it could mean a day of relaxation, of doing absolutely nothing. But for the kids this day was a day spent well!!





## Patriotic Song Competition

Patriotic Songs are songs that demonstrate love for one's country. Patriotic songs have always played an important role in boosting our moral and fostering a spirit of love towards the nation. This is a tradition that has been our strength whenever we have been called upon to come together for the national cause.

A Patriotic Song competition was organised on 13th January 2023 for the students of KG-II and on 20th January 2023 for the students of KG-I. The students prepared well for the competition and a wide range of songs were presented which reverberated with the spirit of New India. Their songs invoked a strong sense of patriotism in each one's heart who listened to them. The success of the show could be very well judged by the smiles on the faces of the judges and the guests of honour. The winners of the competition were awarded.



## Independence Day & Headmistress Feast Celebration

The Independence Day has a special place in the heart of every Indian. Not only does it symbolizes the celebration of the wonderful years of freedom but also extends an emphatic message of the progressive future of our country. Independence Day was celebrated with great enthusiasm and respect by the students and the teachers of K.G Section on 12 August 2022 along with the feast of our Headmistress Sr Reshmi. The KG building and Eugene Hall was well decorated for the occasion and welcomed the eyes of all to the function.

This event was full of patriotism and enthusiasm that kindled a sense of love for our country within the children. It also reminded us of the immense sacrifices of those who gave up their lives for the freedom of India.





## *Christmas Celebrations*

KG Wing

On 22nd Dec, the K.G. section of our school celebrated Christmas Day with great enthusiasm and zeal. The little ones were dressed in their festive best and looked adorable in their colourful outfits

The celebrations began with a dance performance by the tiny tots. They had been practising for weeks, and it was evident in their coordinated moves and rhythm. The audience cheered and clapped as the little ones performed on the stage. The children had a lot of fun while performing, and it showed in their beaming faces.

After the dance performance, the children sang carols with great enthusiasm. They had been

practising the carols for days, and their efforts paid off as they sang with perfect pitch and melody. The audience joined in and sang along with the children, creating a joyful atmosphere.

In conclusion, the Christmas Day celebrations in the K.G. section were a grand success. The children had a lot of fun and were able to showcase their talents through their dance and singing performances. The celebration brought a sense of joy and happiness to everyone present, and it was a memorable day for the children.



**'There is no life so small that it cannot leave an imprint on our hearts.'**



### **Meenakshi Arun Kumar**

Gentle, soft spoken and a genius mathematician, who is humble and a person with infinite experience, made Math accessible to every student who thought it was beyond their reach and understanding. The way she taught, made Mathematics a friend to be with, for a lifetime. Her charming smile and pleasant attitude was very endearing.

Even though she retired, we hope that she never stops imparting her treasure of knowledge. She will be greatly missed.

### **Archana Upadhyay**

Gifted and committed, a teacher who is humility personified and has always influenced her students deeply with her kind gestures and an intuitive nature, was definitely an asset to our school. She will not only be thoroughly missed by her students but also by the staff. We've often thought how powerful her influence was on each and every student of hers.

Archana ma'am turned each student's world of dreams into possibilities. She will be dearly missed.





## Summer Fiesta cum Painting Carnival

A summer jamboree was organised for the students of the Primary Section on 28 April 2022, which was christened as 'Summer Fiesta cum Painting Carnival'.

It was a fun-filled day consisting of variety of events each one with its own uniqueness and flavour giving a vibrant welcome to the bright summers. The children unleashed their imagination and creative self by indulging themselves wholeheartedly in riveting activities like

painting, singing, dancing and playing games.

To add more colours to the fiesta, students and teachers were dressed in floral attires with summer hats, all set to reminisce the warm and happy sunny days by savouring the juicy summer fruits and hence our cherubs started their summer vacation carrying colourful memories and happy faces.



*"School bells are ringing loud and clear; no more distance learning, the school is here."*

The school reopened for the Primary Section on 7 March 2022.

This March, the start of the school year seemed more overwhelming than ever before. One could observe the mixed feelings of excitement and joy among the students, parents, and teachers as the doors of our school opened to welcome the students back on the campus.

A special assembly was presented by the students which highlighted the relief and eagerness of the kids to be back in their familiar grounds. A soulful prayer was conducted for students, staff and management for the safe culmination of the current session.

The desire to meet their school friends, learn lessons in the classrooms, play various games in the school fields were beautifully presented through a skit followed by a melodious song. Colourful balloons in the corridors and 'Back-to-School' pin up boards greeted the kids as they stepped into the campus after two long years.

The presence of masks and sanitizers showed the determination of both students and teachers to embrace the new normal. It was an adorable sight to see the tiny Josephites, walking in wonderment as they entered the school after a long time.

### Maanikotsav at St. Xavier's Co-ed School, Bhopal

St. Xavier's Senior Secondary Co-ed School conducted an Intra School Competition on the eve of their 'Ruby Jubilee' where our determined and enthusiastic Josephites participated zealously in various categories like 'Witty and Comical', 'Expressionist' and 'Spell Bee'.

Kanak Sahu of Class IV C, bagged the second position and a trophy in the category of 'Expressionist'.

We are proud of all our participants and wish them all the best for their future endeavours.



## Parents' Orientation Programme for Class I & II



An orientation programme was conducted for the parents of Class I & II to acquaint them with the curriculum, rules and regulations of the school, teaching methodologies, examination pattern and the co-scholastic activities.

The orientation began with a thought provoking address which was, "A parent is a teacher at home and the teacher is a parent in school and the child is the center of our universe."

Welcoming the parents to the new academic session, the teacher representative spoke at length about the benefits of effective communication between teachers and parents.

Our Principal then, Rev. Father Melvin, addressed the gathering where the

parents sought support and suggestions from the management and teachers to provide best education and growth opportunities to the children of the school. He also laid emphasis on the importance of good parenting and the role of parents to guide the children for a bright future.

The class teachers gave an overview of the various subjects and the activities which would be undertaken in the year ahead.

This session proved to be a sincere effort made by the school in educating the parents about the overall development of their wards. It also enlightened them with all the necessary information and intricate details about the upcoming academic session.





## Activity Days

In the words of Albert Einstein 'It is the supreme art of the teacher to awaken joy in creative expressions and knowledge.'

An Intra School Competition was hosted by St Joseph's Co-ed School for the students of the Primary Section on 20 August 2022 and 19 November 2022 which gave an enriching experience to all our students.

## A Long Awaited Picnic

"Time to have some sunshine, freedom and playtime. Time for a picnic."



A fun-filled picnic was organised for the students of Class I to V in January 2023.

Kanha Fun City which is an eventful and a lively venue for Classes II - V and Sair Sapata for Class I were the best choices for our little Josephites. The students experienced great amount of joy which was recreational, relaxing and exciting for our young mirthful children.

From swings, helicopter rides, train rides to a 4D movie set up, everything was cheerful and frolicsome. Our high-spirited students expressed a desire to visit the place again. Indeed it was an enjoyable day that strengthened the bond between the students and teachers.

This visit to the park was a memorable one and the students came back to the school super rejuvenated.

## Educational Trip To 'YODHASTHAL'

*It is rightly said, 'Not all classrooms have walls.'*

An educational trip was organized for the students of Class V on 7 October 2022 to 'Yodhasthal' which is an army museum. The aim of the trip was to provide practical exposure to the students where they could learn about life in armed forces. The students were briefed about the deployment and working conditions of 'army personnels' on border posts. They saw different types of army equipments and also learnt about the gallantry awards instituted by the Government of India for the brave soldiers who sacrificed their lives for our country. A short documentary related to '1971 India-Pakistan War' was also shown to the students where they were educated about, 'The Instrument of Surrender'.

The students' queries were unending but were appreciated by the officers on duty. Our Josephites' nationalism and patriotism could be seen in their energetic questions and on their radiant faces.

The visit provided an experiential learning to the students. Feeling of pride filled their hearts and it proved to be a beautiful journey that started with an educational purpose and ended up creating cherished memories.





# Feast Day Celebration



## Sr. Anoopā

Primary Headmistress

The students and staff of the Primary Section celebrated the feast day of their Primary Headmistress, Rev. Sr. Anoopā on 15 October 2020.

A special prayer service was conducted for her to seek God's blessings so that the Divine's countenance may shine into her life and grant her peace, joy, patience and humility by offering intercessory prayers. Thereafter, a euphonious symphony was presented to greet Sr. Anoopā in a special way, followed by a soulful dance performance.

The celebration concluded with warm wishes and dedicated messages for our dear Sister, expressing our love and gratitude.

Lord, we humbly implore you to grant Your special graces to Rev. Sr. Anoopā. May her heart be refreshed with the blooms that spring up to reveal Your glory.

## Sr. Kusumam

Primary Counsellor

The Feast Day of Rev. Sr. Kusumam, the counsellor of the Primary Section, was celebrated joyfully and blissfully by the Primary Staff on 1 October 2022. With devout prayers, a special prayer service was conducted to offer her in the hands of the Almighty which was followed by a solemn hymn. It filled the ambience with divinity and piety.

A bouquet of fragrance and a card was handed over to Rev. Sr. Kusumam with utmost fondness and delight. The celebration was full of merriment and vivacity and it was concluded by a mellifluous song and endearing messages by our Principal, Rev. Fr. Ronald Vaughan and the staff.

We wish for her a joyous and a blessed life. May Lord gently touch this life of hers which He has created and bless her with good health.



## Welcoming Sr. Pavana and Sr. Anoop



**Rev Sr Pavana**



**Rev Sr Anoop**

As rightly said by Erwin Raphael McManus, *'Every sunrise is God saying welcome home, there's always a place for you.'*

We were delighted to welcome the new Headmistresses Rev Sr Pavana and Rev Sr Anoop to our Co-ed family.

After serving the school for three months, Sr. Pavana handed over the responsibility to our present Headmistress, Rev Sr. Anoop. We are extremely enthralled and feel blessed to have her amongst us. May Lord enlighten her to illuminate all of us with her wisdom and guidance.

## Bidding Farewell to Sr. Pushpa and Sr. Pavana

*'Good byes are not forever, they are not the end, they simply mean, we miss you, until we meet again.'*

This year, St. Joseph's Co-ed School's Primary Section bid adieu to the most important members of our Co-ed family, Rev. Sr. Pushpa and Rev. Sr. Pavana, the former headmistresses.

Their towering presence was always inspiring and their constant support for students and staff was highly motivating.



**Rev. Sr. Pushpa**



**Rev. Sr. Pavana**

*God Bless you on your feast day  
with happiness & peace  
& with his many wondrous gifts  
of joys that never cease*

## *Happy Feast Day*



*It is God who arms me with strength &  
keeps my way secure  
Psalm 18:32*

**Sr. Thecla's Feast**



*He only is my rock & my salvation, my fortress;  
I shall not be shaken  
Psalm 62:6*

**Sr. Merlin's Feast**





## हिन्दी दिवस

14 सितम्बर 2022 का विद्यालय में हिन्दी दिवस बहुत ही हर्षोल्लास के साथ मनाया गया। छात्रों ने गीत, कविता, हिन्दी भाषा का इतिहास तथा अपने-अपने विचार प्रस्तुत किए। छात्रों का भाषा के प्रति उत्साह प्रशंसनीय रहा। आदरणीय प्राचार्य महोदय ने अपने संबोधन में सभी का आभार करते हुए शुभकामनाएँ दीं। शिक्षकगणों ने भी परस्पर शुभकामनाएँ दी एवं राजभाषा को राष्ट्रभाषा बनाने का संकल्प लिया।

# A Memory which we will never forget

## Class IX School Trip

Class IX students had a wonderful experience as they recently went on a school trip to Shimla, Kasol, Kullu and Manali. We reached Ambala and from there left for Shimla by bus. On the way we saw beautiful mountains loaded with white pearly snow. After visiting Old Vice Regal Lodge, we headed to Army Museum, Jakhu Temple followed by lots of shopping at the Mall road. Then we went to Kasol and saw some of the best views of Parvati River and stayed in tents which was truly adventurous and a new experience for all of us.

The next morning we visited Manikaran Saheb Gurudwara to thank the almighty for His overseeing power. We also visited Kullu Shawl Factory on the way to Manali. We

proceeded to Vashisht Temple. We also visited Hadimba Devi Temple, Club House and Tibetan Monastery. The next was Snow Point, the most rejuvenating destination. We enjoyed till we got exhausted. We started off our return journey with fond memories of this fabulous trip in our hearts and wished its indelible image never fades away. It's worth mentioning here that all through the trip our teachers went extra miles to take care of all of us.

On behalf of the entire Class IX I wholeheartedly thank the management to arrange such an eventful trip which will be cherished by all of us for the years to come.

Aviral Dubey  
IX E





***The best Education you will ever get is by traveling. Nothing teaches you more than exploring the world and accumulating experiences.***

An educational trip means giving oneself and one's mind a well utilized break filled with practical and observational learning. Travel is the epitome of experiential learning, making it one of the many reasons why travel is the best education that money can buy. This invaluable opportunity of experiential learning was provided to class 12th Humanities students by our Principal, Rev Ronald Vaughan.

Our trip started from the school campus on the congenial morning of 30th September 2022. We left the school campus after praying to the Almighty for a safe and educationally fruitful trip. We all were excited to finally have an outing with our teachers and friends after almost 2 years of distance learning in the pandemic. We all had a very memorable bus ride to the Sanchi Stupa. Our history teacher enriched our

knowledge with some interesting facts during the bus journey. She told us about the various stupas in different parts of the country and some other historical sites in the country.

We took a brief halt at the, The Tropic of Cancer, which is the Northerly circle of latitude passing through the Bhopal Vidisha Highway. Our teacher explained us about the geographically significant role the tropic of cancer plays in the climate of Indian subcontinent.

We continued our journey from there and finally reached our destination. On reaching we were welcomed by a very warm, experienced and knowledgeable tourist guide Mr Rakesh. He started by giving us a short introduction of Archaeological Survey of India and its functions. He showed us the four gateways of the Stupa which face all four directions.

They're adorned with intricate carvings depicting various scenes from the Buddha's life, incarnations, and associated miracles.

Part of a pillar, also built by Asoka, stands in front of the stupa's southern gateway. An informative archaeological museum, maintained by the Archaeological Survey of India has some interesting exhibits that were recovered during excavations at Sanchi. The sight had remains of female idols, pillars, temples etc. With big smiles on our face and lifetime memories in our heart we bid goodbye to the staff and people at the stupa and returned to our school campus. The trip helped us gain a strong hold on our subject and widened our observation skill.

**Maansi Tripathi**  
XII G



## Know Your Freedom Fighters

Inqalab Zindabad!  
Vande Matram!  
Tum mujhe khoondo,  
meintumheazadidunga!  
Jai Hind!

Hearing these slogans, we often feel a rush of pride running through our veins. Even though we were not present during the time these and other many slogans were said, we feel emotionally connected to the people, place, and incidents which happened in the course of time earlier.

"Bombs and pistols do not make a revolution. The sword of revolution is sharpened on the whetting stone of ideas".  
This is something Bhagat Singh said years ago, something which has shaped my present opinions. Internationalism, atheism, and socialism. These were the ideologies of the very great 'national hero' of our nation, Bhagat Singh.

I've always imagined a utopian vision of all the working classes having equal rights. I've wanted to have India as a country where the farmers don't have to sleep hungry. I've wanted India as where the workers weren't exploited. I've wanted India as where the factory workers get their share of pay, rightfully of what they deserve. And this is what Bhagat Singh believed in too. It pained him, and it pains me, that how hierarchy and exploitation still exists.

Also, I've wondered that how we humans are so similar yet so different. How the basic structure of our bodies are same, and yet we see a different and a beautiful human every

time we tilt our head. How we all require the same facilities of food, cloth and shelter to survive and yet the amount, taste, variety of food; the size, material of cloth; and the area of shelter can vary to every human being.

But at the end of the day, we may live in a different country, we may belong to a different religion, we may be black or white, we may belong to another caste but we all are humans. We all are a family, a family so beautiful and diverse.

Of course we have achieved the 'Zenith of Progress', an idea which Bhagat Singh envisioned, but clearly there's still room for more love and humanity. We have to have more humanity beyond borders, love before religion, equality before gender, respect before color of your face, and courtesy towards individuals.

"They may kill me, but they cannot kill my ideas. They can crush my body, but they will not be able to crush my spirit".

The ideas of Bhagat Singh, they run, they run with my blood, pumping my heart with desire to serve my nation. With ambitions of wanting to do something which will make the world realize; what a talented and amazing my country is! The blood which runs in my veins, is the blood which my India would be proud of. I am an Indian, before I am a daughter, a sister, a friend or a student!

**Kevalya Jain**  
X G



## Our Culture Our Pride

India is a nation that places a high value on diversity "My culture is my identity and personality. It gives me a spiritual, intellectual and emotional distinction from others and I am proud of it". This quote gives a lot of information about the belief and opinion that our culture has been and is a home for diverse religions, language traditions, culinary preferences and colorful attires. India has 29 states and these states and union territories are home to many varied groups of people who speak, eat, wear, live differently but still they are known as Indians or the citizens of this great country.

This is a land of Indus valley civilization the Aryans the vedic era, the land for which many uncountable invasions were done. The invaders who waged wars on this "Golden Bird", they themselves fell in love with this beautiful nation and became a part of its rich heritage. When I talk about my culture it gives me goosebumps as when I compare myself with the citizens of other nations, I feel proud to say and imagine that I am in such a beautiful place where every stranger from other nation feels like home.

We Indians go beyond our customs and traditions because we want to stand out from other people. Our different social and economic groups, all add value to our cultural

traditions to make the country culturally diverse, and that is the essence; the beauty of this rich country. We may not be in the list of the allied nations but we are not far from becoming the most desirable, enticing country amongst others across the globe.

The saying, "Atithi Devo Bhava" is a wide phrase in itself, as our culture has always been very hospitable to all other cultures that attacked us, but we, as a rich host, accepted and gave them an opportunity of enriching our culture with theirs.

So, I conclude my imagination about my rich culture, but I really think I cannot stop myself from writing enough on this far reaching topic where I can express so much about the vividness of our rich culture, traditions, festivals, languages, religions and the most fascinating is the richness of the huge variety of food we get here. So together, we should pledge to keep up to our culture with great pride and respect

Jai Hind

**Jeetisha Mishra**  
XI G

## Our Culture Our Pride

I belong to the state Madhya Pradesh known as "HEART OF INDIA". Madhya Pradesh is a culturally vibrant state and its culture represents the spirit and values of the people who live here. It is a treasure chest of numerous cultural diversities, be it music, art, food, literature, monuments, traditional clothing, theatre or philosophy. The people of Madhya Pradesh are said to follow the highest flavours of culture and tradition. The culture of the people of Madhya Pradesh is noted for its harmonious blend of Buddhists, Christians, Hindus, Jains, Muslims and Sikhs. Our culture is our legacy and our pride. The lifestyle of the people is very much influenced by the socio-cultural activities of the tribal people and thereby giving a rich tradition to the people and to the place. Our state is famous for the fine artworks like woven cotton or silk sarees, fabrics with block prints, stuffed toys, floor coverings, bamboo work, cane work, jute work, woodcraft, iron craft, metal craft, terra cotta, Zari work, folk paintings ornaments, dolls and paper Mache. Gond painting and carpets of Gwalior are also very famous. It has been home to cultural and spiritual heritage of almost all the religions. Intricately carved temples, stupas, forts and palaces are dotted all over the state. The vibrant colours, unique attires and melodious music make all the folk dances in Madhya Pradesh exquisite. Gaur, Muria, Saila, Karma, Kaksar, Chithirai festival dances are notable and have their connotation. Each dance is followed by a complete set of male and female jewellery, steaming curiosity. Few of the prominent festivals of Madhya Pradesh are Lokrang Festival, Khajuraho Festival, KumbhMela and

PanchmarhiUtsav. Culture of Madhya Pradesh is the heritage of social norms, ethical values, traditional customs, belief systems, political systems, artifacts and technologies that originated in or, are associated with the ethno-linguistically diverse India. Language is one of the ways by which people communicate with one another, build relationships, and create a sense of community. Our culture is the invisible bond which ties people together. It refers to the pattern of human activity. Our moral values represent our culture. Madhya Pradesh is well known for its 'UNITY IN DIVERSITY' across the country. A culture of cultures, India is great and diverse. Culmination of long past, a land of devotion and sacrifices, it is vibrant, colourful and inspiring. Its strength truly defines the base of Indian civilization being Indus valley civilization; an excellent combination of urban planning and civil engineering worth preserving. A culture where mind and body get sorted as connections are deep rooted. Beautiful folk and tribal art can be seen everywhere. It has rich legacy of spiritual and intellectual philosophy which teaches humility; guided by humanity. Its national, local, regional and even superstitious festivals bring communities together; a land of sages where secularism prevails since ages. Proud and patriotic people will be revered forever and this opinion will never end.

**Annika Subhash**  
XI C





## My Life My health

The Greatest Gift that a person can have is the Gift of life. Life is nothing but that we are born, to live our lives, and eventually pass away with the passage of time. Everyone's life is different. Some people are loaded with problems in life, while others do not. Those that struggle in life have a different perspective. Life is frequently described as priceless.

Every day, doctors and scientists try to discover innovative methods that will help people live longer. People try all means to keep themselves happy be it eating, wearing clothes, entertainment or whatsoever, but the only goal in their life is to be happy as they consider their life to be very personal to them.

As a student of standard Eleven, I feel my Life is my own, it's just mine and belongs to none other except me. So, I am the master of my life and therefore I need to take care of my life as my life is the greatest gift of God. Out of the many efforts which I can do to enhance my life the most important one is to take special care of my health. 'Health is Wealth' and if a person is healthy, it is presumed that he is living his life to the fullest.

According to me the key to a healthy life is: Three fold aspect comprising of Mental Health, Physical Health and Emotional Health.

For the Growth of my mental health, I have to fill my mind with positive thoughts so I read motivational books which provide me positive thoughts and enhance my self- confidence. By

reading these books I increase my self-esteem and learn to process my thoughts and channelise my creative and innovative world to express myself in a more clear and vivid way in the world outside me.

Physical health is the maintenance of one's bodily structure, to do this, I have joined a gym where in I try to convert my consumptions into energy and thus make an attempt to keep myself fit. All the exercises in the gym: the running, Cardio, weightlifting and the zumba help me to be active physically. I do all these in the evening as I plan out my schedule meticulously.

Emotional growth in a person is of utmost important as it brings out all the emotions embedded in a person. For me, emotional growth is the balance between different feelings. To maintain this balance, I make it a point to interact with my friends and colleagues. I take out time for my peer groups and spend quality time with them. My social Interactions, I am sure, will help me to grow as a positive person.

'My life my health' is the ultimate goal for me and I am working hard to balance between all the above areas to grow as a complete being, a human being called to be happy and contended.

**Angelo Gerald**  
XI F



## My Perception

I know, when a young child learns to throw a ring around a toy pole, he is in fact following some or the other law of Physics, but I feel education should not be that mundane and prosaic. I am more interested to see India upholding the Vedic system of education where the educator would perhaps pick up a fallen nest and talk about which bird built it, tell the students about other nests, nesting habits and move on to the morphology, anatomy of birds, the dynamics of their streamlined shape etc, all this, while connecting them with the nature, and effortlessly amalgamating it with science. The students were equally deft in reciting plays of Kalidasa and calculating the angles their arrows had to travel to hit the bull's eye. There was no emphasis, no judgement, and no force on what the pupil had to specialize in, whatever interested the child, he would master the same. And since it was not forced, we had people who enjoyed what they did, their passion was their profession and they were highly skilled. Moreover, there was no given time frame to the child to master a skill, he was taught the basics to perfection, then came the specialization.

The pupil could pick up both music and astronomy to study, or he could master Ayurveda and Literature, it was totally his choice. After the period of training and testing, he would put his knowledge

to use but in counsel of a guide, what we call internship today. The most amazing aspect of the whole era was that there was no gender divide, the teaching was all inclusive.

The education system should be such that we understand the plethora of our rich scientific literature left behind by our ancestors, and combine it with today's knowledge boom of technology. The whole trajectory should be so gradual that the teachers enjoy their roles and the students complement them by excelling in their passion for subjects. The NEP2020 will to some extent be on the same criteria and it will definitely fulfil the governments dream of making India a global knowledge superpower. The restructuring of education system is a long process but it will incorporate our traditional ways, reasoning based on ethics, societal structure, scientific logic, and would also have space for digital literacy for everyone and computational thinking. Such an education system ensures a bright future for a country with its youth ready to shine on the world platform.

**Aaditi Bhagwat**

XI F



## Know Your Freedom Fighters

Freedom fighters were those who had sacrificed their lives for those whom they probably did not know but the feeling of fraternity, liberty and the love for the country had raised their heart to free the poor and innocent people from the insidious British who exploited the people for the benefit of their own country.

I have heard a number of unbelievable stories of freedom fighters like of Rani Lakshmi Bai, Chandrashekhar Azad , Tatya Tope who basically belonged to the heart of the country (Madhya Pradesh) but their love was not just limited to their birth state, but for the whole Mother India. In the stories, the pain and sacrifice is shown with many complicated emotional words to raise the emotions from the inner core of the heart but due to our busy schedule and forgiveness, we take these stories not for taking moral values and bringing the change, but for the entertainment purpose.

Their life stories are highly inspiring as even though they lost their lives at a

very young age, they had left a deep impact on the nation .They thought of a Nation in which each caste and religion would be treated equally and they also wanted to make an independent country which does not have to beg in front of any one and also a country in which each person has the same privileges like others. But still we have not created our nation like they dreamt but it is sure that one day, each person will have the same feeling for the country like our unforgettable freedom fighters. I want to serve my country by motivating people and making them remember about the freedom fighters and also by raising the voice against gender, caste and religion inequality through various speeches even though I know that my individual efforts would not be sufficient . But same as freedom fighters it would leave a deep impact on the mentality of our citizens.

**Rishit Gupta**  
XI A





## My Book My Inspiration "Wings of Fire"

This book is an autobiography of a rocket scientist, a visionary, the only "king among the pawns", the missile man and 11th President of India (2002-07) Dr. A.P.J. Abdul Kalam, popularly known as people's President. "Wings of fire" is one such autobiography of a person who had the courage to dream big and the passion to keep striving till it is achieved. The book gives the best insight about the life of a small town boy who dreamt to make India strong and prosperous – a DEVELOPED Nation and gave us "Vision 2020".

It is a journey of dreams, hopes, successes and failures. The life of this great personality was none different than the normal person, the only thing different was how he perceived the world around him and how he's willing to go that little extra to achieve his dreams, how he's willing to sacrifice for common good and how he never forgets who he really is (some qualities common to visionaries and great men like him) This book gives confidence to us Indians that 'we can do and we can do from India'.

This autobiography is different in many ways as it tells us many lessons with true examples. This book tells us a story

of a Muslim boy, who became the President of a Hindu dominated country by hard work and dedication. It gives us an inside look into the lives of Muslims in India and relationship between Hindu and Muslim communities in India. It tells us, how a common Hindu and Muslim respect each other's religion.

This real story tells us the role of family, relatives and friends in helping a person in achieving his goals. This book tells us how to live for our country. This book shows the determination of India and his scientists in achieving excellence in space and missile technology and also provides an inside look into the success and failures of Indian space and missile technology programs.

This Book gives a good presentation about the role of other eminent scientists in shaping our country's future. This book is a must for every student, because this book has the power to motivate a person to excel in life. Wings of Fire is a clear example of achieving one's goals, while fulfilling the commitment towards the country.

**Samuel Dennis David**  
XII F



## Know Your Freedom Fighters

India is a country of great heroes and freedom fighters who fought for the independence of India from the British rule. They are the people who gave us the freedom we enjoy today. Every Indian must know about these freedom fighters who sacrificed their lives for the country. The first name that comes to our minds when we think of freedom fighters is Mahatma Gandhi. He led the Indian freedom struggle against the British with his philosophy of non-violence. His ideas of 'Satyagraha' and 'Ahimsa' inspired millions of Indians to fight for independence without resorting to violence. He is widely regarded as the father of the Indian nation.

Another prominent freedom fighter of India is Bhagat Singh. He was a revolutionary who was part of the Hindustan Republican Association and was involved in several revolutionary activities. He was executed by the British for his involvement in the killing of an officer who had ordered lathi charge on peaceful protestors. He is remembered for his courage and bravery. Subhash Chandra Bose was another great leader who led the Indian National Army to fight the British. He was an inspirational figure who is remembered for his slogan, "Give me blood and I will give you freedom". He is still remembered with great reverence and respect.

The contribution of women to the freedom struggle of India is also noteworthy. Rani Laxmibai of Jhansi was a brave warrior who fought against the British rule. She is remembered as the 'Rani of Jhansi' and is an inspiring figure for women in India. Sarojini Naidu was another prominent freedom fighter who fought for India's independence. She was the first female president of the Indian National Congress and an important figure in the Indian National Movement. She was also known as the 'Nightingale of India'

for her poetic works. list of great freedom fighters of India also includes names like Bal Gangadhar Tilak, Lala Lajpat Rai, Aruna Asaf Ali, Maulana Abul Kalam Azad, and Vallabhbhai Patel. All these people played an important role in the struggle for India's freedom. It is important for us to remember and honour these great freedom fighters who sacrificed their lives for the cause of India's freedom. We must take inspiration from them and work towards making India a better country. We owe our freedom to these brave freedom fighters and should strive to build a better future for our nation.

Gandhi is one of the most famous freedom fighters in India. He was a leader of the Indian National Congress and was instrumental in leading the movement of non-violence and civil disobedience. His leadership of the civil disobedience movement led to India's independence from British. The Indian freedom struggle began in the early 19th century and has been a long and arduous journey. Along the way, many brave men and women have made incredible sacrifices in order to secure our freedom. Mahatma Gandhi is perhaps the most well-known freedom fighter in India. Gandhi believed in non-violent resistance to the oppressive British rule, and his civil disobedience campaigns were instrumental in the eventual attainment of freedom. Other prominent figures in the Indian freedom struggle include Subhas Chandra Bose, Bhagat Singh, Bal Gangadhar Tilak, and Lala Lajpat Rai. Bose was a leader of the Indian National Army and is credited with inspiring the Indian people to fight for their freedom.

**Tanmay Patidar**

X H

## My Book My Inspiration

Last month, I picked up a book from the local book store. The title read, "The Seven Husbands of Evelyn Hugo". I turned the book around and read the description. Intrigued, I bought the book right away. Getting back home, I couldn't wait to start reading it and so I started.

It didn't take me more than 3 days to finish reading the entire novel and safe to say, it was definitely worth the three days spent.

The story was about a woman named Evelyn Herrera and how she forced her way into the entertainment industry. How she "accidentally" met the right people at the right time, the same people who made her career worth billions of dollars. How she made herself a household name.

But that's not the part that intrigued me. It's the fact how she had to change her Latina name into a European one. The fact how she had to dye her hair into a stereotypical European color. How she had to take classes to completely eradicate her Spanish accent and how she had to hide the fact that she was in fact a Latina woman and not a European one just to make her name in the industry. How she had to sacrifice various vital factors of her life and herself in order to get recognition.

As the book neared its end, Evelyn opened up to a journalist, Monique, about how she does not regret all her wrongdoings and

giving up her culture because of the money and the fame she got after reaching her goal of becoming a star. Part of her sacrifices to reach her goal included some of her loved ones and although she mentions that she does not regret her decisions, it's clear to the readers and Monique that she would give up all of her fame and money just to go back and make everything right.

It's a common saying that greed is an imperfection that defiles the mind. And that is properly depicted in the story. Furthermore, it is clear in the story how exhausting it is for Evelyn and her fellow celebrities to be followed by the paparazzies everywhere they go and how every thing that they do makes the headlines even though it's done by every other normal person on a daily basis. And that truly resonates with the reality of the situation.

The sacrifices we have to make in order to get what we want are tremendous and often regretful. Are the rewards really rewarding in that case? Is the euphoria long lasting? Is living in a cage for most of your life just for fame acceptable? I would beg to disagree.

And so, the final question arises—

Is the price of fame and the sacrifices made for it really worth it?

**Yogyata Gaur**  
IX A





## Save Environment For Future Generation

It is our responsibility as members of this planet to ensure that we leave a healthy and sustainable environment for future generations. The reality is that our actions today have a direct impact on the world that our children and grandchildren will inherit.

One way to save the environment for future generations is to reduce our carbon footprint. This can be achieved by using energy-efficient appliances, driving fuel-efficient vehicles, and reducing our reliance on fossil fuels. Planting trees and other vegetation can also help absorb carbon dioxide from the atmosphere, mitigating the effects of climate change.

Another important step is to reduce waste and improve recycling efforts. This can involve using reusable shopping bags, water bottles, and containers, as well as properly disposing of our trash and recycling items that can be repurposed.

We can also protect the environment by supporting environmentally-conscious businesses and organizations, and by advocating for policies and legislation that prioritize the health of the planet.

Ultimately, the key to saving the environment for future generations is to make sustainable living a priority in our daily lives. By taking small steps to reduce our impact on the planet, we can make a big difference in the world we leave behind.

**Siddhant Gupta**  
X G



## Our Culture Is Our Pride

The ascent to the greatness of a nation is the result of several distinct facets of that nation's development over the course of time, each of which plays a distinctive part in the process. Culture is, without a doubt, one of the most essential and significant components in every nation's climb to greatness, and this is without a doubt one of the most important and significant component. In a way that is somewhat analogous to this, the thriving culture of India has been a significant factor in the overall growth of the nation.

Because India is a nation that places a high value on diversity, its population is made up of people who adhere to a wide variety of religious beliefs, social stations, and confessions of faith, in addition to sexual orientations. This is because India is a nation that recognizes the importance of diversity. The concept of solidarity, in all of its myriad iterations, plays a crucial part in the development of the personality of Indian culture. Even though it is the oldest civilization in the world, Indian culture has been able to preserve its values and customs intact despite everything that has occurred over its lengthy history. This is despite the fact that Indian culture is the oldest civilization in the world.

The fact that India has been ruled by a variety of different empires over the course of its history has had a considerable impact on the country's ability to maintain a high

level of cultural diversity even today. As a result of India's lengthy history of assimilating people and practices from other civilizations and its continued development as a nation, the country's society has evolved into one that is not only powerful but also diverse. Because of this, India has been able to develop into a society that is characterized by both of these attributes. Throughout the course of human history, people who lived in this region adhered to a bewildering variety of philosophical principles, cultural standards, and religious customs.

The way in which people in India live their lives, as well as their traditions, values, beliefs, habits, level of caring, and level of knowledge, are all examples of the culture that exists in the country. Additionally, it is believed that India is the world's oldest civilization, and the people who live here continue to this day to retain the traditional values of compassion and charity in their day-to-day lives.

A person's culture can be broken down into its component parts, which include the manner in which they interact with other people, the extent to which they are receptive to a variety of stimuli, as well as their knowledge of morals, values and beliefs.

**Ashita Nandy**  
XII



## My Book, My Inspiration

Everyone lives but only a few have had the lives to become the inspiration of many. One such personality is Arnold Schwarzenegger. For some he's the bodybuilder of all time and for others he's the greatest action hero of Hollywood. One might assume that he must have had a very great beginning and support. But only after reading his book, *Total Recall*, we realize that the above-said things couldn't be farther from the truth.

Arnold was born in a small town of Austria. A young Arnold stumbled upon the sport of bodybuilding and Hollywood. He knew that's what he wanted to be, a bodybuilding legend and then an action hero in Hollywood. He had a very clear vision. But bodybuilding wasn't that famous in Austria. Everyone, including his parents, believed that it is impossible to achieve what he wanted to. No one has ever done it before, they said. I'm going to be the one that does it, he replied. He always believed in himself even when the whole world was against him and worked utterly hard ignoring all the naysayers. Ultimately, he won 13 world titles, went on to become the best action hero of the 70s and 80s, and to top that all, served as the governor of California, twice.

Like young Arnold, we all have our own vision. But some or the other thing or the people make us doubt it. I myself faced a similar situation. I play and want to make it big in a sport that is not so popular in India, with the people around telling me that it is impossible. But as Arnold proved nothing is impossible.

**Anant Mehta**  
XII G

The book that inspires me is "I am the Messenger" by Markus Zusak. It's a story about an ordinary person Ed Kennedy- an underage cab driver without much of a future. He was neither successful nor exceptional. Yet, by the end he was able to make a change.

The story starts with Ed accidentally stopping a bank robbery, after which his life changes. He receives an Ace of Diamonds in the mail with three addresses written on it. As he starts to look into the addresses he's shocked. In one house, there was a woman who was constantly abused by her husband, while in the other was an old lady with amnesia, still expecting her long dead son. Ed watches these lives unfold in front of him, and finds himself reaching out for these people. As the book progresses, Ed receives the remaining three aces and so embarks on other missions, becoming a symbol of hope for many.

The book taught me that even the simplest, most ordinary man has the ability to make a difference. Ed was young with nothing exemplary to his credit. He didn't even know most of the people he helped yet he selflessly heeded to their problems. Ed was the epitome of ordinariness and if he could stand up for all those people, then why can't everyone else? The book ends with beautiful lines "I'm not the messenger at all. I'm the message."

It taught me that maybe everyone can live beyond what they're capable of, if they put their mind into it. We all have the power within ourselves to do something others don't expect of us.

**Sanskriti Gupta**  
XII E



## My Book, My Inspiration

Books are a wonderful gift. They help us to increase our knowledge. They are the repository of man's experience and wisdom gathered over time. They help us in vast areas and improve our intelligence. An excellent book is more valuable than a diamond.

The book that inspires me the most is 'The Secret' it is a self help book by Rhonda Byrne that explains how the law of attraction, which states that positive energy attracts positive things into your life, governs your thinking and actions, and how you can use the power of positive thinking to achieve anything you can imagine.

In this world it is important to stay positive and stay focused about our goals. This book has given me directions to stay positive and inspired me to think that I can achieve anything by staying positive and attracting good things. It inspires me to believe in myself. It helped me to show gratitude towards life, what I already have, what I have right now and what I am going to have; to visualise my goals and work towards them. It also taught me to be patient and calm towards my life.

We often go through life wondering what the secret to success is or assuming it's a mystery that's only revealed to a chosen, successful few. But the truth is that we all have the power to take control of our own future and create the world we want to live in. By simply acknowledging the power of the law of attraction and living into its principles, each of us can unlock the secret for ourselves and reap its benefits.

**Sakshi Chugh**  
XI F

## My Startup Dream

Entrepreneurship is the act of creating a business while bearing all the risks with the hope of making a profit. Each new business launched has an impact on an economy and affect people around it.

As for my instance, I yearn to become an efficacious entrepreneur in the domain of designing. Design plays a complex role in modern industrial societies.

Designers not only create useful products and images, but they also produce and reproduce cultural meanings through those products and images. Designers, who dream to be an entrepreneur, typically spend more time working and composing than the designers who are employees. Designers put their blood, sweat and tears to create or make any product as good as they can. There are designers everywhere working hard right now and the work they do matters more than it ever has before. Designers are creative problem solvers, so each brief represents a fresh challenge.

Designers are naturally curious animals, and you will find yourself thinking differently about the world around you and admiring the smaller details that go into beautifully designed products. I want to be a businessperson in designing field because of several reasons, such as, every day is different for a designer, it can take you in lots of directions, good designers are in demand, learning never stops and gaining a new perspective on the world.

To conclude, I would say that entrepreneurs are one of the most creative and important people in the society.

**Keerat Khurana**  
IX B



## Know Your Freedom Fighters

Tantya Bhil the Indian "Robin Hood" ▪ Freedom fighters were those because of whom today we are living in a democratic country, one such freedom fighter was Tantya Bhil also known as "Tantya mama". Tantya Bhil was born on 26 January 1842 in gram barda tehsil pandhana Madhya Pradesh. Tantya belonged to Bhil tribe of the Adivasi community. He was lean and thin compared to other children when he was born. In Nimad, when the plant of Jowar becomes tall and thin after drying, it is called 'Tanta', hence he came to be called as 'Tantya'. Tantya's mother went to heaven leaving him alone in his childhood. Bhausingh his father did not even thought of second marriage for the upbringing of the child. ▪ His father gave him training for using stick-sling and bow and arrow. Tantya acquired proficiency in archery, wielding sticks and also mastered the art of sling. In his youth, he was tied up in family bonds. After getting married to Kagazbai, his father handed over the responsibility of farming to him. His politeness made him popular. Due to natural outbreak, bad days also have to be seen. Even the food giver farmer is forced to starve. Tantya also faced such a situation. Even the father was no more at such a time, the rent of the land for four years also became arrears. The landlord evicted him from the land. ▪ There was a problem of eating in front of him. After selling everything he had he finally started revolting against British rules and cruelty of landlords. He became the leader of the oppressed Bhils, he was worshipped. He started being respected like a king. His power started increasing continuously. The moneylenders started trembling after hearing the name of Tantya. Police formed a

special squad to arrest Tantya, in which skilled policemen were kept. Tantya Police raided many places, but Tantya was not caught. In 1880, Tantya shook the British rule, when he committed dacoits in twenty-four villages, due to dacoits in different directions and villages, Tantya's fame became like a miraculous legend. He was later caught and hanged on 4 December 1889. He used to loot trains which passed through Patilpani railway station. ▪ Now the station has been renamed as Tantya Mama railway station. On December 4, 2021, Governor Mangubhai Patel and Chief Minister Shivraj Singh Chouhan unveiled a grand statue of Jannayak Tantya Mama made of Ashtadhatu on the sacrifice day of Kranti Surya Jannayak Tantya Mama at Patilpani. The PESA Act was enacted to ensure self governance through Gram Sabhas (village assemblies) for people living in the Scheduled Areas. It recognises the right of tribal communities, who are residents of the Scheduled Areas, to govern themselves through their own systems of self-government. It is time that tribals should not be seen as a single class. It has become necessary that the entire attitude towards them should be made positive. Instead of considering them as a problem, they should be treated as co-citizens. By respecting their right to live life in their own way, we will definitely be able to strengthen the democracy of the country.

**Devansh Pandey**  
XI C

*Life needs a few more polka dots and picnics*

## Trip to Jim Corbett and Nainital



After a long time of staying at home during the pandemic, a trip to Nainital was organized by our school for the students of class VIII. On 26 December 2022, all of us arrived at Rani Kamlapati Railway Station. After the attendance, we boarded the train and began our exciting journey. We had a blast in the train, listening to music and playing games all the way long, we had a lot of fun.

We visited the Jim Corbett national museum, where we learnt about the history of Jim Corbett, animals found in the region and other historic information. We even visited Garjiya Devi Temple, which was beautiful and breathtaking. Jim Corbett National Park Jeep Safari was nothing less than a dream come true for all of us. The forest looked like a place from a fairy tale. The fog gave it an even more magical feeling. We spotted many animals and various species of rare birds. It was an enchanting experience.

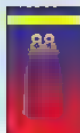
On reaching Nainital we explored the city and the image we had in mind about the hill station improved manifolds as we walked around the Mall Road adjacent to the tranquil Naini Lake, seeping in all the beauty at once. We could even see the Himalayas from a distance. There were paid telescopes to get a better view of the peaks. We



even visited different kind of caves: Ape cave, tiger cave, panther cave, porcupine cave, and bat cave. The caves were so small that we had to crawl and crouch

On 31st December we returned back with bucket full of memories of DJ nights with friends, mystical safari visit, view of serene lakes and majestic H.malayas. The trip was truly amazing. The teachers were very caring and helped us with every issue we faced. Thanks to the school management for arranging this memorable tour for us.

Sukeerti Dwivedi VIII A  
Sharanya Yadav VIII C  
Gaurika Tiwari VIII D





## FIELD TRIP



The Commerce batch of Class XII undertook an educative, informative and interesting trip on 5th November. Our expedition was to "Sanchi Dugdh Sahkaari Sangathan", where we learned the process of pasteurising, chilling and packaging of milk and also the production of various other dairy products. The plant is a cooperative society, recognised under the government of Madhya Pradesh.

On reaching our destination, the factory supervisor took us to the garden and briefed us about the overall functioning of the plant. He also cleared the various doubts we had and was kind enough to be patient with our queries.

We were amazed to see the bulky milk tankers

which stored thousand litres of milk. The most exciting visual for us was the packaging process. Packets of different volumes automatically entered the chilling room of 18 degrees Celsius. Our eyes were enriched with the packaging of ghee, peda, barfi.

After the study experience, we had some fun time too, sitting on the grass, relishing few snacks and taking few snaps. Then we started retrieving and reached the school campus to disperse in silence, without disturbing the regular functioning of our school.

Our deep hearted gratitude to the school management for organising such a meaningful trip for us.

**Class XII**  
**Commerce Section**

## Field Trip to AIIMS BHOPAL



Our school had organised a field visit to AIIMS hospital, Bhopal on Saturday 26 November 2022 for the biology students of classes 11th and 12th. We assembled in the school premises sharp at 10:00 a.m. with masks, gloves and sanitizers as instructed by our in-charge teachers.

In high-spirits we boarded the bus and reached our destination and patiently waited while our in-charge teachers and the junior doctors at AIIMS made the required arrangements to update us with the practical aspects of life.



We went to the Anatomy department's museum where we saw preserved specimens of real human

organs- both normal and diseased.

The junior doctors responded patiently to all our overwhelming queries.

Next, we were directed towards the DH (dissection hall) where the dead bodies known as cadavers are dissected and studied in detail by the medical students. The place where; as they say, "the dead teach the living".

The bones and organs were quite systematically arranged and labeled for us to understand better. We were allowed to touch and pick up the bones and ask questions if we had any doubt.

The site of organs in such condition humbled us and made us realise that this life that we have is a gift to cherish and great are the doctors and medical professionals who constantly work so hard to save lives every day.

We returned by 12:00 p.m. and dispersed in silence with memories and lessons for life.

Arnavi Diwan

XII A



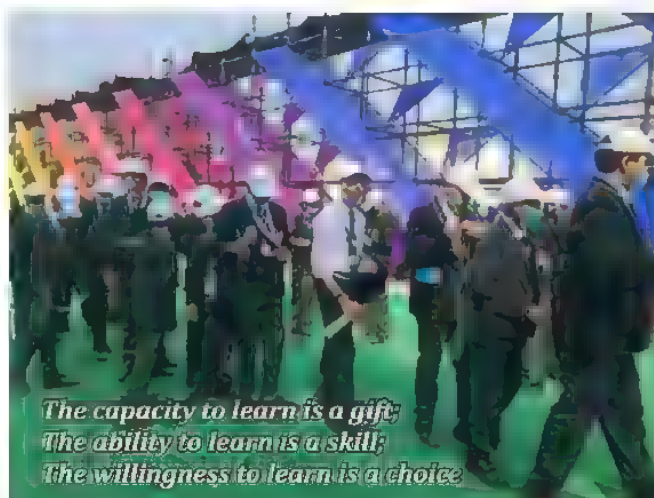


## Face to Face with Frontiers of Science

India International Science Festival 2022  
Marching Towards Amrit Kaal with  
SCIENCE, TECHNOLOGY AND INNOVATION



On 24 January 2023, the students of St. Joseph school attended a seminar, which was organised by the Indian international science Festival at Manit, and was conducted by the chairperson of ISRO, Shri S Somnath. We went there with our teachers and were thrilled to meet him. He held a very productive session and acknowledged us for the emergence of space tech in India. There was a question round where we cleared all our doubts. We learnt many things about how India is growing exponentially in the field of space. He told us about ISRO's future mission. We were enlightened with the fact that NGLV is going to be the next-generation launch vehicle and methane and kerosene are going to be the fuels of the future. He informed us about the Gagan Yaan, Chandrayaan-3



*The capacity to learn is a gift;  
The ability to learn is a skill;  
The willingness to learn is a choice.*

and many more projects. Overall, it was a truly delightful and mesmerizing event. It was a wonderful learning experience outside the four walls of the classroom.

Ziya Khan IX E  
Aviral Dubey IX E







# Juvenile Wordsmiths

*Don't be 'a writer, be writing'.  
William Faulkner*



### My Teacher

Her smile brightens our day,  
Her care makes everything okay.

Her presence makes us feel secure,  
Her heart is huge, that's for sure.

Her daily lesson helps us grow,  
Everything she makes us know.

Thank you for everything you do,  
Dear Teacher, we all love you.

**Aayra Khan**  
III H



### My Mom

Mom is not just a word,  
For me she is the entire world.

Mom is not just a single soul,  
She's a bundle of care and much more.

When I go wrong anywhere,  
She corrects me everywhere.

She's always there for me,  
Keeps taking away my difficulty.

I Love You Mom!

**Nitya Pathak**  
III G





## My English Teacher

I just want to ask my favourite teacher,  
How she is such an amazing preacher?  
She taught us English on her phone,  
Concepts we couldn't learn on our own.  
She's my English ma'am,  
(PS: Today is my exam)  
Let me tell you....  
She is as sweet as sugary strawberry jam.

**Lavanya Pant**  
V A



## Nature

Nature is everything,  
It gives us many beautiful things,  
Trees and oceans are a part of nature,  
It is just a wonderful treasure.

Birds flying so high,  
Big mountains touching the sky,  
Butterflies roaming around flowers,  
Nature is such a superpower.

Nature is beautiful in so many ways,  
Let us protect it from draining away,  
All around us is Mother Nature,  
Preserving it, must be our pleasure.

**Samay Jain**  
V B



**Untangle**

Unscramble the words that show nearby places with the help of the hints given below.

1. I am a place big and wise,  
Children come to me at sunrise.  
Which place am I?  
- **SOCHOL**

Ans - \_\_\_\_\_

2. My symbol is red and white,  
I make people well and right.  
Which place am I?  
- **HPTOISAL**

Ans - \_\_\_\_\_

3. I am a place safe and secure,  
If anything wrong happens, I am the cure.  
Which place am I?  
- **PLCOIE TASIOTN**

Ans - \_\_\_\_\_

4. I am the place from where people go far,  
I cannot fly, but I am longer than a car.  
Which place am I?  
- **RLWAAYI TASIOTN**

Ans - \_\_\_\_\_

5. I help you send written messages to far off places,  
I am slower than a mobile, but I don't run races.  
Which place am I?  
- **PSOT FFIOCE**

Ans - \_\_\_\_\_

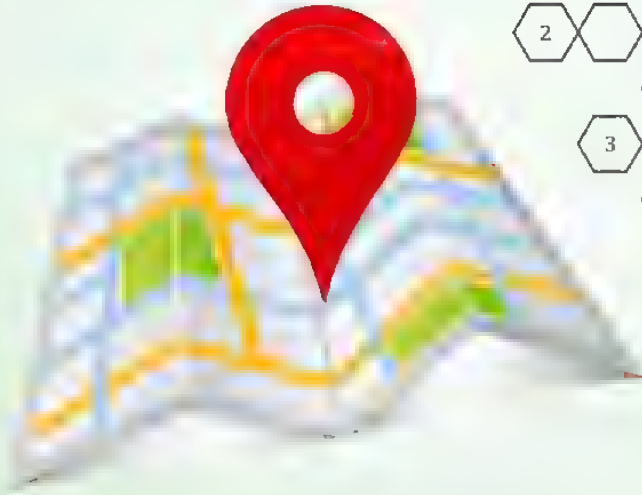
**Answers** – 1- school, 2 – hospital, 3- police station, 4- railway station 5- post office

**Joyce Evan Roberts**

**III B**



## Places are Fun



Fill in the crossword given above, with the help of the following hints.

### Down

1. I am full of crowd and noise, people visit me to get things of their choice.  
Which place am I?
4. I have lots of veggies and spice, I also have drinks full of ice.  
Which place am I?

### Across

2. I have lots of swings and smiles, I am the place where happiness of each child lies.  
Which place am I?
3. I am a place quite and calm, when people visit me, they join their palms.  
Which place am I?
5. I help people save their money, I also have lockers along with their keys.  
Which place am I?

Answers :- 1- market, 2- park, 3- temple, 4- restaurant, 5- bank

Riddhimaan Surve  
II D



**Riddle me out!**

1. What begins with an 'e' and only contains one letter?
2. Which letter of the alphabet has most of the water?
3. Where does today come before yesterday?
4. Tell me a four-letter word that can be written forward, backward or upside down and can still be read from left to right.
5. I have cities but no houses, I have mountains with no stones, I have water but no fish. What am I?
6. I am easy to lift but hard to throw. What am I?
7. What begins with T, ends with T, and has T in it?
8. What freezes when it is heated up?
9. Feed me and I will live, but give me a drink and I will die. What am I?
10. What can you keep after giving it to someone else?

**Answers:**

1. envelope 2. The 'C' 3. in the dictionary 4. noon  
5. a map 6. a feather 7. a teapot 8. a computer  
9. fire 10. your words

**Shachi Shrivastava**

V G

**The World Through the Coloured Glass**

Once upon a time,  
I was walking through the hills,  
I saw some pieces of colourful glass,  
Giving me thrills and chills.

Then I picked up the red one,  
It reminded me of blood,  
I saw the people indulge in war,  
All around the world.

I picked up the yellow now,  
Sunny and bright,  
And it gave me warmth,  
Wow! It was cozy and nice.

I picked up the green one,  
And saw the world through it.  
I found the world very calm,  
In a peaceful and hopeful knit.

**Shantanu Sharma**

III F



### Honeycomb of Words

1. I'm tall when I'm young and I'm short  
when I'm old, what am I?
2. What has 13 hearts, but no other organs?
3. I am present at the beginning of love, the  
start of life and the end of evil. What am I?
4. What spends all the time on the floor, but  
never gets dirty?
5. Take away the whole and some will  
remain?

#### Answers:

Ans: 1. a candle 2. a deck of cards 3. Letter 'L'  
4. your shadow 5. The word 'wholesome'

**Shrishti Kumari**

V G

### Animal Facts

1. Fleas can jump 350 times its  
body length.
2. Hummingbirds are the only  
birds that can fly backwards.
3. The Starfish doesn't have a  
brain.
4. Slugs have 4 noses.
5. Only female mosquitoes bite.
6. Polar bear's skin is black!
7. The only mammal capable of  
flying, is the bat.
8. The shortest living animal in  
the world is the Mayfly. Its  
entire adult lifespan is just 24  
hours.
9. Koalas can sleep for up to 22  
hours a day.
10. Axolotl are able to regenerate  
lost limbs and body organs.

**Jeeya Katarwar**

III D



## Summer with Birds

As soon my summer holidays were declared, I started planning for them. But my parents could not take leave so my grandmother decided to take me to my maternal uncle's home which is in Gwalior. I was very excited to meet my uncle, aunt and all my cousins.

My uncle's home has a beautiful lawn and many big trees that gives it a mini forest look, where many birds like sparrows, pigeons, parrots and peacocks visit each day. It was very fascinating to watch all the birds perching on the trees and hopping on the grass, particularly the peacock, which was a treat for our eyes.

Many a times my cousins and I wanted to have a close look at the birds. Their soft feathers and charismatic colours always tempted us to touch them. But it could never happen as they always flew away being so alert and agile.

My grandmother who watched our activity everyday used to laugh and say, "If you love and care for them, they will come to you." So, we started giving food to the birds and keeping water pots as the temperature was rising due to summer. As the heat rose, we were forbidden to go out of the house, by our elders. I felt sad, as bird-watching was a part of my daily routine then. It was very entertaining and eye-pleasing.

So, we thought of a way. We used to peep from the windows and see them eating the grains. By the first week of June, the temperature favoured our plan to meet the birds again. To our surprise, the birds were not scared of us now. We sat close to them on the lawn and used to stroke their soft feathers. They finally understood that we loved them and reciprocated by allowing us to show our affection.

I wish to visit my uncle's house every year and am excitedly waiting for my next summer vacation.

**Mudita Satish Kumar**

IV B



## My Hobby

It is said, 'All work and no play, makes Jack a dull boy'.

Daily routine makes our life monotonous. To break this monotony we need some activities that are interesting, entertaining, relaxing and can refresh our mind. These activities are known as hobbies.

Hobby is an activity that we do when we need time off from work. My hobbies are photography and videography. I like making funny skits, hyper lapse videos and click photos of plants and my pet dog. I love editing too. Editing is what makes the videos more interesting, for example- adding music, effects, texts, stickers etc. These features make the videos a lot better than the original ones.

I wish to become a great video editor one day. I know it will take some time, but I feel I've chosen the right way to learn- 'Grab a camera and give it a try'.



**Diya Venkatesh**  
V C



## Playing with Numbers

1. Add 4 to itself and then divide it by 2. Which number will you get?
2. I am a number you get when you add the number of sides of a rectangle and a square.
3. I am a number more than 10 but less than 14. I am one more than the number of months in one year. What am I?
4. My tens digit is a one. When 48 is divided by 3, I am the answer. Who am I?
5. Why is six afraid of seven?

Answer: 1) 4    2) 8    3) 13    4) 16    5) Because seven is after six

**Shivansh Nair**  
IV G

## Bravery of Wolverine

Once upon a time, there lived a wolf in a jungle. His name was Wolverine. He was very powerful and kind and was the leader of his pack. Wolverine loved his mates immensely. They all used to play and hunt together.

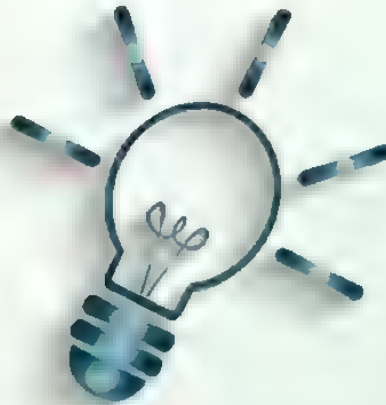
One day a monster attacked the jungle and everyone was scared. The monster was none other than a mountain lion who came to this forest for his prey. Wolverine fought the monster bravely, but was severely injured by it.

His brother wolves helped him kill the monster, but as he was hurt, his wounds worsened and he fainted. All the other wolves took Wolverine to their lair and cried and howled in agony as they were worried for their leader. They applied a paste of medicated leaves on his wounds every day.

After two days, Wolverine regained consciousness and his brother wolves howled happily.

From then, they all lived peacefully in the jungle.

**Shruti Sharma**  
IV C



## Fun Facts

1. A shark is the only known fish which can blink with both eyes.
2. Snails have 14,000 teeth and some can kill you.
3. Crocodiles cannot stick their tongue out.
4. Iceland is the only country in the world with no mosquitoes.
5. Yawning cools your brain.
6. Caterpillars have 12 eyes.
7. Wearing headphones for just an hour could increase the bacteria in your ear by 700 times.
8. A duck can't walk without bobbing its head.
9. When recognizing a person's face, you use the right side of your brain.
10. You can hear a blue whale's heartbeat from two miles away.

**Satvik Shrivastava**  
V C

## Spin a Yarn

*Creativity enhances imagination. Thus, our creative Josephites wove three exciting tales from a common thread of introduction which was, 'Hamid was travelling to a faraway village with his camel in the middle of a desert.....'*

### One Day in a Desert

Hamid was travelling to a faraway village with his camel in the middle of a desert. He was very tired as he was walking since morning.

Suddenly, he saw an oasis. As he was very thirsty, he quickly reached there and saw a man drinking water from it. The man was also travelling to the same village with his camel. Hamid went near him and said, 'Hello! What's your name?' The man replied, 'My name is Mirza and I am a trader. As he was also traveling on the same route, they both started walking together. The man was carrying gold coins in one of his bundles. Hamid thought that if he robs Mirza, he will become very rich.

They both decided to take a break as they were hungry. Mirza went to the nearby date palm to get some dates. Hamid quietly walked towards Mirza's camel to steal the bag of gold coins, but Mirza saw him. He quickly ran towards his camel to stop Hamid but he could not utter a word because he saw a sharp knife in Hamid's hand. He knew Hamid would harm him if he said anything. As they reached the village, Mirza quickly went to the police station and complained about Hamid and got him arrested.

**Manan Nayak**  
V C

### An Enchanted Tree

Hamid was traveling to a faraway village with his camel in the middle of a desert. He was feeling very tired. Suddenly he saw a big tree with golden leaves. He was surprised to see such a tree and became curious. He went near the tree and observed that the tree trunk was hollow with a big hole in it. He heard some strange voices coming from within. As he went near and peeped in, he saw a hidden ladder hanging inside the hollow tree. He thought something was fishy and decided to check. As he was suspicious, he took out his axe from his camel's back and went inside the tree trunk through the ladder. He went down and saw tiny gnomes and elves dancing on a melodious tune. He then realised that the tree was enchanted and it was a home to these mysterious creatures.

The gnomes and elves saw him. They looked into his eyes and gauged that Hamid was a simple and harmless man. They warmly welcomed Hamid to their celebration. Hamid thoroughly enjoyed this mystical evening. When he was leaving they gifted him a treasure chest as a souvenir.

**Nityant Tanwar**  
V C

### The Magical Tortoise

Hamid was travelling to a faraway village with his camel in the middle of a desert. After a few hours they reached a place which looked like an island. The scenic beauty of that island was mesmerising. Hamid was very thirsty so he looked here and there and saw a pond. He quickly went there to drink water but as he dipped his hands in the water he heard an enchanting voice. He looked behind and saw a tortoise. He was surprised to see a talking tortoise. The tortoise said, 'I am Azure, the keeper of this pond. You cannot drink water without my consent.' Since Hamid and his camel were very thirsty, he asked for Azure's permission. The generous keeper agreed but kept a condition. He told Hamid that he wishes to eat a rare exotic fruit, 'Rambutan', as he was very fond of it. Hamid readily agreed but told Azure that he can fulfill his wish only when he returns.

The tortoise asked Hamid, 'Where are you going?' Hamid answered that he was going to a faraway village. Then the tortoise warned Hamid. He said, 'If you do not fulfill your promise, you will remain trapped in the pond for your whole life.' Hamid said, 'I'll never break my vow.' Happily, the tortoise called a big bird, Aragon, who took Hamid and his camel to the village. When it was time to come back, Aragon brought him back to where Azure reminded Hamid about Rambutan. Unfortunately, Hamid had forgotten to fulfill Azure's wish. The pond's keeper was very angry and trapped him in the pond forever.

**Ranak Chourasia**  
V B



## अनमोल वचन

1. जीवन में निराशा से बड़ा कोई अभिशाप नहीं।
2. दुखों का छुटकारा धन से नहीं धर्म से होता है।
3. सच्चे मित्र उन्हें मिलते हैं, जो स्वयं ईमानदार होते हैं।
4. सुख और संपत्ति मिले, तो भी भगवान का भजन मत छोड़ो।
5. ईश्वर जो कुछ करता है, अच्छा करता है।
6. परमात्मा पूजा का नहीं, प्रेम का भूखा है।
7. आप भगवान को नहीं देख सकते, पर भगवान आपको निरंतर देख रहे हैं।
8. अपने सुख के लिए दूसरों को दुखी मत बनाओ।

आदित्य तिवारी

कक्षा - 5 'ए'

## सब्जी मंडी में मची धूम

गाजर की जब से दुई है शादी,  
सुनकर मूली हो गई आधी।  
टिंडे के घर जब, फ्रिज है आया,  
आलू को यह नहीं सुहाया।  
टमाटर घूमे गाल फुलाए,  
प्याज उसको पसंद न आए।

कदू दिन-दिन पसर रहा है,  
डाइटिंग करने से डर रहा है।  
भिर्ची को जब गुस्सा आया,  
उसने लौकी को काट खाया।  
शकरकंद से भिड़ गई शलजम,  
ढोल बजाए गोभी दम-दम।

भव्या ढोके  
कक्षा - 2 'बी'



## लक्ष्य हमें मिल जाएगा

नन्हा बीज यदि बो दें हम, वही वृक्ष बन जाएगा।  
अच्छे-अच्छे काम करें तों, देश बड़ा बन जाएगा।।  
यदि ईंट पर ईंट रखें तो, महल खड़ा हो जाएगा।  
छोटा सा एक दीप जला दें, अंधकार मिट जाएगा।।  
बिना रुके चलते जाएँ तो, लक्ष्य हमें मिल जाएगा।  
मधुर बोल यदि हम बोलें तो, अपनापन बढ़ जाएगा।।  
बूँद-बूँद घर में डाले तो, घड़ा शीघ्र भर जाएगा।  
हम सब मिलकर करें सामना, शत्रु नहीं टिक पाएगा।।

कृतिका जैन

कक्षा-5 'जी'



## पिता

मेरा साहस मेरी इज्जत, मेरा सम्मान है पिता।  
मेरी ताकत मेरी पूँजी, मेरी पहचान है पिता।।

घर की इक-इक ईंट में शामिल, उनका खून-पसीना।  
सारे घर की रौनक उनसे, सारे घर की शान पिता।।

मेरी इज्जत मेरी शौहरत, मेरा रूतबा, मान है पिता।  
मुझको हिम्मत देने वाले, मेरा अभिमान है पिता।।

सारे रिश्ते उनके दमसे, सारे नाते उनसे हैं।  
सारे घर के दिल की धड़कन, सारे घर की जान पिता।।

शायद रबने देकर भेजा, फल ये अच्छे कर्मों का।  
उसकी रहमत उसकी बेअमत, उसका है वरदान पिता।।

नव्या चन्द्रोल  
कक्षा-5 'ई'



## ट्रैफिक पुलिस

Red को देखो Yellow को देखो,  
देखो फिर तुम Green,  
सड़क पर रखो याद तुम,  
बाते हैं ये तीन।

ट्रैफिक पुलिस बताती हमको,  
दाएँ चलो या बाएँ,  
सारे नियमों को हम माने,  
गलत तरीके न अपनाएँ।

जो करते नियमों का पालन,  
वो हैं सच्चे हिंदुस्तानी,  
उसको सदा ही मिलती खुशियाँ,  
जिस्से अच्छी बात है मानी।

आरोन जॉन रंजीत  
कक्षा 1 'ए'



## समय

समय का पहिया बढ़ता जाए,  
बढ़ते-बढ़ते यह सिखल जाए।  
जीवन में न लेना तुम विराम,  
बढ़ते रहना तुम निष्काम।  
धीरज, संयम रखो पास,  
जीत की न छोड़ो आस।  
जो तुम कहीं ठहर गए,  
समझो तुम पिछड़ गए  
जो जीवन में बढ़ते जाते,  
जीत वही है हमेशा पाते।।

प्रथमेश दत्ता  
कक्षा 5 'एच'





## क्या आप जानते हैं...

1. यदि आप किसी मकड़ी को आग में जलाओगे तो बम की तरह फट जाएगी
2. आसमानी बिजली में 10 करोड़ वाट से भी अधिक करंट होता है।
3. दुनिया में कुत्तों की कई नस्लें हैं लेकिन ब्लड हाउंड ही एकमात्र ऐसा कुत्ता है जिसे कोर्ट में सबूत के तौर पर पेश किया जा सकता है।
4. मगरमच्छ की पाचन शक्ति इतनी जबरदस्त होती है कि वो लोहे को पचा सकता है।
5. नारियल एकमात्र ऐसा फल है जिसके पानी को जरूरत पड़ने पर खून के प्लाज्मा की जगह चढ़ाया जा सकता है।

रिद्धिमान सुर्वे  
कक्षा - 2 'डी'



## शिक्षक

हे शिक्षक

मैं जानता हूँ और मानता हूँ कि ना तो हर व्यक्ति सही होता है और ना ही होता है सच्चा। किन्तु तुम्हें सिखाना होगा कि कौन है बुरा और कौन है अच्छा, उसे यह भी सिखाना थोखे से सफलता पाने से असफल होना सम्माननीय है अपने विचारों पर भरोसा रखना अधिक विश्वसनीय है चाहे अन्य सभी उनको गलत ठहराएँ किन्तु खुद पर बनी रहे आस्था, यह विचारणीय है।

अहान जुबेर उल्ला

कक्षा - 4 'एच'

## मेरी दादी

मेरी प्यारी-प्यारी दादी,  
सबसे सुंदर न्यारी है।  
जो मैं कहती वो सुनती है,  
बहुत लाड लो करती हैं  
मुँह के भीतर दौत नहीं है,  
कुछ ऊँचा भी सुनती हैं।  
दुबले पतले हाथों से वह,  
स्वेटर मेरा बुनती हैं।  
छोटे छोटे कौर बनाकर,  
मुझको सदा खिलाती हैं।  
राजा रानी वाले किस्से,  
मुझको रोज सुनाती हैं।  
मम्मी मुझे डाँटती हैं जब,  
दादी मुझे बचाती हैं।  
बड़े प्यार से हाथ फेरती,  
अपने पास सुलाती हैं।

लहर चांदवानी  
कक्षा 3 'सी'



## पढ़ने हमको है जाना

छोटे छोटे पाँव हमारे, लम्बे - लम्बे हैं रास्ते  
चढ़ते हमको है जाना, मस्ती करते हँसते हँसते ।।  
कलम-पट्टी अब सखा हमारे, वीणा वादिनी के हम बच्चे  
ज्ञानार्जन अब धर्म हमारा, मन के हैं हम सब सच्चे  
प्रिय विजय बाल भारती, अक्षर ज्ञान कराती है  
जोड़ घटाना, गुणा-भाग गणित ही सिखलाती है।  
गोल है धरा हमारी, यह भूगोल सिखलाता है  
आस-पास का ज्ञान हमें, विज्ञान सिखलाता है।  
पढ़ना अब हमको है आता, कॉपी किताब से है नाता  
पाठशाला है कर्मभूमि हमारी, गुरु ही है भाग्य विधाता ।।

फहद अली  
कक्षा - 4 'एच'

## Best Gift In My Life - My Parents



Your parents may not be perfect but they are the most precious gift God has ever given you.

Parents are the people who brought us into this world, the people who no matter what, will always put their needs after yours, for whom you are the world. They are the ones who selflessly do anything for you

Despite all their bounteous love, many of us don't realize what all they endure and go through. We are so busy growing young that we often forget that they are growing older. People may come and whisper sweet things into your ears, but the ones who stick by your side forever are your parents.

Parents will criticize you for your mistakes but will always forgive you. They never

want you to take the wrong turn. There is something that you think is correct but your parents do not agree. Go ahead, share and convince them, and if your decision satisfies them, they will not pull you back. They never tell you the predicaments they have faced because of you. Neither do they count the numerous things they do for you daily.

So, bow in front of them and respect them. Love them and treat them with care, you know their value only when you see their empty chair. You are so lucky that you have parents. So, never disappoint them because, 'THEY ARE THE PRECIOUS GIFT GIVEN TO YOU BY GOD'

**Sakshi Kushwaha**  
VI C



## Language of Colors

Color has its own language. Every color tells a different story. Color itself adds beauty in the nature and mesmerizes the environment. Every color fills happiness.

For me, every color gives joy, happiness and confidence. It also gives a different attitude with great thoughts. When I see colors, I feel every color telling me a different story and it teaches me a lesson to live a happy and joyful life.

### There is a saying –

*"Without colors, there will be darkness in life"*

Every color has different meaning like

Yellow is for glory and brightness. It inspires me to shine bright and live with glory.

Red color depicts lots of love and affection. It also tells us to spread love all over the world.

Blue color shows lots of vastness. It inspires us to be as vast as the sky is and it tells us to dream high and fly high, so, in the same way I also want to fly high in the sky.

White is a unique color which shows silence and peace. This color teaches me to remain silent and peaceful in difficult situation. By this, I learn that no difficulty can defeat me. My peaceful mind and silent nature make me overcome the difficult situation. So, whenever I see white color, I feel peaceful and powerful too.

Green is for expansion and pleasantness. The color of plants is green. So, when I see plants I feel pleasant.

Pink is for festivity. When colors fly, the season of festivity arrives and charm of nature comes in life.

Where there is color, sadness disappears, but

hope and life come and make us energetic. No color remains silent. Every color speaks a different language.

### Colors say:-

*"Dream high*

*Think positive*


*Be energetic*

*Live with freedom and happiness."*

**Poorvesh Jain**  
VII 'D'



## Flowers of Sincere Efforts



In ancient times, the schools were in the form of gurukulas. In these gurukulas, Rishimunis used to teach skills required for living, using arms and following religion, to their disciples. Dhaumya Rishi, in his gurukula asked his disciples to farm a land; to learn farming techniques. All the disciples needed to swim across a river, cut trees to reach the farmland everyday. Everyone was required to put great hard work to do this farming. All used to come back to gurukulas, late in the evening, almost wet in their sweat. And these drops of sweat often fell on the river bank. It went on like this for months and one fine day, these disciples noticed that there were flowers on the river bank and in the valley. Amazed, they asked their guru about the reason for the fragrance of these flowers. Dhaumya Rishi, their guru, called them up and told them that those were the flowers of their sweat which they wiped on the river bank. They toiled for these months and got an unexpected reward in the form of those flowers.

He said, "You worked hard and you got the outcome in the form of these flowers on the river bank where your sweat had fallen".

Moral of the story is: Sincere efforts lead to pure happiness.

Compiled by:

**Nilaya Dhote**  
VIII B

## The Magic of Books

Often people say that magic does not exist. Well, these people have not read books. We, as people who love books believe that magic exists as words on a page. You never know where those simple words might transport you; you never know how a few pages of mere words may move you; you never know how a book could make you feel a rush of emotions you never felt. Today, with just a few words on this page, let me introduce to you, the magic of books.

There are different kinds of magic in different types of books and you never know what kind of magic you'll fall in love with. You will find enchantment in every story.

It might be about a boy who lived under the stairs and then went on to defeat an evil sorcerer, or rather it might be about a girl with a bow and arrow who takes down the corrupt government, or rather, it might be about a man in London who smokes a pipe and solves baffling cases with his partner, or rather it maybe a simple story where two people fall in love.

"Books are a uniquely portable magic"

One of the best things about books is that they can make you feel a dozen of emotions and feelings, without even making you move in your seat. They can make you curious as they introduce you to characters that make a place in your heart, befriend you, characters that are absolutely real to you, so real, that their pain becomes your pain. They can have you biting your nails nervously as you root for these people that breathe in the words on the paper. They will have you praying for them

to survive their hardships, hoping that they finally have their peace. They can have you laughing and gasping out loud. They will have moments you will remember more clearly than the definitions you learned for your exams. They will have you crying and sobbing at their deaths. People around you will ask, "Why are you crying about the death of a person that doesn't even exist?" The answer is simple. They were real to you. Books might also make you cry as they end. It may be because of a sad ending as after all the struggles that the characters went through, they still didn't have their happily ever after, or they might have a happy ending, and you may be crying happy tears as you see characters who were in so much pain finally get their happy ending; or you might be in tears because the story you may have found a home in, may have found serenity in, has come to a close. It's almost like you have to bid a close friend the last good bye.

So, in the end, all I have to say is, explore this magic and treasure. Go on the adventures with characters in whom you find comfort. Maybe read about solving daring cases, fighting fears in a haunted house, having a whirlwind, or a tragic love story, a quest with friends to save the world from evil, or duelling with a wizard or a dragon. And always remember, in the words of the brilliant author

Stephen King – "Books are a uniquely portable magic."

Sharanya Yadav  
VIII C





## Who Thought We Would Miss That

Who Thought We Would Miss That !  
From the long hall.

To the building tall.  
From the blue borrowed pen,

To the lunch at ten.  
From the exchanged food,

To the good bad mood.  
From the laughter and smile,

To the chalks fragile.  
From boarding the school bus,

To homework we should do, must.  
From the black shoes,

To the friendly enemies that we attack.  
From the two ponytailed hair,

To the teacher's strict stare.  
From friends one and all.

To kids small and tall  
From the school dress,

At the end of the day, it would be a mess.  
From teachers with life lessons,

To think why life throws lemons.  
From asking the silliest doubt,

To the teacher's angry shout.  
From the race to answer first,

To quench our thirst.  
From wishing in school not to stay,

To sweating like a pig in May.  
From the sports bat.

To the bench on which we sat,  
Who would have thought we would miss that.

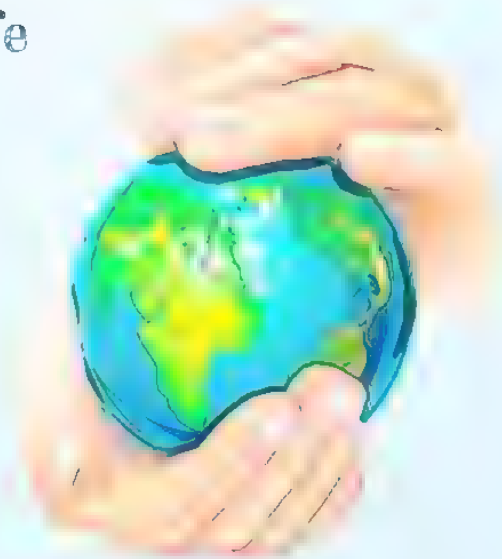
**Sharanya Yadav**  
VIII C



## Save Earth, Save Life

Save Earth, Save Life  
Save the Trees, Save the Trees,  
Because they provide us with a charming breeze.  
Save Water, Save Water,  
To prevent the Earth from becoming hotter.  
Save the Soil, Save the Soil,  
Before the matters come to a boil  
Save the Environment, Save the Environment,  
Do not harm it for your excessive requirements.  
Save the Earth, Save the Earth,  
Because it is the place of your birth.

Shreya Singh  
VIII E



## Fun Time



- Teacher: Name a conductor of electricity.  
Rohit: Why..er...  
Teacher: Wire is right. Name a unit of electrical power.  
Rohit: What?  
Teacher: The watt is correct!
- Father: Rahul, why aren't you doing well in History?  
Rahul: Because the teacher keeps asking me about things that happened before I was born.
- Mohit: I have very low iron levels in my body  
Adi: How do you know? Did you get a blood test done?  
Mohit: No, I used a magnet to test.
- Father comes home after picking up his son Kartik from school.  
Father: He was crying the whole way home. Is he sick?  
Mother: No, he was just trying to tell you that he isn't our Kartik.
- Sonali: What would you call BurjKhalifa when it gets old?  
Mani: BuJurg Khalifa!

Nimit Malkani  
VIII H

## Azadi Ka Amrit Mahotsav



Celebrating 75 years of India's independence; moreover it's not just about gaining independence, but also about developing from a faith where people were dying because of hunger, migrating from place to place to standing as the country of geniuses and country of traditions. Our flag is not just the three colours flying together; it's the long story about millions of people who lost their loved ones, it's about the fire in every Indian's heart; about living a free and equal life; it's about the brief stories of struggle. When we bring to mind the voyage of free India, the protests, the pain in people's hearts, the marches, the atrocities done to us, basically the fire in our hearts gets lit up, and that's the main ambition of this curriculum. This was started by our 15th Prime Minister Mr. Narendra Modi to light the fire again in the hearts of the citizens to be more patriotic and value our country more. When we state ourselves as Indians, we also denote that we come from a country that preaches non-violence. We mark that we belong to a country of brave warriors. We also highlight that we are from a country that taught the world the better way to live, a country which scripts its excellence in every field it enters. From sports to space, we have successfully recorded ourselves as one of the best space agencies and a country that is blessed with sportsmen and sportswomen. Talking about diversity, our country is a home to more than 100 languages, 700 different tribes and nine major religions. For us, it's not just the country, it's our motherland. So the celebration has to be special and we are making it special by celebrating this Mahotsav; by hoisting a flag at every house (Har

Ghar Tiranga), making the future taxpayers aware about the income tax through awareness programmes, taking out rallies to value the worth of this freedom, throwing momentous parties to remember our freedom fighters and the theme for 2022 Independence Day was "Nation First, Always First". We celebrate the pride of each Indian and the sacrifice of each Indian freedom fighter. It's a 75 day celebration which highlights the glory of our motherland and enhances the proud vibes of being an Indian citizen, where everyone is treated equally, where guests are next to God, where women are mentioned as Goddesses (Devi). A land where rivers are playing around, where Himalayas are the crown, where Indian Ocean is stated after the name of our country. We should be proud while celebrating this Mahotsav; we should remember the progress we made. Our pride should touch the sky. Pay homage to the ones who sacrificed their lives for the country; like no big deal. We can at least worship their good deeds as they gave us the rights that we have today. With that, one should always remember"

"Swaraj is my birth right and I shall have it".

Bal Gangadhar Tilak

JAI HIND'

Name: Navya Rathore

Class: IX A



## Nurture the Nature



It is a boomerang!

Nature will nurture you forever!

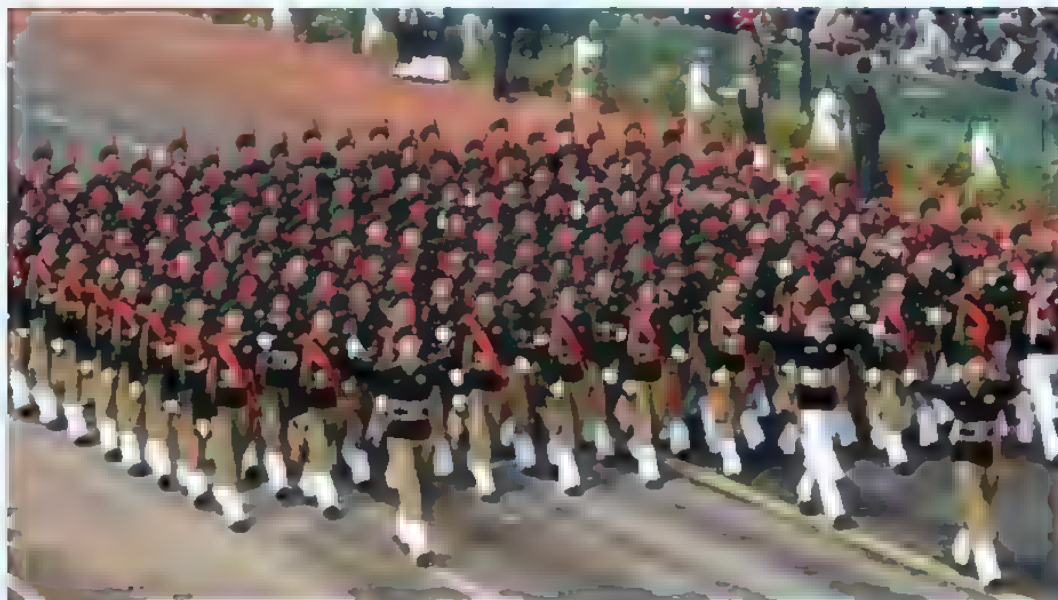
Nature consists of all the plants, animals, etc. in the universe. In the ancient times people used to nurture the nature by conserving forests, caring for trees and animals. Nature in turn gave a healthy and a clean environment for human beings to sustain. This behaviour granted an extension of life span, resistance against diseases and many more benefits to humans. In contrast, today humans are neglecting nature. They are damaging nature's resources, especially forests and minerals, and are defiling the environment and the ecosystem. According to a study, the average age of New Delhi, the capital of India has decreased by 7.9 years due to various types of pollution. A human which had an average life span of 70-75 years now has a life span of not more than 65-70 years. Nowadays people are prone to many kinds of diseases. Global warming which is caused by the imbalance in level of carbon dioxide in the nature due to excessive use of fossil fuels and other human activities has led to many problems. Melting of icebergs and glaciers due to global

warming has augmented the risks of pandemics because some microorganisms which Science does not know till date have been found in glaciers at various places and according to microbiologists these microorganisms can become a cause of agony for entire humanity. Global warming has resulted in drastic climate change. Obliteration of flora and fauna has led to an increased risk of outbreak of a crop disease because we never know what kind of disease will affect which kind of crop and to protect the crop from damage we have to develop a crop resistant to that disease with the help of the plants of the same species in the wild. If we destroy flora and fauna we would not be able to develop a disease resistant variety of that crop. This can cause severe food crisis and can damage food chain.

Hence we should try to nurture nature by preserving forests, natural resources and helping it to grow and spread. Consequently, the nature will also help us to sustain.

**Amay Chourasiya**  
IX B

## NCC: A True Step Towards Youth Development



The learning and experiences of an NCC cadet may have a significant impact on his ideals, career choices, values and overall attitude towards life. The NCC's main goal is to inculcate character in young people, both male and female cadets, so that they may become excellent citizens and future leaders in every field. Those who join the NCC will be held to a high standard of conduct. In reality, the discipline and optimism taught to an NCC cadet has a significant impact on the way he/she leads the life.

It fosters the attributes such as social responsibility, teamwork, leadership, discipline, and self-assurance. NCC instills in young people a feeling of nationalism and a secular vision that contributes to the nation's development. The NCC has evolved from a military-oriented organization to a real youth development organization with branches throughout India.

The NCC offers a diverse range of activities divided into five categories. Among these, Institutional Training is the most important one, and it involves yearly training camps, weapon training, flying, and sea training, among other activities. NCC raises the standard of its cadets in the job market and assists them in setting-up and accomplishing their life goals. NCC cadets are immediately identifiable in the workplace because they appear more confident, disciplined, adaptable team players who are ready to take up new challenges and tasks which would contribute to the development of the organization and the nation as a whole.

**Aarna Bhatia**  
X E

## Childhood

The way we laugh,  
The way we smile,  
All the nights that passed in childhood life,  
As we slowly grew, we left them all behind  
With a looming fear that those smiles would  
never come back.  
Childhood is a gift of God,  
What people said, I used to nod.  
Much has changed with the passage of time,  
But life remains sweet and sour as lime.  
As a kid, I dreamt of being an adult as fast as  
I could,  
But childhood was so much fun, I  
understood.  
I hope to have those days come back to me  
With the tickles and laughter setting me free.  
Childhood is the best gift one could get,  
To lose this life, one would regret.

**K. Preethika Prakash**  
IX C



## Life is Too Short

Life is too short to worry  
Life is too short to be sad  
Life is too short to think about everyone else  
Never count your days,  
Never count your years,  
Count your blessings that,  
Who you are and who you need to be.  
Bad days will come and go,  
Life is too short to regret  
What you did wrong to deserve them.

Life is too short to praise others ,  
And pick out our problems.  
So, let your light shine so brightly  
That, others can come up to you and say,  
"One day, I want to be just like you".  
That's the real success

**Mansi Agnihotri**  
IX H





## Wonders come in small packages

Bestowed with numerous achievements and awards, the state of Sikkim is hailed as a land of peace and tranquility.

'Mt. Khangchenjunga, it's true, wonders come in small packages.'

During my summer vacations this year, my family and I took a much needed vacation to the beautiful hill stations in northeast India. We boarded our flight from Raja Bhoj International airport and reached Bagdogra Airport in West Bengal within 6 hours.

We travelled by car for seven hours to reach the beautiful Himalayan town of Gangtok, which happens to be the capital of Sikkim. We instantly fell in love with the city's tranquility and charm. The gigantic mountains touching the clouds and heart stopping sights made all our exhaustion wash away and we found ourselves amazed at the sheer beauty of the place.

The weather in Gangtok was slightly chilly and we experienced light rain sometimes. The roads were very steep and slippery but it was impressive to see all the people drive carefully and skillfully avoiding any mishaps. During the course of the next three days, we went sightseeing to beautiful lakes like Tsomgo lake and sunset points and visited local temples like Ganesh Tok, Hanuman Tok and Buddhist monasteries. We even sat and prayed in the monasteries while the monks chanted and played traditional instruments during the prayer. The calm and peace we felt in those moments was overjoying and we enjoyed the experience thoroughly. The alluring sights of high mountains and waterfalls took our breath away and we basked in nature's refreshing beauty. We absolutely loved the local food and had "Nepali Thali" for the first time which tasted heavenly. Having hot momos during sightseeing in light rains, on short breaks was amazing. We ended up eating momos every day.

Also, we went to "NathuLa Pass" located at a height of 14,000 feet and about three hours away

from Gangtok city from where we saw the Indo-China border physically. It was an overwhelming and emotional moment to see the Indian army manning the border and definitely made us feel patriotic and proud. But we were quite disappointed that due to heavy fog and rains, we could not view the majestic Kangchenjunga, which is the third highest mountain in the world.

Then we travelled by road to reach Darjeeling and also went river-rafting in the Tista river. It was tiring to row against the river's flow but we absolutely enjoyed the exhilarating and adventurous activity. We visited three different tea plantations and tasted the aromatic and original tea they offered. We liked the flavors so much that we bought some tea leaves for all our friends in Bhopal.

Also, we crossed the Indo-Nepal border and went to Pashupati Market in Nepal where we had lots of fun shopping. Then we took a ride in a toy train which showed us around the town while passing in between main markets and hotspots. It was really amusing and pleasant to see local people interacting and they always stopped to smile and wave at us.

Our two days' stay in Darjeeling was filled with lush greeneries, breathtaking views and lots of tea gardens.

Sadly, our six days' trip came to an end and it was time for us to go back. We boarded a flight from Bagdogra airport and landed in Bhopal. We had a blast throughout our journey and enjoyed every moment spent together.

This short escape into Mother Nature's lap gave us fond and lovely memories to be cherished for a long time. Gangtok and Darjeeling with its peace and tranquility, gave us so many beautiful and mind-blowing experiences that made me believe that "Wonders do come in small packages".

Anuj Pillai  
IX A

## Bullying

Have you ever been bullied? Have you ever cried yourself to sleep every night just because you don't want to go to school the next day? Have you almost risked your own life just because you don't want to live anymore? Being bullied by the people around you really changes one's lifestyle and perception in life.

So, what is bullying?

Bullying is an unwanted, aggressive behaviour among school going children, that involves a real or perceived imbalance. Bullying is all around us, no matter what one believes or has done, one has most likely bullied someone.

There are different types of bullying--

- 1) Direct bullying- It involves direct contact.
- 2) Indirect bullying- It does not involve direct contact.
- 3) Emotional bullying- Causes emotional hurt to another person.
- 4) Cyber bullying- It uses electronic means to cause hurt.
- 5) Physical bullying- Use of physical actions to intimidate.
- 6) Verbal bullying- Involves insults, taunts, name calling and other types of verbal abuse.
- 7) Social bullying- The use of various means to damage or destroy someone's social relationships.

Bullying may lead to disastrous results and the people practising it can be more destructive than a weapon destroying the self-image and confidence which may be hazardous for the growth of an individual.

**Animesh Nema**

X H

## The Monster in My Head

I cannot hide from myself anymore  
Using poems to describe my insides;  
They are not as colorful as I hoped,  
But they are true;  
And they keep whispering.  
My present seems to have paused,  
I don't feel confident like a lion,  
Therefore I must be a fraud.  
Some days one cannot appear strong,  
Or easy or still,  
Constantly trying to rebuild,  
Nothing times nothing  
Is more nothing.  
Being numb is also the outcome,  
The end result of poetry,  
Does not reveal a hero in me;  
Some day it will.  
I make life more difficult than it needs to be;  
I've never mastered simplicity,  
So fill this bowl with hot water,  
And drink with honey,  
Get out of my head,  
O Monster in me.

**Anjori Saxena**

X B





## The Magic of Books

### A GENTLE REMINDER!

We often feel tired, not because we have done too much, but because we've done too little of what sparks a light in us. - Alexandra den Heijer

To My Dearest Reader,

Despite all those days when you feel like you don't want to get up from the bed, despite all those taunting and comments you get from the people around you, despite all the bad things that happen to you which make you just want to scream and go into a slumber...

I want you to know that, you shouldn't quit. I know it's a clichéd phrase and you are probably tired seeing this everywhere.

But on those days where your mind wanders off to your past decisions and regrets, when you find yourself preoccupied with your thoughts, when you feel that all the time you're spending on a particular thing is going to go down the drain, on those days I want to remind you that:

### "DON'T QUIT"

It's okay if all you've ever done in the whole day is just eat, sleep, and repeat. It's okay to binge watch your favourite web-series. It's okay if on some days you feel not to study and just lie in bed, sleep.

And you know why exactly it is 'okay'?

It is, because, it's absolutely right to take a break and do something which makes you happy and your mind relaxed. You need a break. And it's okay to have one as simple as that. I mean, why do you think God has created Sundays, huh? (But hey do make sure, you take a "break" after you have done something to deserve it. Don't lie to yourself!)

So, my dearest reader,

Know that your hard work is going to pay off one day, all those things you have dreamt of are going to come true, your parents are going to be super proud, you're going to see the shine and pride in their eyes, and that smile, on their face that you always wanted to see. You're going to be proud of yourself, and you're going to be grateful to your old self who got out of bed and made it through the day. The old self, who had a burning fire inside him/her and who didn't let it get extinguished until the very end.

When the going gets tough, the tough gets going.

**Kevalya Jain**

X G



## Technology Limits Creativity

When was the last time you were given a project to write about a topic and you really had used your own thoughts and put it in words rather than just googling it and copying down a Wikipedia article?

Might have happened when there wasn't an access to the internet

The predominance of technology and smartphones in particular has led to many new suggestions that creativity is being killed by our reliance on these gadgets. Kids and even adults nowadays have their heads in their phones, tablets and laptops and lack imaginative activities that help them to promote creativity. In today's world we can find everything online somewhere, and we don't give ourselves a room to innovate or create on our own

It's proven scientifically that we need time to daydream and daydreaming boosts our creativity. If we're using any possible down time by scrolling through devices, we aren't inhibiting that daydream time. Creativity is often referred as 'use it or lose it'. Some may have a creative job role but might be strangling their creativity by being fastened to a device constantly.

Technology can also be blamed for the lack of originality in our content. There are templates for everything online and even academic information

is available all over the internet, which results in more piracy and purportedly, less creative thought when it comes to academic settings. It can also be accused of promoting lazy communication and diminishing our creativity in that area

For example, the use of emojis instead of words and the burgeoning of pre-determined functions to express our views such as liking, sharing, and, in some case, disliking. These new ways of human interaction maybe efficient but promote lazy behaviour so that we can devote more time on consuming more content.

This topic can be argued both sides and none of them would be wrong. It leaves us with the thought that though technology is a boon for us in many ways, it also has many downfalls and one of them being: 'It limits our creativity in various ways'.

**Nikita Patel**  
X E



## The Cheerful Dog

Once upon a time, there lived a dog that was very good at hiding his emotions. The dog was tied beneath a shady tree. He always wagged his tail and acted cutely. He got the name, the cheerful dog because he was as cheerful as springtime.

The dog always had lots of fun with the village kids during the day. But every night, he would moan and whine when no one was around. That was because he wanted to cut off the leash and freely run around out in the spring field. However, he couldn't. And that's why he cried every night, every single night.

One day, the voice inside him asked the Cheerful Dog, "Hey, why don't you just cut off the leash and run away?"

And this was what the cheerful dog said, "I've been tied up for way too long, so I've forgotten how to cut myself free".

**Navya Sanas**  
X G

## A Hiraeth Unheeded

I had an ayah once,  
Whose absence thrills me still,  
For I wonder,  
How does one perish?  
When they still have so many years to live,  
I wonder, I wonder still,  
So I venture for truth,  
To find the hiraeth of her warmth,  
When I lose myself again.

**Shivam Rai**  
XI 'C'

## Lookism

Lookism is discriminatory treatment of people who are considered physically unattractive. It occurs in a variety of settings, including dating, social environments, and the workplace. Honestly speaking this all is non-sense, how can someone decide if you are beautiful or not, this is not the way to treat anyone. Self love should be on the top of your priority list!! Do not let anyone decide if you are pretty or not. Do not ever engage in body shaming or degrading yourself to fit into someone else's criteria. Let me tell you, you are very pretty, beautiful, gorgeous. Doesn't matter what skin tone you have. Every skin tone is dazzling, Doesn't matter if you have scars, Doesn't matter if you're chubby, just remember: "YOU ARE YOU, YOU ARE SPECIAL, UNIQUE AND IRREPLACEABLE".

**Aaditi Bhagwat**  
XI F

## From an Introvert to an Extrovert

Following are the golden rules which can help you build up a good first impression in front of others:

1. Begin in a friendly way.
2. A person's name is the sweetest and the most important sound in any language to him or her.
3. A smile is the best ornament you can wear.
4. Let the other person do more of talking.
5. Be a good listener.
6. Talk in relation to other person's interest.
7. Be sympathetic to other person's ideas and desires.
8. Avoid arguments.
9. Make other person feel important.
10. Appreciation should be honest not flattery.

**Shrivats Jaiswal**  
XI C



## Nyctophilia

Just Me and the Night  
Sitting under the moonlight,  
Barefoot on the grass,  
Near the midnight,  
I gaze upon the stars.  
Counting them peacefully,  
Naming them one by one,  
Unapologetic for acting silly,  
I relish in delusion.  
Tranquil and calm is everything,  
Just me, stars and the moon,  
And silently we all sing,  
The selenophile's tune.  
No ounce of sleep  
In the drowsy eyes  
Like I'm lost so deep  
In this starry disguise.  
Begging the rhapsodic starlight,  
For the sunrise to delay,  
And halt this elysian night,  
Forever till the day I say.

**Afrak Khan**  
XI B

## Dear Cotton Fields...

Au revoir — once we live, once we die  
Long drive by the field side.  
Field dotted with cotton balls  
Still, they are, standing tall.  
A slightest blow can make it fall.  
A soft touch on the face,  
Makes the heart full of grace  
Wish to run in these fields,  
But do not intend to make them fall,  
The flowers and leaves.  
To watch it from is awfully teasing,  
Those dotted structure are pearls,  
They're pleasing.  
They touch the horizon.  
Harmonizing with the sky  
From roadside, watch it from far.  
The cotton fields are stretching, miles afar.  
Au revoir, dear pearly cotton balls.  
Let's meet again once,  
While once we live, once we die.

**Arushi Sahu**  
XI G

## NEW EDUCATION POLICY



NEP: New Education Policy, a new revolution in education after almost 34 years. With that being said, this education policy has so much potential as it can change life of millions of students who were suffering from the problem of having to deal with only same set of subjects while selecting. I am sure there are millions of aspiring minds who are capable of having expertise in Economics and Physics or Biology and History. After all, the role of education is not to make students slave of books but to make their minds alive and to train them to solve real life problems. Therefore, I support the idea of education without boundaries. This programme is about to change the future of India. The conventional way of how schools were programmed in "10+2" manner had a lot of problems. Therefore, to tackle it, government of India introduced "5+3+3+4" academic structure which now helps the young students to be a part

of this revolution just from the age of 3-6 in foundation period. Not only this, but at graduation level students now have the flexibility of multiple entry and exit options which lets them start the course just where they left off. Now this is where my area of concern rises. It would be a little chaotic for college management to keep a track of students that are using multiple entry and exit options. Therefore, there should be a proper committee who can counsel and keep proper supervision on how students are using this policy but overall it's a very good opportunity for the students.

**Rudraksha Shrivastava**  
XI F

## A CASE FOR TECHNOLOGY IN MODERN AGE



Without doubt, technology plays a vital role in our lives. Be it education, finance, IT, marketing or any field- imagining them without technology in today's world seems almost insurmountable. From zoom classes during the pandemic to online transactions through UPI, technology helped us survive the challenges we were put through. While sceptics may argue that technology has pulled us apart from our roots, it has to be acknowledged that the implications of this technology are helping modernise the world from the very roots. There is no doubt that it has its cons- almost all inventions have their fair share of pros and cons, but pros outweighing cons is what should count.

It is enabling us to get access to education at our fingertips, find cures for incurable conditions, make vital discoveries and so forth. There is still,

obviously, unprecedented skepticism about technology which is truly acceptable. But what's ironic is that, even the candidate contesting against technology in a debate competition uses Google to look up for valid arguments!

Nevertheless, no matter how much we argue against technology, we cannot deny the fact that we can't live without it in the present day. Hence, it would be much more helpful being pragmatic rather than pessimistic. So let's appreciate this powerful tool rather than being iffy, and use it fairly for crucial causes, for the common betterment!

**Sanskriti Gupta**  
XII E



## HOW TO HAVE THE MOST AMAZING DAYS AT SJCS

School life is very important part of one's life, because it provides opportunity for study and discipline. Besides these, the school life is a preparatory stage for entering public life. School plays an important role in widening the outlook of students. Virtues such as perseverance, sincerity, truthfulness, tolerance, discipline and obedience are developed in pupils.

But sometimes students feel that because of all the discipline and strictness, they are not able to enjoy their school years. Well, if you have a similar problem then this article is for you. From my 14 years of experience as a student in this prestigious institution here are some useful tips to enjoy your school life:

1. Come to school at least 15 minutes before the first bell. You can use this time to walk and chat with your friends in the assembly ground. Having sometime with your friends followed by the morning prayer is going to set a positive vibe for the rest of the day.
2. Come to school smartly and properly dressed in school uniform. Take a shower, comb your hair, cut your nails etc. This will help you build a good personality in front of your teachers and friends.
3. Be attentive in the class. If you find any class especially boring, then my tip is that you should keep on asking questions to the concerned subject teacher so as to build your interest in the subject. Take a quick glance of the chapter before it is taught in school.
4. Try to increase your social circle. Make new friends and take advice from your seniors. Since they have just passed the class in which you are right now they have complete knowledge about the syllabus, projects etc.
5. Participate in school activities. Take part in all of the school activities like sport competitions, dance or activity days, annual function, inter

house or inter school championships etc. This will not only help you to get rid of your stage fright and make you bold but at the same time the fun and memories which you will make will last forever

6. Respect teachers but don't be scared of them. Feel free to share your difficulties whether in studies or in social life with your teachers. They are always there to guide and love you. Things will only get difficult if you don't come out of your hesitation to ask your doubts to the teacher.
7. You can become a member of the NCC. Trust me this will provide you with a life changing experience. The uniform, activities, camps etc. are worth the hype.
8. You can stand in school elections for the post of an office bearer. This will build up confidence and leadership qualities in you.
9. Prepare for your exams two to three weeks in advance. In this way you would just need to revise the chapters and concepts during the preparation leaves that are provided.
10. Since we are the students of an English medium school, we all should have conversations in English language only whether we are talking to our teachers or to our friends. This will help us to have a strong grip on the language as well as increase our vocabulary.

These are some of the guiding principles that helped me through these 14 years of amazing journey in the great St Joseph's Co-ed School. We must feel grateful to God and blessed that we are given this opportunity to be the students of this school.

**Maansi Tripathi**  
XII G

## GOOD INVESTMENT OPTIONS FOR YOUNGSTERS IN INDIA

Here are a few good investment options for youngsters in India.

### 1) Bank fixed deposit

One of the most popular and the safest investment options available in the market bank fixed deposits are the easiest investment options for youngsters. In a fixed deposit, you deposit your money for a higher interest rate than a typical savings account. FDs are available for 1 week to 10 years tenure

You can either invest in a cumulative deposit where the interest is reinvested into the principal amount or the non-cumulative deposit where the interest is paid to the investor.

### 2) Mutual Funds

Albeit being a risky investment option, Mutual Funds is one of the options that can provide a higher return on investment.

In Mutual Funds, a fund manager allocates the funds collected from different sources into different classes such as equity, debt, liquid funds, etc. Depending on the market performance of these assets, you will be able to generate returns. There are low risk mutual funds and high risk mutual funds. One can pick-up based on their risk appetite and tenure of investment.

### 3) Public Provident Fund

PPF is a risk-free investment plan that is backed by the Indian Government. The current rate on PPF is 7.9% and is revised by the Government every quarter.

The principal amount, interest earned, and maturity amount are exempted from tax. The locking period is 15 years. Any contribution of up to Rs. 1.5 lakh per annum is exempted from income tax u/s 80C.

### 4) Recurring Deposits

In Recurring Deposits, investors can make regular deposits on periodical basis. Here you can choose

the tenure for which the deposits can be made as opposed to the Fixed Deposit scheme. The tenure period, usually ranges from 1-10 years.

You can open the RD account within your own bank and deposit a certain amount into this account every month. You will get the interest amount along with the principal amount post the maturity period.

### 5) Post Office Monthly Income Scheme (POMIS)

This is a savings scheme which is Government-backed and allows investors to get regular monthly income. The lock-in period is 5 years. You can open a POMIS scheme with a starting amount of Rs.1500. If you are little worried about investing in equity, you can invest in this scheme and move such interest to mutual fund schemes as SIP. This way your principal is safe and returns are invested in growth investment options.

### 6) Initial Public offering

In IPO the public is invited to buy the shares of a company. You can purchase the shares before the company gets listed on exchanges. Once it gets listed, then the stock price changes according to market conditions. These market conditions are dictated by the company's performance, future potential, management, and other factors. If you invest in the right company, then your investment will be of low risk.

### 7) Gold

If you wish to invest in gold for utilizing them in the future for your spouse or to your mother or sister, investing in gold could be a good idea, one can invest in sovereign gold bond scheme which can fetch you interest rates of 2.5% per annum and maturity value of equivalent value of gold after 7 years

**Samuel Dennis David**  
XII F

## TIFFIN : MY DAILY MOTIVATOR

As I wake up in the morning, I ask my Mom "Today, what's there for tiffin?"

And accordingly, I decide my school schedule. There are two conclusions that I come to:

one, if my mom says "your favourite" - cheese pasta or paneer paratha or fried paneer or maggi with vegies and the list is unending. And the other when she says "Baby, you need to eat healthy". And then she gives boiled chickpeas, carrot and tomato veg roll, bittergourd with roti, sprouts and here the torture is not over, my tiffin is stuffed with salad and fruits as well. But I should say that my tiffin overflows with love. As rightly said by Alan D. Wolfelt

***"Food is symbolic of love when words are inadequate."***

My motivator - my tiffin fills me with zeal to go to school and share it with my friends. As I reach school I tell my friends to come quickly as the recess bell rings, because my tiffin comprises of surprise and delight. And that becomes the talk of the class for at least the first four periods. And I wait anxiously for the teacher to teach and keep us engaged. That's because, 'the tempter- my tiffin' keeps on spreading its aroma in class. And my efficient teachers very intelligently capture my attention and play a vital role in educating me.

The days at school are not boring but still you need a push for leaving the cosy bed and warm house with so many hobby corners and magnetic television. And this push is given by my Tiffin, sometimes friend's tiffin, and games period and yes the most important day "Picnic day".

So, I call my Tiffin my Motivator. I can prove this logically with scientific researches.

Vitamin B6, found in food is linked with motivation. According to Japanese researchers, low dietary levels of vitamin B6 translate to a depressed mood. Research says, food increases

focus, memory, and reaction time, as well as controls stress and fights depression and anxiety. The healthy mind can commit, prioritize, eliminate distractions, and conquer—and it all starts with Tiffin.

To the best of my knowledge, Tiffin symbolizes an unconditional love of the person who prepares it. It's a bundle of positive vibes stuffed in the tiffin by our loved ones, which help us to be rejuvenated, to balance the anxieties the day has in store for us. I Angel Gerald, consider my Tiffin as a great motivator and a proof of my mom's love towards me which she shows me everyday irrespective of what the tiffin contains

***"I love my sweetu tiffin box..... because I love my Mom."***

**Angel Gerald**  
VIII A



## Group of Twenty



Group of Twenty, known as G20, is a forum for International Economic Cooperation. India has taken over its Presidency on 1st December 2022 and will hold it till 30th November 2023. It is a proud moment for us as India has taken over the G20 Presidency at a crucial period of time in history. India heads the G20 as India is the Fountain Head of Democracy and the first Republic of the world originated in the Ancient India. G20 forum gives India the unique opportunity to communicate its democratic ethos to the world especially during the Presidency of G20. The G20 was founded in 1999 after the Asian financial crisis as a forum for the Finance Ministers and Central Bank Governors to discuss global economic and financial issues. There was a financial crisis affecting Asian countries and this G20 was formed to address the economic crisis. Notice, that it started as a forum of Finance Ministers and Governors of Central Banks.

Who are G20 members?

G20 comprises of 19 countries and an organization of countries known as European Union as members. The members of G20 are : Argentina, Australia, Brazil , Canada, China, France, Germany, India, Indonesia, Italy, Japan, Republic of Korea, Mexico, Russia, Saudi Arabia, South Africa, Turkey , The United Kingdom and The United States and The European Union. G20 is an important organization as every country endeavours to enable themselves to economic developments and to be a self-sustaining country in the context of globalisation. G20 logo has been designed to convey the essence of the indigenous wisdom of India. You can see it below.

G20 with earth on the lotus. Under this is Bharat in Hindi, 2023 and India. International cooperation is gaining greater prominence as the world is integrating more and more due to economy and digital technology. However India is imbued with this spirit since more than 3000 years and has been always at the forefront of cooperation. Below the logo is a quote from the ancient Sanskrit text, Maha Upanishad Vasudhaiva kutumbakam- One Earth One Family One future This is India's message to the world through G20 that 'the World is one family'. This

theme makes it relevant to today's world as conflicts and war in many countries, poverty and other problems are affecting lives of people and community as a whole. The G20 Logo draws inspiration from the vibrant colours of India's national flag –saffron, white and green, and blue. It juxtaposes planet Earth with the lotus, India's national flower that reflects growth amid challenges. Theme affirms the value of all life –human, animal, plant, and microorganisms – and their interconnectedness on the planet Earth and in the wider universe. The theme also spotlights LIFE (Lifestyle for Environment), with its associated, environmentally sustainable and responsible choices, both at the level of individual lifestyles as well as national development, leading to globally transformative actions resulting in a cleaner, greener and bluer future. The concept of LIFE (Life Style for Environment) was enunciated by our Prime Minister Shri Narendra Modi at Glasgow in the Conference of Parties (CoP 26) in 2021. As we know that we are celebrating 75 years of our independence. For India, the G20 Presidency also marks the beginning of 'Amritkaal', the 25-year period beginning from the 75th anniversary of its independence on 15 August 2022, leading up to the centenary of its independence, towards a futuristic, prosperous, inclusive and developed society. India will host over 200 meetings in over 50 cities across 32 different work streams i.e. themes and area of work. Through these meetings we will have the opportunity to offer G20 delegates and guests from the G20 countries and also from Guest countries, a glimpse of India's rich cultural heritage and provide them with a unique Indian experience. Also there are many activities and events for school and University students. There are some activities already launched. We can participate in them. Many more events are scheduled for the whole year. We can refer to them on the dedicated G20 website [g20.org](https://g20.org) or from NCERT website. G20 presidency will be taking the G20 closer to the public and making it truly a 'people's G20'.

Akansha Pawar  
XI F

## पानी की लहरें

क्या लहरें हैं पानी की।  
जो ऐसा मधुरमय संगीत बजाती हैं,  
मानों जैसे स्वयं मुरलीधर,  
अपनी मुरली से सबको मोहित कर जाते हो  
जैसे स्वयं सरस्वती वास करती हो उन लेहरों में।

उन्हें देखकर सारे दिन की, थकान मिट जाती है  
मन हल्का हो जाता है,  
कुछ क्षणों के लिए सारे कष्ट दूर हो जाते हैं।

उन्हें देखकर ऐसा लगता है कि वह आपस में खेल रही हों  
उन्हें देखकर मेरी आँखों को, अनोखा एहसास होता है  
उन्हें सुनकर मेरे कान और कुछ सुनना बंद कर देते हैं  
मैं कहीं खो जाता हूँ। अवश्य ही कुछ अनुठा रिश्ता है मेरा इन लहरों से

अंश गुप्ता  
कक्षा नवी 'ब'

## जंगल

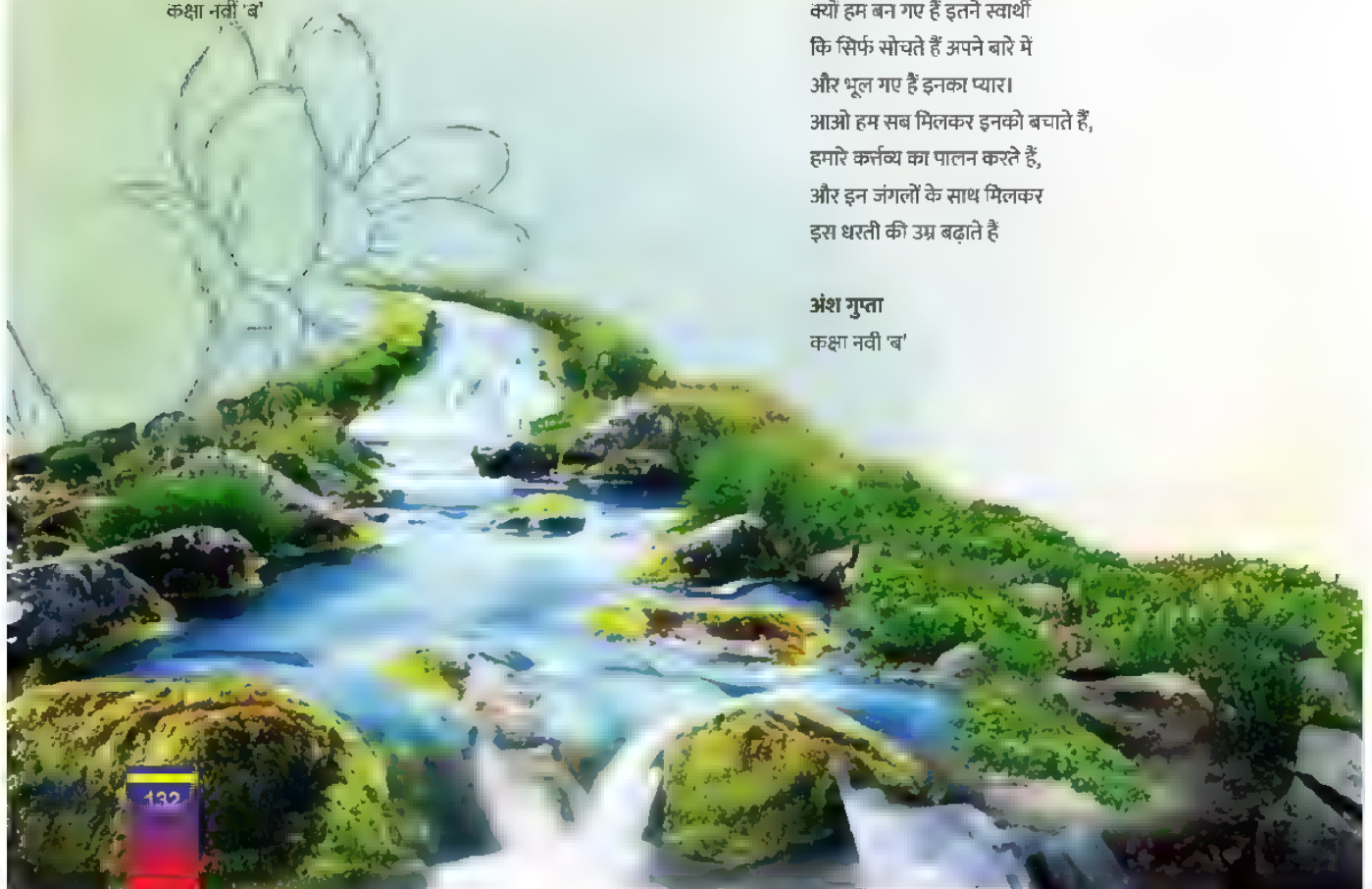
शांत है सुनसान है,  
फिर भी है कुछ कहता  
कहता है मुझे मत मारो  
मैं भी हूँ जीवन जीता।

इसमें रह रहे पशु पक्षियों का,  
क्यों हैं हम घर उजाड़ रहे।  
क्यों न सब मिलकर  
इनके घर को बचा रहे

देते हैं ये हमें अनेक चीजें,  
लकड़ी और प्राणवायु जैसे आवश्यक पदार्थ।  
कुछ नहीं माँगा इन्होंने हमसे  
नहीं है इनमें कोई स्वार्थ।

इनके हैं हम पर अनेक उपकार,  
क्यों हम बन गए हैं इतने स्वार्थी  
कि सिर्फ सोचते हैं अपने बारे में  
और भूल गए हैं इनका प्यार।  
आओ हम सब मिलकर इनको बचाते हैं,  
हमारे कर्तव्य का पालन करते हैं,  
और इन जंगलों के साथ मिलकर  
इस धरती की उम्र बढ़ाते हैं

अंश गुप्ता  
कक्षा नवी 'ब'



## अन्तर मन की आवाज़

क्या खोजते हो दुनिया में,  
जब सब कुछ तेरे अन्दर है।  
क्यों देखते हो औरों में,  
जब तेरा मन ही दर्पण है।

दुनिया बस एक छोट्ट नहीं,  
तू भी अक्ष नहीं है, धावक।  
रुक कर खुद से बातें कर ले,  
अन्तर मन को शान्त तो कर ले।

सपनों की गहराई समझो,  
अपने अन्तर की अच्छाई समझो।  
स्वाध्याय की आदत डालो,  
जीवन को तुम खुलकर जी लो।

आलस्य तुम्हारा दुश्मन है तो,  
पुरुषार्थ को अपना दोस्त बना लो।  
जीवन का यह रहस्य समझ लो,  
और खुशियों से तुम नाता जोड़ो।

शोभिनी आर्य

कक्षा नवीं 'एच'

## दान का महत्व

दान जगत् का प्रकृत धर्म है, मनुज व्यर्थ डरता है,  
एक रोज तो हमें स्वयं सब कुछ देना पड़ता है।  
बचते वही, समय पर जो सर्वस्व दान करते हैं,  
ऋतु का ज्ञान नहीं जिनको, वे देकर भी मरते हैं।

ऋतु के बाद फलों का रुकना डालो का सड़ना है,  
मोह दिखाना देय वस्तु पर आत्मघात करना है।  
देते तरु इसलिए कि रशों में मत कीट समाए,  
रहें डालियाँ स्वस्थ और फिर नये-नये फल आए।

सरिता देती बारि कि पाकर उसे सुपूरित घन हो,  
बरसे मेघ, भरे फिर सरिता, उदित नया जीवन हो।  
आत्मदान के साथ जगजीवन का ऋजु नाता है,  
जो देता जितना बदले में उतना ही पाता है।

संकलित

जाहन्वी गुजराल

कक्षा नवीं 'एच'

## ऋतुएँ

ऋतुएँ सारी, कितनी प्यारी  
लगती सारी, प्यारी-प्यारी।।  
गर्मी आती, छुट्टी लाती  
मीठे-मीठे आम पकाती।।  
छुट्टी का बच्चे, आनंद लेते  
खूब खेलते, खूब खेलते।।  
बारिश की जब बूंदें आती  
सबके मन को, खूब ये भाती।।  
कागज की बच्चे नाव बनाते  
बहती धार में, उसे चलाते।।  
फिर चुपके-चुपके सर्दी आती  
थीरे-थीरे ठिठुरन लाती।।  
ओढ़ रजाई बच्चे पढ़ते  
देते परीक्षा भविष्य है गढ़ते।।

राजवीर कुशवाहा  
कक्षा नवीं 'ए'

## हमारी संस्कृति हमारा गर्व

मानव को सुसंस्कृत बना दे  
ऐसी भारतीय संस्कृति है  
जीवन को समग्रता झलकाती  
हमारी भारतीय संस्कृति है।

हम भारतीयों को अपनी परंपरा और जीवन मूल्यों पर गर्व है।  
भारतीय संस्कृति हमारे राष्ट्र की प्राणवायु है, जिसकी धारा  
सनातन है जो हमारे देश की धमनियों में बहती है। संस्कृति से  
केवल हमारा आध्यात्मिक व शारीरिक विकास ही नहीं होता  
बल्कि उससे राष्ट्रीय चरित्र का भी निर्माण होता है।

हमारे देश की संस्कृति त्याग, बलिदान, प्रेम, श्रद्धा और देवीय गुणों  
पर आधारित है विशाल हृदयवाली हमारी इस संस्कृति ने हमें  
दुश्मनों से भी प्यार करना सिखाया है। "अतिथि देवो भवो" का  
पाठ पढ़ाया है। संसार के समस्त धर्मों के लोग एक साथ प्रेम से  
यहाँ रहते हैं। अनेकता में एकता यही हम भारतीयों की पहचान है,  
हमें जीने की राह दिखाती है।

हमारी आस्थाएँ यदि पाखण्ड की पताका ना फहराए, हमारी  
वर्जनाएँ दिनों दिन ना गहराएँ और हम अपने लक्ष्य से ना भटके,  
निरर्थक शूल से ना अटके | हमारे मूल्य यदि कहीं खो ना जाए और  
हम विद्रूप हो ना जाएँ तो हमारी उत्कृष्ट संस्कृति ही हमें हमारे देश  
को "विश्व गुरु" बना सकती है।

नेहल शिरोले  
कक्षा नवीं 'एफ'



## बेटियों से ही तो अपना देश हिन्दुस्तान है

ये प्रकृति की सौम्य रचना  
ये प्रकृति की कृति है निराली  
ये परम ऐश्वर्य की देवी  
परम आल्हाद वाली

ये ही पृथ्वी की अनूठी  
माटी की गंध और लालित्य है  
ये गजल है शायरों की  
कलम का साहित्य है

सभी कुंठाएँ मिटाती  
इनकी एक मुस्कान है  
बेटियों से ही तो अपना  
देश हिन्दुस्तान है

बेटियाँ जिस घर न हो  
वह घर सच में वीरान है  
बेटियों से ही तो अपना  
देश हिन्दुस्तान है

जो इन्हें कमतर समझते  
अक्ल की उनमें कमी है  
उनके घर, उनके दिमागों में  
कहीं कोई कमी है।

भेद रखकर इनका पालन  
ईश्वरीय अवमानना है  
कोख में इनको मिटाना  
राक्षसी अवधारणा है

नेहाल शिरोले  
कक्षा-नवीं

## माँ शारदे

मातु शारदे, मेरी लेखनी  
बस तुम ही हो जाओ  
मेरे देश को सारी दुनिया में  
सिरमौर बनाओ

इस भारत में कभी  
दूध, दही की नदियाँ बहती थीं  
और नारियाँ यहाँ की इतनी  
विदुषी-सी रहती थीं

बहन, बेटियों की पूर्ण सुरक्षा  
इज्जत आरक्षित थी  
कभी नहीं अभिग्रस्त घटनाओं से  
धरती यह लज्जित थी

वैसा ही युग फिर से  
हे माँ, वीणा वादिनी लाओ  
मातु शारदे, मेरी लेखनी  
बस तुम ही हो जाओ

कलयुग में सतयुग-सी कालावधि  
हे माँ, तुम लौटाओ  
मातु शारदे, मेरी लेखनी  
बस तुम ही हो जाओ

नेहाल शिरोले  
कक्षा-नवीं



## सर्दी का मौसम

ऐसा है मौसम सर्दी का  
कि ओढ़ो पहनो खाओ

स्वेटर, मोजे, टोपी का,  
आया है मौसम ।

लंबी होती हैं ये रातें  
छोटे होते हैं ये दिन

कट कटाते दातों से  
खाओ जलेबी गरम-गरम

हरे हरे अमरुद आते हैं  
सीताफल है बड़े मीठे

बैठे सारे हाथ तापने,  
बंद हो गए हैं पंखे सारे।

हाथ पैर सब ठन्डे- ठन्डे,  
भाप निकलती है मुँह से

इसीलिए तो कहते,  
सर्दी का मौसम इसे

## जी- 20

यह बात 1990 की  
दुनियाँ की आर्थिक स्थिति खराब थी।  
तब 20 देशों ने हाथ मिलाया,  
जन्म हुआ जी 20 का।

कई देशों ने  
जी 20 की अगुआई संभाली।  
कई देशों ने इंतज़ार किया,  
जी 20 के अगुआई के मोके की प्रतीक्षा की।

कई वर्षों का इंतज़ार अब खत्म हुआ,  
जी 20 के अगुआई की प्रतीक्षा खत्म हुई।  
इस बार मिला है मौका हमारे देश को,  
भारत को।

भारत का एक सिद्धांत,  
पूरी दुनियाँ में फैलाना है ज्ञान।  
वसुधैव कुटुम्बकम्,  
अर्थात् एक दुनियाँ, एक परिवार और एक भविष्य।

अब जी 20 का एक वर्ष भारत,  
अब भारत की संस्कृति दुनियाँ देखेगी।  
यही है आशा,  
न देगा भारत हमें निराशा।

स्वरचित  
ऋषि तिवारी  
कक्षा-नववीं

## भविष्य में होने वाली शिक्षा संबंधी चुनौतियाँ

नमस्कार ।

जैसा की हम सब जानते हैं भारत शिक्षा के क्षेत्र में उन्नति कर रहा है। परंतु आने वाले काल में शिक्षा के क्षेत्र में कई चुनौतियाँ उभर कर आ सकती हैं। ऐसा सम्भव है कि भविष्य में ऑनलाइन कक्षाएँ प्रचलित हो जाएँ।

उनसे होने वाली समस्याएँ आज मैं आपसे साझा करूँगा। इनसे होने वाली पहली समस्या है कि ऐसा सम्भव कि इन्टरनेट की दुनिया, के कारण कई विद्यार्थी बुरी संगति में पड़ जाएँ या बुरी चीजों की लत लगा ले। ऑनलाइन कक्षा की वजह से छात्रों की आँखों पर जोर पड़ेगा और वो कमजोर पड़ जाती हैं, जिससे आम जीवन पर बुरा प्रभाव पड़ता है इन कक्षा से होने वाली अंतिम दुविधा है कि शिक्षक एवं छात्र के मध्य जो परस्पर संबंध आज हैं, तब उतने अच्छे नहीं होंगे।

अंततः मैं कहना चाहूँगा कि आने वाले समय के बारे में सोचकर घबराने से अच्छा है कि हम इन चुनौतियों का समाधान खोजें, ध्यान रखें क्योंकि “शिक्षा शक्ति है।”

**पुलकित प्रकाश यादव**

कक्षा IX F

## अच्छी सेहत क्यों जरूरी है

हमारे यहाँ एक उक्ति प्रसिद्ध है आरोग्यम् धनसंपदा... । यह विचार मानव के स्वास्थ्य की ओर संकेत करता है। मन और शरीर का सही संतुलन ही सशक्त शरीर का लक्षण है। मन सूक्ष्म या अति सूक्ष्म होते हुए भी पृथ्वी, आकाश, ब्रह्मांड से भी विशाल है। आज का दौर, मनुष्य के लिए संघर्षमय, भाग दौड़ से भरा है। प्रदूषण, भौतिक सुख सुविधाओं की आसक्ति के कारण मनुष्य शारीरिक और मानसिक दृष्टि से अपाहिज हो रहा है। मनुष्य शरीर और मन स्वस्थ होना चाहिए, राष्ट्र की उन्नति इसी निर्भर है। स्वास्थ्य के बारे में हमारे पूर्वजों ने हमें समय-समय पर अनमोल संदेश दिए हैं। महामानव गौतम बुद्ध ने कहा था- स्वस्थ होना हमारे लिए सबसे बड़ा उपहार है। स्वास्थ्य ही सबसे बड़ी संपत्ति है। जो लोग खाने के लिए जीते हैं वे मोटे, आलसी, कमजोर, स्वार्थी होते हैं। परिवार, समाज और राष्ट्र के लिए उनका योगदान न के बराबर होता है। आचार्य चाणक्य कहते थे - 'आवश्यकता से कम भोजन करना ही स्वास्थ्य प्रदान करता है। अच्छी सेहत के बिना अच्छा मनुष्य, अच्छा समाज, अच्छा राष्ट्र नहीं बन सकता।

संतोष सबसे बड़ा धन है और स्वास्थ्य सर्वोत्तम उपहार है।

**दिशिता रघुवंशी**

कक्षा नवी बी

## सीखना और एक साथ बढ़ना

लोग एक दूसरे के साथ आराम का एक बड़ा स्तर विकसित करते हैं, जिसके बदले में सीखने और विकास के साझा अनुभवों में भाग लेने पर बातचीत और समझ में सुधार होता है। इस इस तरह की स्थापना मुक्त संचार और विचारों के आदान-प्रदान को प्रोत्साहित करती है, जिसके परिणामस्वरूप आविष्कारशील समाधान हो सकते हैं जो समूह के लाभ के लिए हैं।

लोगों द्वारा नई क्षमताओं को ग्रहण करने और एक दूसरे से नई जानकारी प्राप्त करने के परिणामस्वरूप, वे अपने दैनिक जीवन में इन चीजों का बेहतर उपयोग करने में सक्षम होते हैं। यह न केवल समूह में समग्र रूप से बल्कि प्रत्येक व्यक्ति में एक व्यक्ति के रूप में प्रगति को प्रोत्साहित करता है।

अपने पर और एकजुटता की भावना विकसित करना भी "सीखने और एक साथ बढ़ने" की प्रक्रिया में योगदान देता है। जब कि हर कोई एक साथ काम करते हुए एक परियोजना के लिए अपनी प्रतिभा और विशेषता का योगदान देता है, वातावरण अपने आप से कुछ बड़ा और अधिक महत्वपूर्ण होने की भावना को बढ़ावा देता है। परिणामस्वरूप, व्यक्ति एक दूसरे का समर्थन करना और उस पर निर्भर रहना सीख सकते हैं, जिससे सहयोग और सामूहिक कार्य के स्तर में वृद्धि हो सकती है।

रायन विनू  
कक्षा नववीं एफ

## शिक्षक

आप मार्गदर्शक हो हमारे  
हम अगर रथ हैं तो  
आप सारथी हो हमारे  
हम अगर पार्थ हैं तो  
आप कृष्ण हो हमारे

आप ही हो जो हमें  
सही सही राह दिखाते हो  
हमारे छोटी-छोटी गलतियों को सुधारकर  
हमें निपुण बनाते हो

माता-पिता के बाद एक बच्चा  
अपने गुरु से ही सीखता है  
एक मनुष्य की सफलता पर  
एक महत्वपूर्ण हाथ शिक्षक का भी होता है  
आप ही हो जो हमारे जीवन की नींव रखते हो  
अगर आप न होते तो हमारा जीवन निष्फल होता  
एक गुरु का होना जीवन में बहुत महत्वपूर्ण है  
क्योंकि वही है जो हमें अधिकार में रोशनी दिखलाता है

अंश गुप्ता 9B



## नेता सुभाष

है वीर वही जो किसी के बल न रहता है,  
वह जो तप, त्याग, कष्ट सब सहता है;  
है वीर वही जो आँधी भी सह लेता है,  
वही जो पर्वत भी चढ़ लेता है।

पाकर भी नाखुश होकर,  
अजस्र बढ़ते जाना है  
यह ऐसे वीर प्रमाणित हैं,  
जिन्हें जग ने जाना है।

जनवरी माह सन् सत्तानवे, जन्मी थी क्रांति  
जन्मा या गुलाम नहीं, जन्मी थी आँधी;  
वह शुचि जो अंग्रेज बुझा न पाए,  
वह आलोक जो अंग्रेज छिपा न पाए।

जब बरमा में लहू का सही मोल नेता ने समझाया था,  
जब भारत ने बलिदान का सही योग अपनाया था;  
युवाओं में तीक्ष्ण मनोरथ जाग आया;  
नेताजी के कथनों में रोष भर आया

"खून। हाँ मैं तुमसे बस खून ही लूँगा,  
बदले में तुमको आजादी उपहार दूँगा;  
मानो मेरी यह सौदा बड़ा नहीं,  
आजादी उपहार के बदले कुछ भी नहीं।"

यो मानो नव कुड़मल खिल उठी,  
रंग-रंग में उमंग की लहर दौड़ पड़ी:  
देश में जल आग उठी,  
"जय माँ भारत? पुकार उठी



## अंग्रेज लरज उठे

भारतीय जब गरज उठे,  
जब नेता ने कर्म योग किया,  
भारत ने सहयोग किया।

प्रकाश तो जब सकता है,  
परंतु तेज न कभी बन सकता है;  
यह उस वीर की कहानी थी,  
जो मीर सुभाष ने ठानी थी।

यह ऐसा वीर सपूत था, जिसका भारत ने बखान किया,  
यह ऐसा वीर सपूत था, जिसे इतिहास ने महान किया।

जतिन गुजराल  
कक्षा VII D





**Angelina J. Lakra**  
Class XI E







**Avika Thakur**  
Class XI G





**Dhaavi Sharma**  
Class XI C







**Harsh Sharma**  
Class XI B





**Kanishka Singh**  
Class XI A







**Misthi Yadav**  
Class XI B



**Mudita Yadav**  
Class XI A



**Mugda Yadav**  
Class XI A







**Safa Fatima**  
Class XI G





**Vedanshi Yadav**  
Class XI B

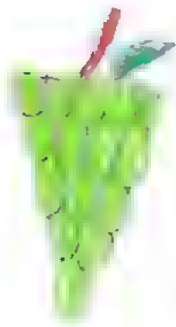


**Khiraad Afaq**  
Class KG II A



**Anaya Singh**  
Class KG II F





GRAPES

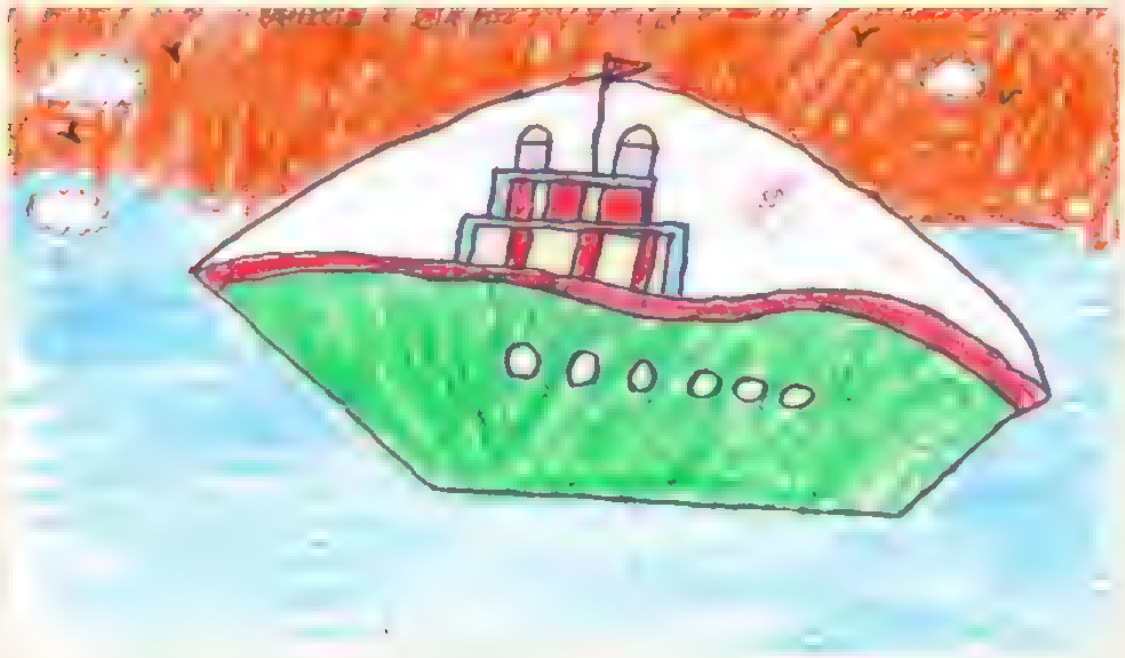


ORANGE

**Hardik Singh**  
Class KG I C



**Vihaan**  
Class KG II B



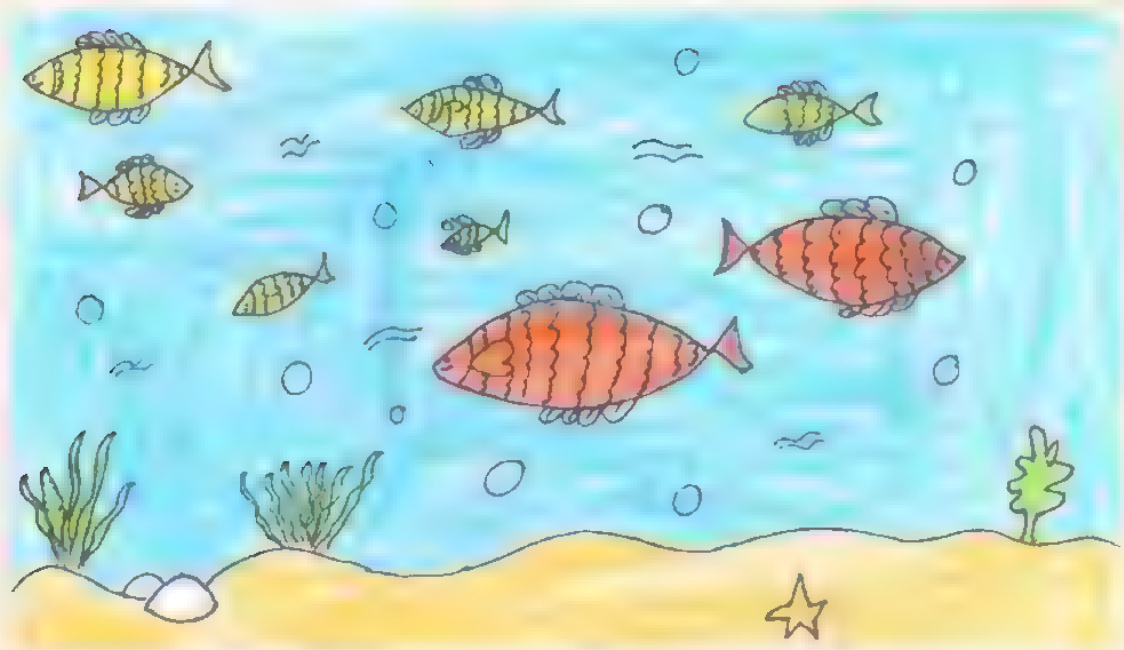
**Aadya Singh**  
Class I B



**Aadya Tiwari**  
Class III A



**Aliza Shoaib**  
Class I G



**Anushka Yita**  
Class II F



**Arjun Dwivedi**  
Class VI F

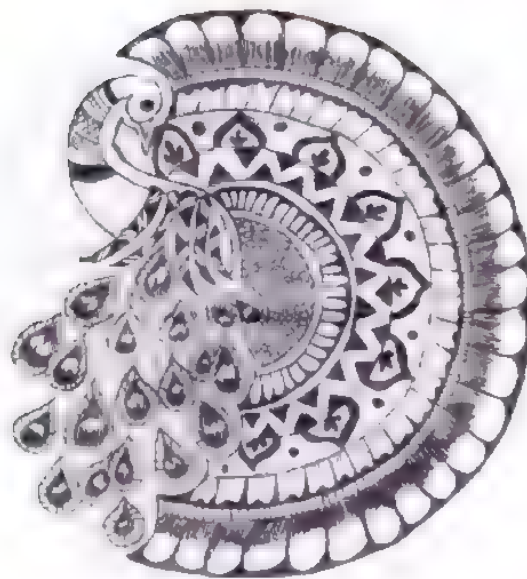


**Janhvi**  
Class II A





**Aarna Sharma**  
Class VIII B



**Aashi Malviya**  
Class VIII G

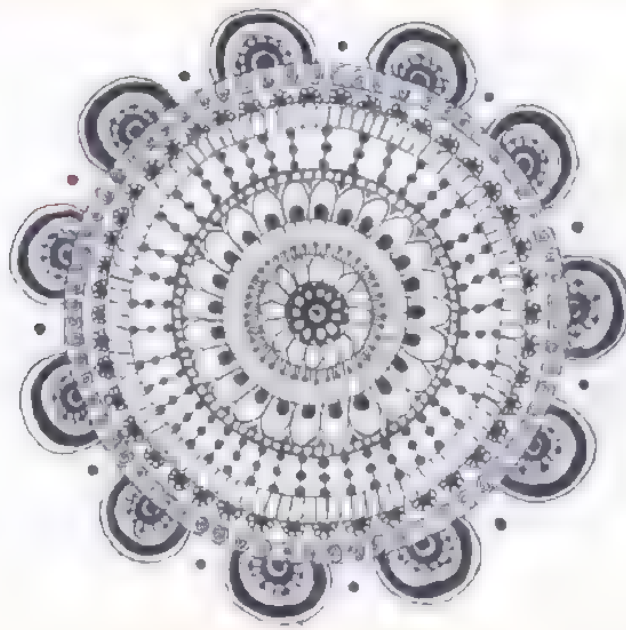
# Nature Study Flower



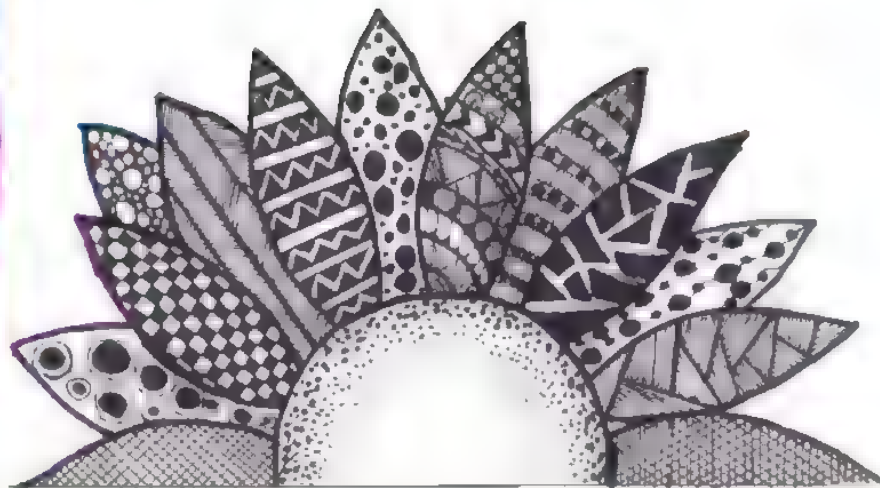
**Aarvi Namdeo**  
Class VI B



**Aditi Jain**  
Class VIII E



**Aditi Jain**  
Class VIII E



**Anamika Singh**  
Class VI B



**Anamika Singh**  
Class VI B



**Anant Nema**  
Class VII C



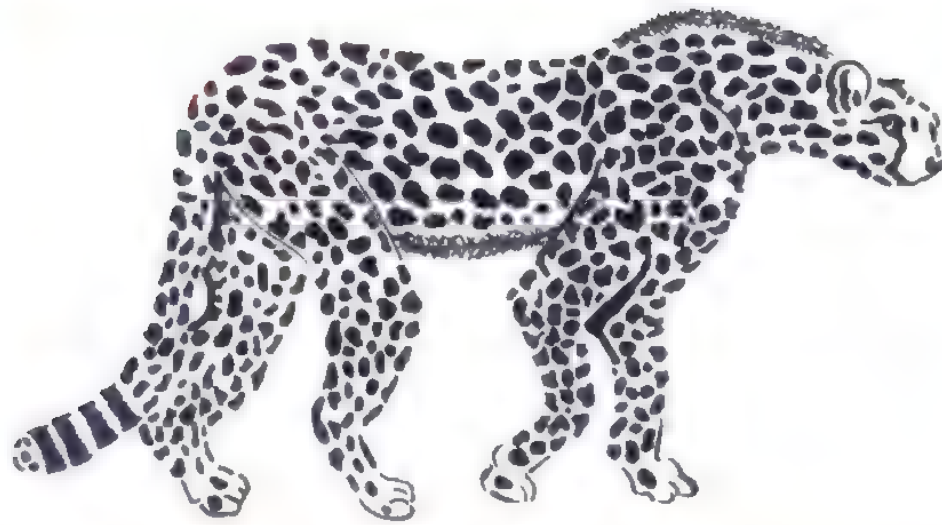


**Anant Nema**  
Class VII C





**Anika Dwivedi**  
Class VI H



**Anshika Godha Jain**  
Class VIII B



**Atharv Dubey**  
Class VIII B





**Japleen Kaur**  
Class VIII

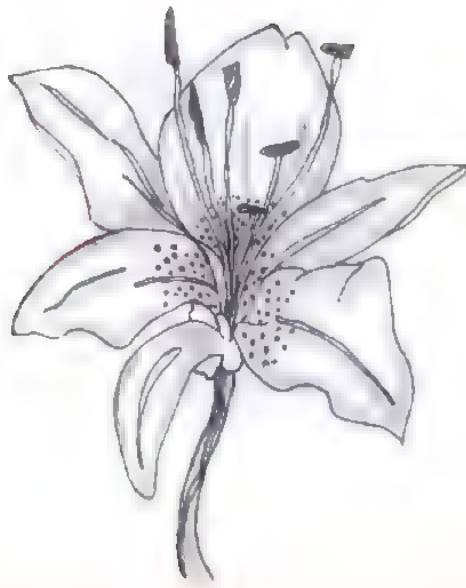




**Nilaya Dhote**  
Class VIII B







**Os Dixit**  
Class VII G



**Palak Hargunani**  
Class VIII G



**Shreya Singh**  
Class VIII E



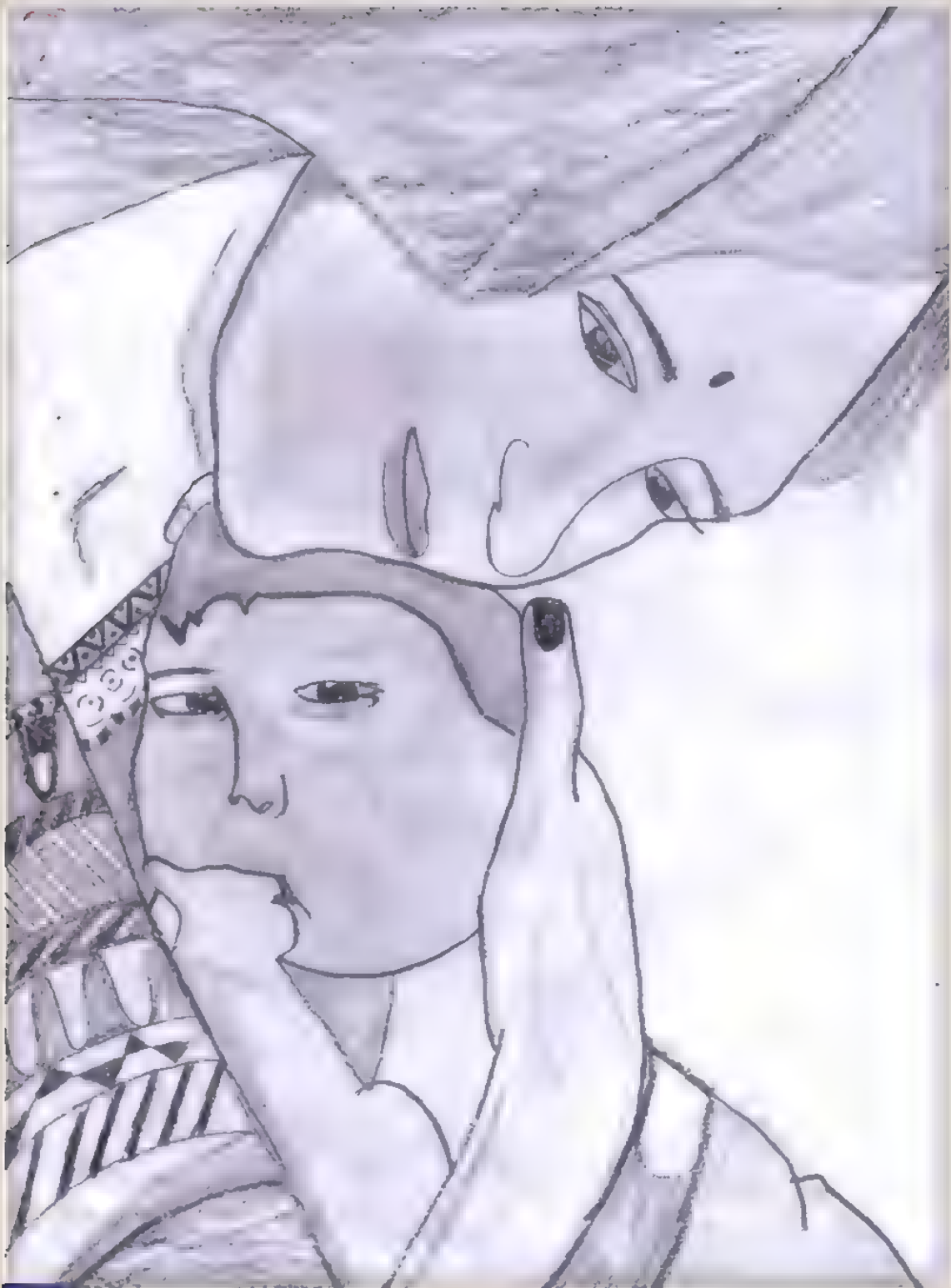
**Vani Sahu**  
Class VI C



**Shivansh Saxena**  
Class IX A



**Shreya Saxena**  
Class VI E







**Pravishti Sahu**  
Class VI D



**Prisha Trivedi**  
Class VIII B



Saman Zehra Naqvi











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